

Page 2 - UTE COUNTRY NEWS - October 2013 October 2013 - UTE COUNTRY NEWS - Page 3



We had two submissions for the Youth Writing Contest; however, they did not qualify because they are not at senior level. We were able to use one article on page 15, "Homeschoolers enrichment." If you are a senior and wish to submit a piece for the November contest, please do so before October 15th at midnight. The First Place Prize of \$100 is sponsored by Kelly's Office Supply. Ute Country News will sponsor both the Second Place Prize of \$75 and Third Place Prize of \$50.

Mr. Spaz believes that Owls are actually cats that traded their front paws for wings. He enjoyed the photo of the owl and would like to see more photos of his outdoor neighbors, yet unmet. His biggest chagrin this issue, is with one of the publishers who put his brother, Frosty in Critter Corner. Yet, Mr. Spaz is happy to show how he and brother, Shadow can share a box for a snooze. Please send Mr. Spaz photos!

The cover photo this month is from Highway 77 or Tarryall Road, in Park County. The photo was taken last year. This year it will look differently, especially with the miles of construction new this year.

— Kathy & Jeff Hansen

A special thanks to all listed here for their professional work and time to make this possible.

Publishers: High Pine Design Jeff & Kathy Hansen POB 753

Divide, CO 80814 719-686-7393 Utecountrynewspaper@gmail.com www.Utecountrynews.com

Bill Sinclair: 719-351-0549 Linda Karlin 719-748-3449 Sharon Minor 719-232-6227

Linda Bjorklund, Flip Boettcher, Danielle Dellinger, Carol Grieve`, Amy Kennedy of CUSP, Dave Martinek, Mari Marques, Jeff Tacey, Maurice Wells, Robert Younghanz

Contributors:

Ciena Higginbotham, Antonia Krupicka-Smith, Deborah Maresca, TCRAS

Critter Corner Photo Editor: Submit photos to:

utecountrynewspaper@gmail.com or PO Box 753, Divide, CO 80814

Publishers Emeritis: Carmon & Beverly Stiles

Cover Photo: Jeff Hansen

The Ute Country News is not responsible for the content of articles or advertising in this issue. Please address any comments to the publisher at utecountrynewspaper@gmail.com or POB 753 Divide CO 80814.

First Class subscriptions are available for \$36 a year.

Schools that moved

The story of Hartsel schools begins with Sam Hartsel, a rancher who came from Buck's County, Pennsylvania, and settled on a piece of land where the Middle Fork meets and joins the South Fork of the South Platte River. Hartsel had come west with the original gold rush miners, but decided after he had used all his ready cash that there was a better way to make a living.

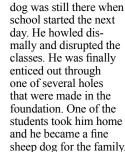
After establishing his ranch, Hartsel married Nancy Boone Mayol, a widow with two daughters from her first marriage. The Hartsels had children of their own—three daughters and a son. Tragically, the son died at a very young age.

Miss Susan Willey was hired as governess for the Hartsel daughters, and she became the teacher in charge of the district school when it opened in 1882. When the school was first built, a survey revealed that its location was on a nearby ranch rather than the town lot where it belonged. So it was moved to its proper location, where is still stands.

As the town grew, so did its children. The Hartsel Hotel, a former landmark that was located where the Badger Basin gas station is now, had on its premises a small building that had been used as a laundry facility, but now sat empty. This building was appropriated for use as the high school. In about 1915 the Hotel obtained a liquor license and its bar became a favorite spot for local cowhands and ranchers to stop by and tip a few. Local parents decided that a better atmosphere was required for their children, so the building was moved to its new

location near the original school. Vangelle Wilmot came through Hartsel in 1927 to become a private teacher for a family at their ranch near Guffey. She became the public school teacher when the district school was built. The next year Vangelle went to teach in Howbert. While there she told the story of a knock on the door of the school one day. It was a man inquiring about the whereabouts of a four year old child who had disappeared from a hay camp where his transient father was a cook. School was dismissed while all the neighbors searched. One of the boy's shoes was found in the tall grass by the bank of the South Platte. Bloodhounds were brought in and grappling hooks dragged the nearby river. Two days later and seven miles from where the boy was last seen, a woman went outside to gather her laundry from the clothesline when a small voice said to her, "I'm awfully hungry, lady. Could I have a piece of bread?" The boy wore only one shoe and was covered with mosquito bites. When all the neighbors were told of his safety, they had a big

shindig to celebrate. On another occasion, Vangelle related the story of a big stray dog that crawled under the schoolhouse after church services one Sunday and couldn't figure out how to back out. The



Vangelle taught in various schools, returning to the area in 1935 to become postmistress and then teach at the Trump school. She moved to a new school about ten miles south of Hartsel that they called Sunny Slope. For three years she and her two boys remained there, later telling of taking the students on field trips near the former town of Balfour. One of their favorite hikes was to a place they called Whiskey Rocks. They found evidence of a number of stills, some charred kegs and "bungs" or large corks that had been used on moonshiners' kegs. In prohibition days one of the old-timers would sit on the rocks as he held his high-pow-

Vangelle returned to the Trump School in 1939, then went to the Lawrence Frees school in 1942. While there she told of a doe that had become somewhat tame and hung around the

ered rifle and watched for "revenuers."



Students of the Hartsel school in the 1940s

school. Knowing that the doe would be in danger during hunting season, she attempted to paint a big red "W" on the animal's side with barn paint and tied a red cloth around its neck. The doe finally joined a herd of other deer and disappeared.

In 1943 Vangelle came to teach at the Hartsel School. Her former one-room school house from Sunny Slope was moved to Hartsel and placed between the two schools that were already there. The original school with the bell was the elementary school; the Sunny Slope School was for 7th and 8th graders; and the third building was the high school. Vangelle was the last teacher in Hartsel to teach high school students before they were bussed to Fairplay to the newly consolidated school there.

In the mid-1950s it was decided that there was a greater need for indoor plumbing than for a middle school. The one room Sunny Slope School was moved and joined to the elementary school for that purpose. One of the two outhouses is still on the back of to terrify younger ones, threatening to drop them

Wilbur "Butch" Lewis was a young student in Hartsel in the 1950s. He remembers that the 1956 graduation The Hartsel school circa 1970s ceremonies were to be

the lot, nailed shut after a few pranks by older boys into the hole.

held at the Hartsel Hotel. The hotel had not been used for a while, so some cleaning was necessary. There were still liquor bottles on the tables and a bit of booze remained in the kegs. All the debris was pushed back into a corner and chairs were set up. Butch, who was in second grade at the time, had a little piece to recite.

Butch told of his uncle, who was a teacher at the Hartsel School for a time, and a young student who came to school every day, but wouldn't sit with any of the other kids. One day Butch's uncle got curious and walked by the youngster, who was eating his lunch by himself. The uncle noticed that the boy had only a boiled potato to eat. Guessing that the boy was not only embarrassed, but hungry, too, the uncle offered the boy half of his sandwich. He swore to the boy that his wife had packed his lunch and would be really angry if he didn't eat it all.

The boy knew what was going on, but gratefully ate the sandwiches offered to him. Later in the year he took to the uncle's wife a vellow arrowhead that he had found, probably the most valuable thing that he owned.

As "Butch" Lewis was being interviewed in 2002, he sat at a table inside the old Hartsel schoolhouse and reminisced. The piano is still there and so are the cabinets where the reading books were kept. Butch remembered a wood-burning stove in the middle that was later replaced with an oil stove. But it was still cold in the winter. The kids would sit at their desks in their overcoats, trying to stay warm.

In 1961 the State Board of Education consolidated the rural schools and all the students were then bussed to Fairplay.

The Hartsel school buildings were empty for a while, then the community started to put them to use. The elementary school with the school bell was opened up as a community center. In the late 1990s a group of local residents decided to renovate the old teacherage into a library. Over the next years a number of grants were requested and awarded that allowed the school buildings to be cleaned up. A grant was awarded to perform a Historic Structure Assessment, which outlined the necessary steps to keep the buildings historic. An addition was built to the library that included a rest room. The community center used one of its grants to replace the windows with those that were more historic. Another grant was used to build a pavilion and playground for use by the local youngsters and the Sunny Slope addition was renovated to improve the rest rooms and kitchen.

This year community center board members noticed that the paint on the exterior of the old school was peeling and in bad shape. They applied for and recently were awarded a Park County Historic Preservation Advisory Committee grant to repaint the building with its original colors. It was suggested that the front door be replaced with one that reflects its historic past.

The building that used to be the place of learning for its children was also a community gathering place where many a Saturday evening was spent dancing, acting in homespun plays and sharing potluck suppers. It's a tradition to keep!

Sources include: George G. Everett, Cattle Cavalcade in Central Colorado, 1966; Wilbur Lewis interview, 2002

Henry Clay Childs and the Spiritualist Community of Crystola

o you speak to the dead? Do you receive messages and guidance from loved ones who have passed into the spirit world? Spiritualism is a belief that communications can exist between the living and the dead, a belief still persists in our societies today in many forms. "Ghost adventure" shows of one kind or another proliferate on the cable networks; psychics are still available for readings; and there was even a TV show a few years ago called, "Crossing Over with John Edwards" who "for the last three decades (as a) psychic medium... has been helping people connect with their loved ones on the other side."

Spiritualism developed and reached the peak of its popularity from 1840 through 1920, particularly in English-speaking countries. By 1897, there was rumored to be over 8,000,000 followers in the United States, Britain and Europe, mostly drawn from the upper and middle classes. Ironically, the vast majority of believers were intelligent, educated people who were convinced that the spirits of the dead, residing in the spirit world, were able to communicate with the living and that anyone could receive messages about life and the afterlife, through a medium or psychic.

Many prominent figures of the time were spiritualists, including Arthur Conan Doyle (author of the Sherlock Holmes detective novels) and Mary Todd Lincoln who organized séances in the White House while grieving over the death of her son, Tad. It is written that President Lincoln attended some of these séances.



Henry Clay Childs, founder of Crystola. Photo from the Ute Pass Historical Society.

With the growth of the world population since then, it's likely that the number of socalled spiritualists far exceeds the collective group of followers in the 19th Century. Despite being fraught with numerous instances of fraud and outright chicanery, the surge of interest and curiosity about spiritualism increased significantly during and after the Civil War due to the massive number of casualties. It is still a part of our cultures today. Into this realm of spiritualism stepped a man

who was a prominent public figure in the early days in Illinois. Henry Clay Childs was a businessman, a manufacturer and property owner in Chicago, a publisher and editor, an ardent admirer and supporter of Abraham Lincoln, and a member of the constitutional convention for Illinois in 1861. From writings of the time he reportedly served more than one term in the Illinois legislature and was twice elected tives. He was described as being progressive politically and a profoundly religious man, although not bound by any creed. After his toy factory was wiped out in the Great Chicago Fire of 1871, Childs was supposedly persuaded (according to a story in the "Colorado Springs Gazette Telegraph") by a local Chicago psychic to start over in Colorado.

Along with his wife, Catherine, Childs settled in the Ute Pass area in 1872, homesteading in a region known as Trout Park. The area is located just a mile or so east of present-day Woodland Park where U.S. Highway 24 runs down Ute Pass at the boundary between El Paso and Teller counties. Back in one of the canyons in a spot called Langdon, forged by the confluence of Crystola Creek and Fountain Creek, Childs built a white frame house, ran a few sheep and cattle, and started a lumbering and milling business.

According to various sources, some only legendary, Childs and Catherine entertained visiting mediums and psychics in their home, and often held séances with their friends. As the years progressed, the local legend recalls that a settlement emerged back in the canyons along "Childs' Creek" (i.e., Crystola Creek) and that during one particular séance, Childs received a revelation of gold in the area and that he should found a town. The legend further states that since he saw this vision while gazing into his crystal ball, he later named the town Crystola and afterward divided his time between his business and prospecting.

As earlier as 1878, Childs was credited with discovering gold in the Cripple Creek long before Bob Womack. As a story reads in the June 1900 edition of the "Denver Ores and Metals" newspaper, after Childs' visit and "on returning to his home, he became satisfied that the region was mineral-bearing and worth development. He built a laboratory and began the study of metallurgy and mineralogy...After careful exploration and repeated tests he became satisfied of the true character of the district and announced his belief that not only the section in his immediate vicinity. but that the entire Pikes Peak volcano contained immense gold ore deposits."

His belief that gold was in his "immediate vicinity" was reinforced by a visiting medium named Professor L. J. Kimball who claimed to be able to "witch" the precious metal. Supposedly, Kimball located a number of metallic deposits up and down Ute Pass with his willow stick and was glad to save a visiting prospector the trouble of locating a mine himself by divining a spot for a future fortune - upon payment of a "sufficiency of cash in advance." Apparently, Kimball was not only a self-proclaimed wizard, but also an entrepreneur.

It was Kimball who persuaded Childs and several of his spiritualist friends, including a French Canadian named Joseph Thibodeau, to form a company in 1897 called the "Brotherhood Gold Mining and Milling Company." According to Jan Pettit, author of "Ute Pass, a Quick History," what followed after the company's organization was one of the most notorious stock selling schemes ever to happen in Colorado – "where more money was invested with no return than in anywhere else in the region."

A decade before, the Colorado Midland Railway had begun building a standard gauge line up Ute Pass. It was during that time that the small settlement back in the canyons along "Childs' Creek" moved down to meet the railroad. When the Midland refused to build a station there the local residents built a flag stop depot themselves, which the Midland later called Bison.

Convinced that there was gold in his own back yard, Childs and his friends reorganized the "Brotherhood Mining and Milling Company" in 1899 into the "Crystola Brotherhood Town, Mine and Milling Company" – thus fulfilling the vision of founding a town that he saw earlier in his crystal ball. They converted a former boarding house, a large stone building, into a storage place for all the gold they were going to find, and excitement was high as tunnels were dug and a large (cyanide) processing mill was supposedly built in a nearby canyon.

As the town grew, a grocery store sprang up, as well as a post office (called Langdon) and eventually a primitive water system and a school

Childs and his friends were great promoters. In response to wide-spread pamphlet distribution, dollars poured into the town and company (as Jan Pettit wrote) from all over the United States. As many as 150 spiritualists at one time came to live in or visit Crystola, many from Boston. The gold fever, spawned by the millions that were already being taken out of the Cripple Creek and Victor Gold District, also prompted local folks in the Green Mountain Falls and Woodland Park areas to join with Childs, and "money began to pour in from hopeful investors."

No gold of any consequence was ever found in the Crystola area.

According to historic letters, the milling equipment was tested but never used and later repossessed. The storage facility, waiting to be filled with all the gold they had seen in their modating wizard" was eventually torn down and a barn built with the materials. Adding to his misery, Catherine died, leaving Childs a lonely and disappointed man, and a recluse who became fond of "Duffy's Malt Whiskey."

However, while the gold fever died out, spiritualism did not. It remained fervently alive in the Crystola community until the early depression years. In fact, there are many stories of hoodwinking schemes perpetrated by visiting psychics.

One such incident was recalled in a letter by Edwin S. Bower, a former resident, who described Crystola as a "catch-all for all kinds of suckers and their prey." He wrote of one troupe of two men and three women, professing to "have communication with the spirit world" who swindled a number of neighbors. "Mrs. Inez (by name) posed as a *trumpet* medium and we, the poor dupes, did not know the difference. [They charged] only 50 cents admission fee. Mr. and Mrs. Bledsoe and Mr. and Mrs. Brown were accomplices. Brown was a ventriloquist, impersonating Wagner's spirit guide with his Irish brogue.

In spite of these "goings on" Childs' reputation, due no doubt to the far-flung promotion of Crystola, remained intact. In 1905, shortly before his death, the "Kansas City Star" ran an article calling him the "Tolstoy of the West" – perhaps reflecting on Childs' adoption in later life of the



Childs and his wife, Catherine moved to Colorado in 1872 and built a white frame house in one of the canyons beside Crystola Creek. Photo from the Ute Pass Historical Society.

pacifist ideals of Leo Tolstoy in such works as 'The Kingdom of God Within You." There were many who believed Childs to be a religious man who had hoped to create a colony of like-minded families, and establish schools and sanitariums in the quiet canyons of central Colorado.

When Childs died, he was cremated in Denver (as he requested; using the cheapest means possible). His obituary was published in the "Denver Republican" in February 1910 and stated that his "wife died several years ago." His only known relative was a sister, a Mrs. Ella Parmalee Biddle of Florida. But, "his last words were a command that she not be notified



Hiram Vrooman, a psychic-scientist, attempted to create a school of spiritualism

in Crystola, but it was never built. Photo from the Ute Pass Historical Society.

of his death." Supposedly, his ashes and his crystal ball were buried beneath a tree near the white frame house in Crystola that he and Catherine built in 1872.

That may have marked the end of Henry Clay Childs, but it was not the end of Crystola, nor of his legacy. Throughout his life, Childs' belief in spiritualism never faded. Upon his death, he willed 2000 acres of land valued at \$25,000 in the Crystola area to build a School of Spiritualism – the "first of its kind in the country." The Reverend Hiram Vrooman, a psychic-scientist, author of "Religion Rationalized" and head of the Liberal Congregation of Denver (and also the Correspondence School of Rational Religion in Portland, Oregon), attempted to establish a psychic research school in Crystola in accordance with Childs' wishes. It made the news. The "Colorado Springs Gazette Telegraph"

reported that "a psychic research school may be built in Crystola. It will be headed by Hiram Vrumann(sp), famous New York psychic-scientist and writer on spiritualism and psychological questions...The plan is to make this school a cooperative one, endowed for research in the realm of the supernatural. Mr. Vrumann(sp) has spent millions in an effort to prove that all phenomena are explainable."

Crystola continued to grow. By 1915, the town had 20 cottages and one hotel (the "Hotel Abbot"). That same year, Vrooman published a 20-page pamphlet called "The City Beautiful – an Air Castle in the Rocky Mountains" where he described Crystola as a "great industrial enterprise in Colorado" and a utopian center for socialism and psychic research.

However, like the gold that was never found, there is no record that a school was ever built either, and no utopian center was ever created. Rather, it appears that for more than 15 years, the Reverend Vrooman sponsored summer lectures by visiting spiritualists and national leaders, promoted the area as a tourist destination, sold lots, rented camping spots and hotel rooms and offered shares in the Crystola Cooperative Association.

The last spiritualist left Crystola around 1930 – the Langs. Mrs. Lang was a medium and Mr. Lang was the postmaster.

The "Colorado Springs Gazette Telegraph" penned a story a few years after Childs' death "that ghosts and goblins roamed the canyons of Ute Pass and Henry Clay Childs conferred with them often about where to find gold." Later, Rose Mansfield Pike in her 1952 "History of Crystola" wrote, "The story of Crystola is the story of a dream world that was built on faith in visions of gold; visions that never came true."

Perhaps, they were all dreaming.

Sources: Colorado Springs Gazette Telegraph; Denver Republican; Denver Ores and Metals; Wikipedia; US GenWeb Archives; Mel McFarland: the History and Mysteries of the Catamount Ranch Open Space; johnedward. net; and especially the Ute Pass Historical Society who open there historical files on Crystola for me.



The visitor

In 1921, eleven years after Henry Clay Childs' death and during the time of the Reverend Hiram Vrooman, Joseph Thibodeau, the old French Canadian friend of Childs, and one of the original directors of the Brotherhood Gold Mining and Milling Company, came down the lane one day to the home of six-year old Robert Freeland, whose family lived in the house Childs built in 1872. The Freelands ran a dairy on the place. Robert recalls Thibodeau telling his father "It's time to dig up Childs' ashes and I'm supposed to scatter'em in front of the white house on the garden." Robert remembered standing by a tall tree while his father and Thibodeau dug up a small can of ashes and watched them spread the contents around. They never found the crystal ball.

ne Firearms Local Gunsmith has over 50 Years Experience & Great Prices NRA Conceal/Carry Classes Ammo • Accessories Military Surplus Tactical Target & Hunting Weapons FFL Transfers Insured 1301 E. US Hwy 24 • Woodland Park Mon - Sat 9 - 6

.. SHIP 'EM... BUY 'EM HERE!

NE BEAT MAIL ORDER PRICES

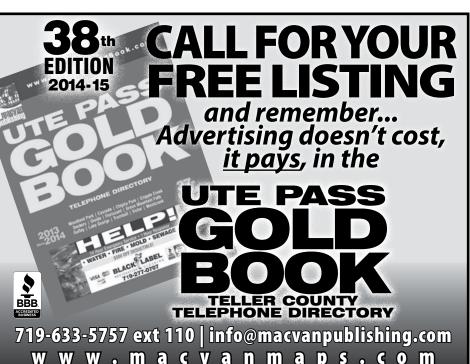


Page 4 - UTE COUNTRY NEWS - October 2013 October 2013 - UTE COUNTRY NEWS - Page 5



Cripple Creek Waste Transfer Station Open Tues-Sat 9am to 4pm • 719-323-9808

1075 Teller County 1 • Cripple Creek, CO





Know where to go for auto service Service Central

Service

Offer good through 10/31/13. Cannot be combined with any other promotional or

Flush Service

4-Tire Rotation or Flat Repair Service

Offer good through 10/31/13 for most vehicles. Cannot be combined with any other promotional or discount offers. Offer good through 10/31/13. Cannot be combined with any other promotional or

20% OFF
Any Brake Service

Buy 3 Get the 4th \$2000 OFF
Any Transmission Any Brake Service Any Shocks or Struts

Any Shocks or Struts

WOODLAND PARK 687-6682 Open: M-F 7:30AM - 5:30PM SAT 7:30AM - 4PM Highway 24 & Chester (Behind Sonic)

AUSTIN BLUFFS Austin Bluffs & Barnes . . 599-4555 **SOUTH NEVADA** 2 Blocks South of 1-25. . **473-7089** FILLMORE Fillmore & Prospect. 520-0722 WOODMEN ROAD Woodmen & Rangewood. . 268-9988 POWERS CENTER Powers & Palmer Park . 550-1840 FOUNTAIN / WIDEFIELD MONUMENT Safeway Center. 488-2299 N. of Walmart on Camden 392-4203



2013 Annual Potato Soup Supper and Program

by Ute Pass Historical Society

As the days become shorter and the chill of autumn is in the air, what could be more alluring than a hot bowl of soup, an entertaining program about the history of our area, and the company of friends old and new? Put the fun back in fundraiser. You can find all of this and more on October 25, 2013 at the Annual Potato Soup Supper sponsored by Ute Pass Historical Society. This annual tradition celebrates the agricultural, ranching and railroad heritage of the Ute Pass area.

This year, UPHS is pleased to announce that long-time Woodland Park resident Larry Black will present "Pikes Peak's Shadow," a history of Teller County from its early ranching and lumbering days through the discovery of gold in Cripple Creek and the railroad era. The program is based on a video of the same name created in 1999 to commemorate Teller County's Centennial celebration.

After teaching 6th, 7th, and 8th grades for 30 years in Woodland Park, Larry pursued his avid interest in the Ute Pass area. He is a popular

docent and speaker at Mueller State Park, a coauthor of the UPHS book "Images of America: Woodland Park," and a valued UPHS volunteer.

The Potato Soup Supper is Friday, October 25, at the Pikes Peak Community Club in Divide. The cost of the meal and program is \$5.00, which includes potato soup, green salad, roll, beverage and dessert. Doors open at 5 p.m., with dinner starting at 5:30 and the program at 6:15. The Ute Pass Historical Society Traveling Bookstore will be on hand with a wide-ranging selection of books about our area. Cash or check only, please.

Pikes Peak Community Club is located at 11122 US Highway 24 at the southeast corner of US Highway 24 and Colorado State Highway 67 South in Divide. Access is only available from east-hound Highway 24. If coming from the east (Woodland Park or Colorado Springs), make a U-turn at the traffic light at the junction of US24 and CO67.

For more information, please contact UPHS

Free Community Health Fair

We invite the public to join us at the 2013 Community Health Fair, hosted by Pikes Peak Regional Hospital and Woodland Medical Center and generously sponsored by Cripple Creek and Victor Gold Mining Company

This year's fair will be held in the beginning of flu season, October 12, 2013 from 8:30 am to noon at PPRH and Woodland Medical Center. The event is free.

Organizers are: PPRH, Prospect Home Care & Hospice, Teller County Public Health, Woodland Park Senior Citizens Club and Cripple Creek Care Center. The Community Health Fair will provide more services than ever before, including screenings, tests, instructions, and hands on experience. If you are in healthcare or a related occupation and would like to take part in this year's celebration of healthy living, please call Karen Earley, PPRH Coordinator, for more information.

Halloween Show at the Butte Theater

R eady for some chills and thrills? The newest show at the Butte Theater promises to put the spooky in Halloween.

Thin Air Theater Company's production of "The Frozen Man" opens Friday, Oct. 4. The show is written by Mickey Burdick and directed by Chris Armbrister.

In the wake of a massive snow storm, a small rescue party arrives at the ill-fated Exmissing and a single frozen body. Following the frozen man's cryptic journal, the party must fight the elements, insanity, zombies, and each other in an effort to stop the evil that has been freed from the mine.

Several favorite Butte actors will appear in the show including Rebecca Myers. Kevin Pierce. Nick Madson, Madeline Fallier, and Lauren Smith

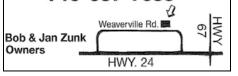
This show is written to be fun for the whole family, and will be followed by an all-new Hal loween Olio. The show runs Oct. 4-Nov. 2. Ticket prices are: Adult: 16.25; Senior: 14.25:

Child: 10.25; Group 12+: 13.25; Group 20+: 12.25 To make reservations visit ThinAirTheatre. com or call 719-689-3247.

Divide

AUTO BODY & PAINT REPAIR FIBERGLASS • AUTO GLASS FRAME • PLASTIC • BOAT

> 178 Weaverville Rd. Divide, CO 80814 719-687-7683



Grant Survey

by Denise Kelly

ake George Charter School is currently working towards grant writing to upgrade the new playground and build a fitness trail for the entire community. When the new school was built, the ground required a lot of additional excavation due to the type of soil and composite granite. The playground budget was reduced to offset additional excavation cost. Lake George Charter School is now in the process of applying for a grant to upgrade the current playground.

A community survey is posted on the school website at www.lakegoergecharterschool.org. Please take a minute, click on the 'Parent Info' tab and click on the yellow tab to complete the short 3 question Fitness Trail Survey. Results from this survey are needed! Thank you, in advance for your participation.

The Thymekeeper -Food: nutrients or poison?

by Mari Marques and Kathy Hansen

"Let food be thy medicine and medicine be thy food"

Avery wise statement indeed! For given proper conditions, the human body contains the power to heal itself; good food being the most basic of those conditions. In modern society, chronic illness has skyrocketed in epic proportions (illnesses such as diabetes, obesity, cancer, heart disease, food allergies, arthritis, asthma, etc.). Many of which were unheard of 200 years ago here in America and are still unheard of in indigenous cultures that eat a diet of whole foods native to the area. See sidebar showing actual causes of death where "poor diet and physical inactivity" is ranked second, right below tobacco.

With increasing demands and hectic schedules it makes it challenging for a family to put more focus on their food and sit down at a meal together. For many, their diets include fast food or carryout delivery. When families do have time to prepare a meal, it is rarely "from scratch." Technology, such as microwaves and refrigerators, has greatly affected what we eat and how we eat it. Modern meals are planned around the family's schedule, but this was not the case 200 years ago. In fact, 200 years ago, the family planned its schedule around meals!

During the early 1800s, food preparation dominated the time and energy of the average family. There were no big grocery stores where people could go to purchase food, and eating out was truly rare. Most fruits and vegetables were grown on the farmstead. Families butchered meats such as poultry, beef, and pork. People had seasonal diets. In the spring and summer months, they ate many more fruits and vegetables than they did in fall and winter. During those colder seasons, families found ways to preserve their food by curing, pickling, canning or dehydrating. There was no need to label "organic" food, as all food was organic back then.

There were also no pesticides, herbicides, or genetically modified organisms.

Researchers agree that the modern diet, over refined, over processed, laced with chemical additives, and robbed of basic nutrients is responsible for many of today's common ailments and chronic illnesses. The reason is simple; our bodies recognize only three forms of food: proteins, fats, and sugars.

The three forms of foods we eat are metabolized into two basic components: nutrients and poisons. When our body is readily able to recognize the nutrients in the food we eat, the process of absorbing nutrients is efficient. When our body deems the intruder as poison, it needs to protect the body against it, and begins the process of rallying against the foreign invader. This process requires a great deal of energy. This seems to be how food allergies are born, cancers are created, and chronic diseases develop.

Weston Price

The name Weston Price is not familiar to most people. Dr. Price was born in Ontario in 1870 and raised on a farm. He received his dental degree in 1893 and began practicing and doing research. His many published articles and texts brought him recognition. However, the text of his life's work, "Nutrition and Physical Degeneration" is not found in all libraries and seldom found in bookstores.

In his years of practice, Dr. Price began to notice problems in the children of his patients



were responsible. He noticed the condition of the teeth reflected the overall health of the individual. A revolutionary idea occurred to him: perhaps some deficiency in modern diets caused the problems. Anthropologists had long observed and written of the excellent teeth found in primitive cultures

Dr. Price traveled the world and found entire cultures, with no tooth decay or misshapen arches and crowded teeth. He interviewed an American medical doctor living among Eskimos and northern Indians who reported that in 35 years of observation, he had never seen a case of cancer among the primitives existing on their native foods.

Compare that to today's statistics in America. The cultures Dr. Price observed were truly indigenous people with groups living entirely on the local foods according to traditional ways. In every culture where the people were immune to dental and degenerative disease, biochemical analysis showed the diet to be rich in nutrients, nutrients that are poorly supplied in modern diets.

Dr Price wrote: "One wonders if there is not something in the life-giving vitamins and minerals of the food that builds not only great physical structures within which their souls reside, but builds minds and hearts capable of a higher type of manhood in which the material values of life are made secondary to individual character." He found intangible evidence of this throughout the entire world

More of Dr. Weston Prices travels and discoveries relating to modern disease can be found in the book "Traditional Foods Are Your Best Medicine" by Dr. Ronald F. Schmid.

Changes in agriculture

Let's fast forward to 1990s when new proteins and genetically modified organisms were engineered and introduced into our food supply. Commercial growers sought ways to increase production and profitability without taking time to do studies to find out what effects these new proteins might have on humans. The topic seemed to have more to do with agriculture than the well-being of the humans who would consume the crops.

These new proteins and organisms made crops resistant to pests by having the effect of exploding the pests' digestive system. Farmers began to find a change in their livestock when they consumed these crops: they became ill and required antibiotics. The livestock is then sent to the slaughter house and becomes food for humans.

It seems that when humans eat either the crops themselves or livestock fed with these genetically engineered organisms and proteins, our bodies identify more poisons than nutrients Time is telling: rates of food allergies, cancer, diabetes, obesity, heart disease, and many other chronic conditions unheard of 200 years ago are on the rise, especially in the United States. Can it be as simple as our bodies are spend-

In the past, supper was a family affair

byn O'Brien at TEDxAustin" to learn more.

A lot of food can be grown in a small area in

vould be no hunger. In Teller and Park Counties, we face the challenge of a short growing season and lack of oxygen at this altitude. Lee Willoughby from The Harvest Center can share many solutions to the challenges of high altitude growing. The Harvest Center offers several programs each year which can be seen here:

Mountain Naturals Community Market in Woodland Park offers healthy organic foods and stock many items from local growers and family farms which do not use chemicals or pesticides. All at reasonable prices and with website can be found here: http://mountainnaturalscommunitymarket.com/

If these are matters of importance to you, folks, it's time to put our money where our mouth is. Begin making one change at a time.

USDA Inspected - Locally corn fed pork for sale JUST IN - FREEZERS ARE FULI Buy 1 pound or 100 pounds - We have it! Processed at Scanga Meat in Salida, CO



identifies as poison than absorbing nutrients from our food? Check out YouTube video "Ro-

The common thought process surrounding organic food is that it is just too expensive. We must then consider the costly and disruptive, even catastrophic effects illness can have on

our own back yard to help take the burden off of the expenses, and it is quite rewarding to sit down to a meal you helped to grow! Imagine if people grew gardens instead of lawns. There

http://wpharvestcenter.org/programs/.

integrity toward good business practices. Their

Support your health and your local community!

Actual causes of death -

435,000

400,000

85,000

75,000

55,000

43,000

29,000

20,000

17.000

1,158,000

Source: Reference 8. Mokdad AH, Marks JS, Stroi

DE, Gerberding JL. Actual cases of death in the

United States, 2000. JAMA 2004;291:1238--45.

(18.1)

(16.6)

(3.5)

(3.1)

(2.3)

(1.8)

(1.2)

(8.0)

(0.7)

United States, 2000

Tobacco

Poor diet and

physical inactivity

Microbial agents

Toxic agents

Motor vehicles

Sexual behavior

Illicit drug use

Percentages of all deaths

Alcohol consumption



www.BakerMountainSwine.com

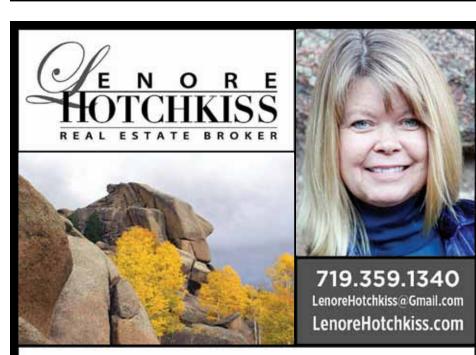








Page 6 - UTE COUNTRY NEWS - October 2013 October 2013 - UTE COUNTRY NEWS - Page 7



Local Real Estate Trends

Teller County: more homes sold in August 2013 than the same time period last year, but the median sales price dropped slightly to \$212,000. 75% of the homes sold were under \$300,000, and the majority of the sales of \$300,000 and up were in Woodland Park. While we're not seeing an increase in property values yet, buyers are out looking and we should have more buyers with aspen season upon us. The trends in real estate change rapidly and October and November into the holidays can be very busy.

I have many beautiful homes for sale - have you dreamed about a four car attached garage in your own park-like setting? (MLS #737097). Or what about a large mountain getaway with an attached guest house on 14 acres bordering BLM? (MLS 721601). From large custom homes in Woodland Park to cabins, fishing properties, and commercial buildings to remarkable acreage for sale, I

> have it and can assist in putting a contract together. Email me and I'll send you full links on any property in Teller County at LenoreHotchkiss@gmail.com.

You are invited to attend!

Saturday, October 12, 2013

Hosted by Pikes Peak Regional Hospital

16420/16222 W. Hwy. 24, Woodland Park

Cripple Creek & Victor

Gold Mining Company

www.ccvgoldmine.com

and the Woodland Medical Center.

8:30 a.m. – noon

Sponsored by:

Teller County Public Health

Cripple Creek Care Center

A partial list of the free services being offered include: Blood Pressure, Bone Density,

Clinical Breast Exams & Discounted Mammography*, Balance Clinic, Mini Balance Class,

Spine Screening & Ultrasound , Massage, Pulse Oximetry, Spirometry, Weight Loss

instruction, Sleep Lab Tour, Pulmonary Function Test Demonstration, BMI, Meridian

Tests & Flu Shots, Micro-current treatment for Migraines", Basic Hearing Screening.

*Call Teller County Public Health to see if you qualify for a free Clinical Breast Exam and

Balancing, Eye checks for Auto Refraction & Glare, Tobacco Screening, Yoga, \$20 Blood

at 719-686-5802.

Prospect Home Care & Hospice

Woodland Park Senior Citizens Club

For info, call Karen Earley, PPRH,

Sleep

Study

Center

Mammogram! **719-687-6416**

Enjoy our spectacular aspen season!

LenoreHotchkiss.com



Autumn Market at Idlewild Ridge

by Maurice Wells photo by Maurice Wells

On Saturday, September 21, the first Market at Idlewild Ridge was held. This activity provided an opportunity for local artists and craft persons to present their products. Duane Scoville, Stephanie Scoville and Starle Brown hosted the event at the Scoville's home

between Florissant and Lake George. When asked how the idea was conceived, they

said that having attended many such activities in other areas, with so many talented artists and crafts persons in the Lake George/Florissant area that a market was just the thing to do. They plan, for now, to hold one in Spring and Autumn.

For more information about future plans contact them at idlewildridge@gmail.com or

Tribute to local World War II Veterans Exhibit

 $T^{\text{he Ute Pass Historical Society, in conjunction with the Woodland Park Public Library, presents "A}$ Tribute to our Local World War II Veterans" an exhibit featuring vintage artifacts, photographs, and vignettes of two soldiers from the Pikes Peak region who served our country during the war years.

"Doc" Daughtrey L. Stallings served as an Army muleskinner in the 10th Mountain Division at Camp Hale. The mules were a critical component of the Division's success in the final phase of the war in Europe. Later, Stallings trained fellow soldiers in the art and science of mule handling at Fort Carson's 4th Field Artillery Pack Battalion.

Jane Guinnane was one of the first women to serve in the Women's Army Corps. In 1941, America's military and political leaders realized that women could supply badly needed materials and support for the country while the men went into combat. Soon after, women were also utilized in the important role of testing and moving aircraft from the factory to military bases. Guinnane served as an ammunitions specialist and as a pilot.

The exhibit is on display on the Library's second floor, near the Colorado Room, and runs through November. For more information, call UPHS at 719.686.7512 or via e mail at uphs@peakinter.net.



Photo courtesy of Ute Pass Historical Society

Holiday Bazaar

by Judy Hummer

The "Help U Club's" Annual Holidav Bazaar will be coming to the Florissant Grange Hall on Saturday, November 9th from 9 a.m.

There will be crafters and venders offering their wares for sale. The club will be serving biscuits and sausage gravy for breakfast, followed by home made chicken and noodles for lunch.

Members of the club pride themselves on resh baked goodies for the bake sale. This is the perfect opportunity to buy your holiday baked goods, such as cakes, pies, breads, cookies and candies.

The members make a quilt for the yearly fundraiser. This year's quilt is a beautiful blue toned queen size, which will be raffled off at the end of the day to one lucky winner.

The Help U Club members can be seen at various venues selling tickets for the raffle of the guilt and bake sales. We would like to

thank all of the supporters who have purchased tickets and baked goods.

We also would like to express our appreciation to all those that have allowed us to fundraise at their place of business or their organized event in our community

The Help U Club has been helping people in our community in need for the last 70 years. We help individuals and families with rent, utilities, wood, clothing and anything else they may need We also sponsor families for Christmas. We are completely non-profit and raise all of our money thru the sale of raffle tickets and bake goods.

We have a dedicated group of people who are giving back to our community while enjoying camaraderie. We always welcome new members because the more people we have, the more people we can help!

Please come and join in the fun and "Help Us Help Others"

Adopt Me Rayne

by TCRAS

 $\mathbf{H}^{i,\ I'm}$ Rayne. I am still here waiting for you to take me home!

I have a dynamite personality and am over flowing with love and kisses. I make a great lap dog, car passenger, playmate, cuddle buddy, whatever you need I'll be great at it! I have a beautiful smile and always ready for some action. I do prefer male canine friends as long as they know how to treat a lady.



TCRAS, the no-kill shelter in Divide, at 719-686-7707 for more information or checkout our website to see all the available animals! Www.tcrascolorado.com

What are vou

waiting for?

and ask for

Mountain Top Cycling Club's Ice Cream Social

by Deborah Maresca photos by Deborah Maresca

The Mountain Top Cycling Club hosted its Second Annual Ice Cream Social Sunday Sept. 8th. Forty-eight people rode their bikes from Mt. Scoops to Manitou Lake and back for free Ice Cream. The Cefus family had three generations that rode. It was a big challenge for some of the kids that rode their hearts out. Everyone enjoyed the event and especially the free Ice cream at the finish.



Three generations of the Cefus family rode together, Mr. Cefus, Eric, Ethan and Kathy all rode their mountain bikes. Also pictured was a young man by the name of Hurricane Calhoon. Ron Blevens from Divide is the background.



David Kreigshauser the Mountain Top Cycling Club president lead 48 kids and parents on the second annual Mountain



Kids rode to Manitou Lake from Mountain Scoops Ice Cream shop and back for a free scoop of ice cream.

Guffey School Pet Parade huge success!

by Mrs. MacDonald's 2nd-4th grade class

Tt was a sunny day and the clouds were out. ■ There were pets everywhere: dogs, horses, turtles, a ferret, a snake and stuffed animals. There were big pets, little pets, tall and short pets. Pets with crazy names, and easy names. Mostly there were dogs; lots and lots of dogs.

On Saturday, September 14, people brought their pets to Guffey School for our 10th Annual Pet Parade. Everyone was invited. There were students, teachers, parents, community members, and of course lots and lots of pets. The purpose of the Pet Parade is so we can get to know each other and have our pets see where we go to school.

The fire department helped to lead us as we paraded around town and showed off our pets The Guffey 4-H club made a float and was toss ing out mints. Rita passed out drinks along the route. We walked around the whole community When the parade was over, we had awards and got prizes. Then we ate lunch. Chili hot dogs and watermelon were enjoyed by all.

"I have been bringing Rebecca for two years, stated Aspen. "Rebecca is a stuffed dog. She has been with me for three years. I was wearing a dress and my dog was wearing a dress, too. My dress was pink, black, and red. My dog's dress had flowers and they were all pink. We got the got the 'Best Match ing' award.

"My pet, Mo, has three years. I got the award for the 'Most Improved Behaved' dog, because last year my dog peed on my certificate," said Madison.

"My favorite pet was the dog Lulu brought. The cape and bow were cute. They were pink,' said Havannah

Jeremiah brought a python snake. It was named Harley. It was so scaly. Sheri brought a Great Dane named "Roscoe." Ms. Hartman brought a Bernese Mountain Dog. It was black with a golden spot on him. His name was Blazer. Stormi brought two stuffed animals called "Brown Dog" and "Peace."

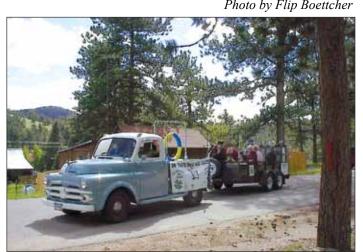
"I liked the parade because I got to see a lot of my friends," said Sheri. "It was so much



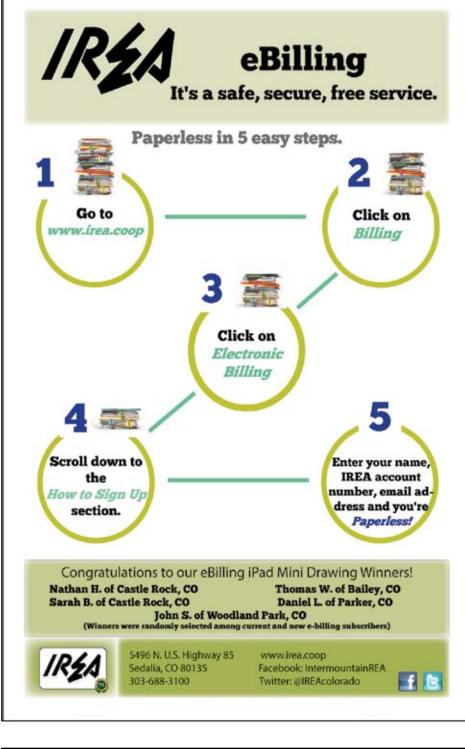
A great turnout at the Guffey Pet Parade.

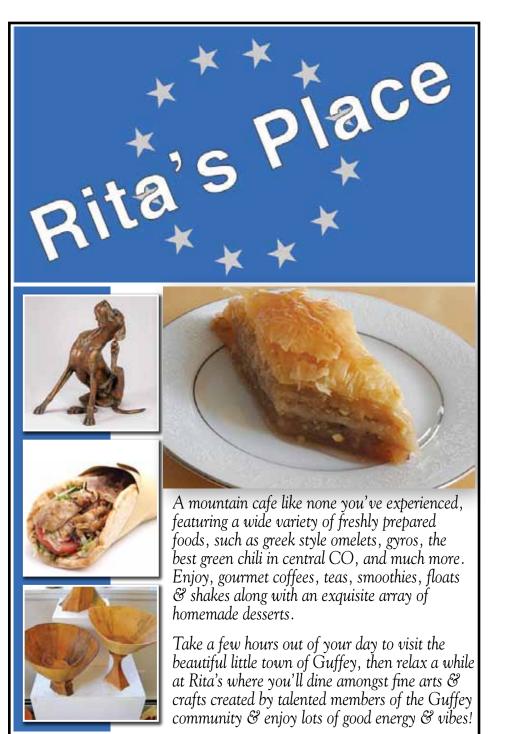


The Southern Park County Fire Protection District provided an escort for the paraders - Old Engine No. 962. Photo by Flip Boettcher



The 18 toes dog club being pulled by vet and leader, Amy Mason in her old 1952 pick-up truck parading through Guffey.





611 Canon Street • Guffey | 719-689-2501 | www.ritasplaceinguffey.com

The Teller County Farmers Market Association

Rampart Library District News

by Antonia Krupicka-Smith

The Rampart Library District will be partner I ing with Connect for Health Colorado, the organization that will offer free assistance in signing up for healthcare now required through the Affordable Healthcare Act.

The meetings will be led by Connect for Health Colorado, Chandra Breitenfeld, Health Coverage Coordinator. Chandra will provide information on what to expect when signing up, what you will need to sign up, and what the different options are for you. There will also be

Affordable Healthcare Informational Comnunity Meetings will be held on October 3 at 1p.m. in the Woodland Park Public Library Meeting Room and at 3 p.m. and 6 p.m. in the Florissant Public Library Meeting Room.

The partnership will continue throughout the rest of the year with Chandra Breitenfeld taking appointments to provide one-on-one as sistance in signing up through the Connect for Health Colorado website. You can call Chandra to sign-up for specific times on Thursdays at the Woodland Park Public Library. She will also be taking appointments for residents in

This service is available to our community because of the \$100,000 grant awarded to Community Partnerships. For more information about the community meetings or the oneon-one appointments please contact Chandra Breitenfeld directly at 686-0705.

Florissant's Book Worms book club is reading "An Available Man" by Hilma Wolitzer for October and will finish the year in November with "Of Mice and Men" by John Steinbeck. The Florissant Book Club meets the third Wednesday at 10:30 a.m.

The Woodland Park Book Club has changed its meeting time to 10:30 a.m., still on the first Tuesday of the month. Everyone is invited! The selection for October is "The Kitchen House," by Kathleen Grissom. November's selection is "Where'd you go, Bernadette?" by Maria Semple

Storytime themes for the Florissant Library in October are: Oct. 3, Yarn, Oct. 10, Yellow, Oct. 17, (egg) Yolks, Oct. 24, Yes, and Oct. 31

Western Blue Flag Wild Iris

by Ciena Higginbotham

About the

∼iena Higginbotham is a

Pups) of the Lake George

Gem and Mineral Club,

Lake George, Colorado.

She is a 15-year-old 9th

youth member (Pebble

author:

The most well-known wild iris is the Western Blue Flag. It is native to the deciduous woodlands in the western United States and can be found as north as Canada. They are located in both Teller and Park County.

The Western Blue Flag Iris thrives on moist environments in the plains, foothills and in forest zones. A wet spring can turn a field purple. But this plant is very drought-resistant. It will survive on minimal moisture in the springtime.

Western Blue Flag has 9 main petals. Three curl backwards; these have purple veins that radiate from a yellow spot. The veins guide the insects to the pollen. Many flowers have guidelines like this, but are usually visible only in the ultraviolet spectrum. The next three petals are flattened out, and the middle three are very narrow and erect. They range from a purple to a dark blue. The pretty flowers attract humming birds and other insects. Pale blue-green leaves grow up from the stem. They are sword-like and are folded vertically. They can reach up from 12 to 24 inches.

'Iris' is the plant's common and scientific name. The full name is ris missouriensis. But the plant is nowhere to be found in Missouri! It is named after the botanist Thomas Nuttall who pioneered near the Missouri River. He found his first specimens in the early 1830's in Montana or in the Dakotas.

Iris makes nice cordage. Rope is made from the fibers found on the outer edge of the leaves. The fibers are thin and silky, but very strong

and flexible. This rope was used for many things. Fishing nets, camping bags, snares to catch game, only to name a few. The fishing net made was tied in knots, and the 20-foot-long deer rope had a lasso on its end. It was nung in a tree to catch a deer by its nead or antlers. It takes tremendous effort to make this cord. "It takes almost 6 weeks to make a rope 12 feet ong," said one Indian

This Western Blue Flag Iris grows rom a thickened root, called rhizomes. They are very hardy and are hree quarters of an inch to over one nch in diameter. This is quite large

These roots are also very poisonous, especially when they are fresh. The Native Americans made a deadly arrow poison from the ground-up roots. They will produce a skin irritation if touched, and are low toxicity if ingested. Symptoms include nausea, vomiting, and diarrhea, abdominal pain, and elevated temperature. Touching the seeds will also cause

So be careful, this flower is pretty



The Western Blue Flag is a beautiful iris that can be found in Teller and Park County. Original artwork © by the author, Ciena

We know who you are.

We know what you did.

We thank you

soooo much!

or donated something for the Alexandra Roberson

Thank You!

Some special acknowledgements:

Broken Shamrock - Don & Sharon

Mike Lindeman - Auctioneer

Thunderbird Inn - Russ & Lavanna

McGinty's - Tracy

Rudy's BBQ

Print & Publishing Folks

Shout out to Summit Elementary School - Your teachers & kids rock!

muscle dudes. The musicians who kept us rockin'. Quentin's song for

Alex "Purple Thunder". Amazing.

Family & Friends.

And without whom it would never have happened:

Vicki, Amber, Shera & Linda.

Your hearts, hardwork and hidden talents are spectacular!

Ute Pass Regional Trail

by Celinda Reynolds Kaelin

66 Tava, Pikes Peak is like the Heart Stone [center] of a giant Medicine Wheel of the Ute ancestral lands," explained Dr. Jim Jefferson, Elder of the Southern Ute Nation. "The Pikes Peak region was the territory of the Tabeguache (People of Tava) Band of Utes, but the other bands would come together here with them to do sacred ceremony at the Garden of the Gods and Manitou Springs. Tava was where our people were created long, long ago, and that is why it is so sacred to us.'

Now, El Paso County Parks is working to improve and provide interpretative signage on the Ute Pass Regional Trail, once used by the Ute People, from Manitou Springs to just short of Cascade. In 1911, the El Paso County Pioneers placed 15 granite markers, engraved with "U.P.T." along this Indian trail. They marked the occasion with a celebration called "Shan Kive" (good time) in 1911, 1912, and 1913. General Palmer's Denver & Rio Grande

Railroad transported members of the Southern Ute to the celebration. Unfortunately, the D&RG rails did not reach into Utah where the members of the Tabeguache Band had been relocated in 1880. Only Chipeta, widow of the Tabeguache Chief Ouray, happened to be visiting relatives in Ignacio and s was included in the 1911 Ute entourage.

The "Colorado Springs Gazette" gives a poignant account of the Ute ceremony at the Shan Ki of 1912.

.. Then the old chie [Buckskin Charlie] placed the metal box in the hole, and facing the sun, his right arm stretched out holding his feathered staff, the insignia of his

position, and the left hanging at this side, addressed his followers in his native tongue. telling them that they should appreciate

mark their old trail, which led to the holy waters of the great spirit Manitou, where in the olden days they had so often come to worship.

"After his short address, during which his voice broke many times, he chanted the Ute death dirge over the memorial. The stone marker was placed over the relic, and the Utes, their heads down, marched away."

Ironically, August 31, 1779 (almost 133 years to the day) marks the decisive battle between the Spanish Army, led by Governor Juan Bautista de Anza, and the Comanche Nation, led by Querno Verde (Green Horn). The Ute Pass Trail played a pivotal role in the outcome of this battle, which was a Turning Point in the history

of the United States. The Comanche Nation was intent on forcing the Spanish back into Mexico, and very nearly succeeded. That is until Anza, an experienced Indian ighter, took command of the panish Army. Earlier campaigns against the Comanche had come up from Santa Fe hrough Raton Pass. Their arge army, with metal armor and shiny weapons, was easily spotted by Comanche scouts days in advance, and the Comanche would simply melt into the landscape, eaving the Spanish without an adversary. Anza, however, enlisted the aid of 200 Tabeguache Ute Warriors SEPT. 2-3-4, 1915 and 4 of their Chiefs. They led him north from Santa Shankive 1913 poster, Denver Fe, across South Park, and

Public Library down Ute Pass, along the Ute Pass Trail. This allowed Anza to launch a surprise attack from Manitou Springs, attacking the Comanche encampment at what is now American the Beautiful Park. Anza dealt a crushing blow to the Comanche in this first engagement, killing 18 "of the strong-



Ute scouts trailing, Denver Public Library

est" and wounding many more. He also found it "necessary to kill more than thirty women and children ...the number of the enemies we fought cannot be arrived at with any certitude, because since the men dress the same as the women with whom they were fleeing, and the horses they were trying to get away with raised so much dust it was impossible to count them." Anza also took 34 women and children prisoner, and captured 500 head of horses. He then continued a running battle with the remaining Comanche until a final engagement on August 3rd, when his men killed the Comanche Chief Querno Verde, his son, their Medicine Man, and ten other warriors, breaking

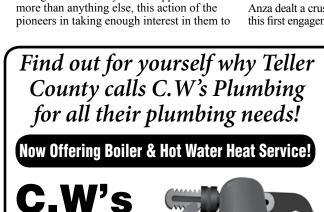
the Comanche resistance. If this hostile Comanche presence along the Front Range had gone unchecked, neither Pike nor Long nor Fremont could have succeeded in their westward explorations. The Santa Fe Trail would have never opened. Gold seekers would not have discovered the riches of Colorado's mountains, and the fragile national economy of the late 1800s would have collapsed. Without a robust United States, what ally would have had the resources to defeat Germany in World War II? Anza's surprise attack, utilizing the Ute Pass Trail, and his decisive battle with the Comanche at America the Beautiful Park forever changed the course of history.

Celinda Reynolds Kaelin is President and Historian the Pikes Peak Historical Society. You can learn more about the Ute Indians at the Pikes Peak Historical Society Museum, at 18033 Teller County Rd #1 in Florissant. The Museum Gift Shop carries Celinda's books, "American Indians of the Pikes Peak Region" and "Pikes Peak Backcountry". The Museum is open on Saturdays from 10 a.m. to 4 p.m., and on Sundays from 1 p.m. to 4 p.m.



Price Peaks

Our View WPFarmersMarket.com Follow us on



COLORADO SPRINGS

C.W's

Service & Installation • Water Heaters

Tankless Water Heaters

Gas Pipes - Old & New

Kitchen Remodel Plumbing

Bathroom Remodel

Frozen Pipes & Sewers

Winterizing Guaranteed

Residential **Commercial**

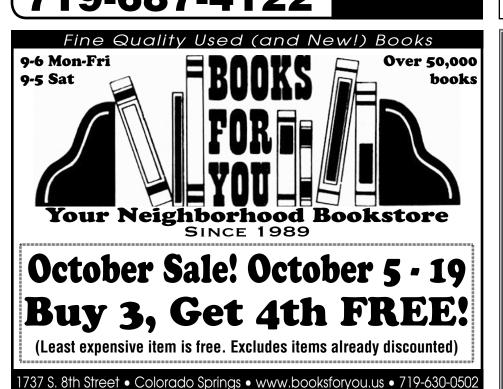


Les Heinemann 719-689-3518 one.heine@gmail.com

Member of Woodland Park Chamber of Commerce BBB

Let me customize a plan that fits your needs and guarantees no rate increase for 3 years.

www.ushagent.com/leslieheinemann www FindaNewHealthPlan.com





Kent A. Bailey

Custom Woodcarving

DOORS-MANTELS-CABINETRY

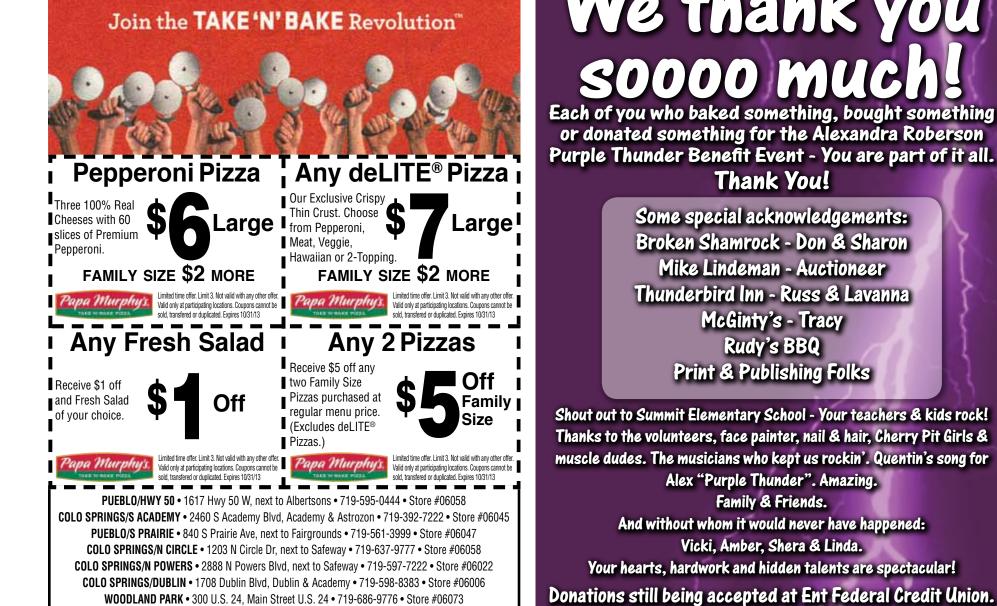
ANIMALS-HUMAN-SIGNS

GUITAR LUTHIER-STAINED GLASS

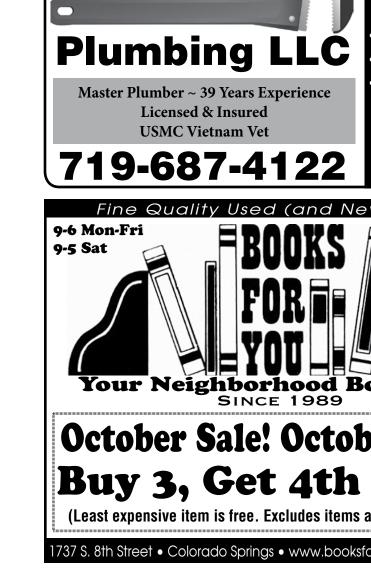
www.kabart.com

719-689-9393

Florissant, Co.



Papa Murphy's.



Page 10 - UTE COUNTRY NEWS - October 2013 October 2013 - UTE COUNTRY NEWS - Page 11

ROCKY MOUNTAIN CHRISTMAS BOUTIQUE SPONSORED **BY: Peak Internet** Friday, November 1st, Noon to 7:00 Saturday, November 2nd, 9:00 to 4:00 UTE PASS CULTURAL CENTER For more information call 719-209-9588 Elegant Handmade Gift Items Fall Wreaths and Arrangements Fudge, Breads and Home Baked Goods All Proceeds Benefit:



Lake George Charter School holds yard sale

by Maurice Wells photo by Maurice Wells

The Lake George Charter School has obtained a grant to upgrade and improve the school playground. As with most grants, matching funds are needed, so Lion's Pride, the PTO, decided to raise money through a vard sale. Sellers were charged \$10 for a table. In addition, items were donated by community members and these were sold as a source of

Although budgeted in the original construction costs, additional excavation was necessary and the playground budget was reduced to offset the costs of this excavation.

Plans for the playground include new equipment and the construction of a fitness trail that will be open to the community. Additional donations will be accepted from those in the community who wish to support this project.

Clothes Closet's Coat Drive

The Clothes Closet is having a winter coat drive for the month of October. The Clothes Closet gives away free clothing to struggling families. We have families coming in all the time looking for a winter coats. The following business have graciously offered to have a collection box available for you to drop off new and gently used coats during business hours:

- Vectra Bank, 361 E US Highway 24
- Park State Bank, 707 W US Highway 24
 Pikes Peak Credit Union, 720 W Midland
- Reflections Hair Salon, 330 S Baldwin
 My Free Water Store, 811 Lorraine Ave

Feel free to drop your coats off during their normal business hours (Mon, Fri, and Sat 10 a.m. to 2p.m., and Wed 2 p.m. to 6 p.m. We are located at 108 Park Street in Woodland Park.

109 W. Midland Ave Store Hours: Mon-Sat 10ish-8pm Sunday 10ish-6pm Always a 10% off discount for vets and red card holders

Bring in this ad for 10% off on your

next visit and like us on Facebook!

Make Buying or Selling Your Investment a Positive Experience.



The Tanis Team

Pam Sanchez, Irene Tanis, Stephanie & Joe Tanis

Direct (719) 687-4711 Toll Free (800) 677-1109 Home (719) 687-1109 www.lreneTanis.com Irene@IreneTanis.com itanis@msn.com stephtanis@remax.net





300 Sunny Glen Court Post Office Box 5044 Woodland Park, CO 80866





heubergermotors



heubergermotors



CRIFFER CORNER



Owl - Mari Marques, Florissant



Grosty caught cat napping



Mr. Spaz and Shadow get comfortable - Jeff Hansen,

Tave a cute critter? Send us Lyour favorite critter photos and we'll feature them here in the Critter Corner! Indoor or outdoor pets or wild critters are what we're looking for. We will not accept any photos depicting cruelty or harming animals in any way. Email your critters to utecountrynewspaper@ gmail.com. Be sure to include the critter's name as well as your name.

Now on the web



Past Ghosts

ut-wrenching sounds of fighting echoed down the main road. Running feet could be heard as people either joined the fight, or fled the violence that plagued the small town. The air crackled with rage. Children hid in closets and covered their ears tightly, sobbing at the sound of sharp gunfire. Women peered through lace curtains, praying that the misery would end, and that their husband, or brother, or father would come home unharmed. Everyone just wanted it to stop.

lex walked through the tiny, abandoned town of Altman, Colorado, located just Anorth of Victor. The stories he'd heard about the place are what lured him, and that's why he was slowly walking along a path that ran between a few cabins. Every hair stood on end as he looked at the few remaining, rotted structures. There was something about this place. It had a dark energy created by a violent past. However, despite the strange energy, there was a deep sadness. A sadness that was so familiar to the majority of historic places. He went inside a small cabin that looked like it had had only one room. The back part of the ceiling had fallen in. He touched the door frame and quickly yanked his hand back, like he'd felt an electric spark. He frowned at his hand.

The clouds drifted overhead, blocking out the already setting sun, and casting Alex and the cabin into faint, grey light. Alex shivered and stepped back out of the cabin. The golden aspen leaves blew around on the dirt behind him. It was Halloween, and it was like the whole place sensed that the creepy holiday had arrived. Alex swallowed and started walking back up the path that led to what had been the main street, looking at all the sagging buildings as he went. Altman had been the highest incorporated town--self-governing entity--during its time. It had been named after Sam Altman, who had built the first stamp mill there. It was once a proud building, but now it was a weathered grey color, with gaping black holes for windows. Alex tried to imagine what it had been like to look upon the newly-built

He neared the top of the path and his vision started to blur. He had to get back to where his car was before darkness descended. An eerie feeling crept up his spine and he blinked hard a few times, his breath constricting in his chest. It appeared that a shadowy figure was winking in and out of existence at the end of the path as it came toward him. As he watched, the figure

seemed to flicker between the shadow figure and a real person. Alex thought he could see the town return to its former glory--though in black and white like an old movie--behind the figure when it appeared as a real person. However, its presence felt menacing, and it looked like they were reaching for a gun at their side.

"N-no!" he stammered, holding a hand out to try and stop it.

The figure kept coming.

"Please..." His voice sounded faint and breathy. He turned and stumbled back along the path toward the cabin. The stories he'd heard about the place ran through his head like a flip-book. So many deaths had happened in the town due to the Colorado Labor Wars, a bloody struggle between mine operators and the Western Federation of Miners between 1903 and 1904. It'd been a few decades since then, but Alex could feel the rage from the spirits still residing in the town. It made his head hurt tremendously. The whole struggle had been about working long shifts in hazardous conditions for too little pay. Alex remembered the rumor that the undertaker of the town offered group rates if all killings were done on a Saturday. The morbid thought sent a shudder through him.

As all this swirled around in his brain, he swore he saw more shadow figures walking up the hill toward him. What was happening? His fear spiked and he started to run up the rest of the path toward the cabin. But as he got there, a shadow figure stepped out and he veered to the right, climbing and slipping up a hill toward another building. He ran inside, stopping at the farthest wall from the door. This one appeared to have a few rooms. By now, he could just make out the faint outline of his hand in front of his face. He watched the open door, and the two windows on either side of it, for signs of

He didn't see anything. He sank to the floor to catch his breath, pulling his knees up to his chest. Alex considered himself a pretty tough guy, but he'd like to see the baddest dude try to keep his act together when dealing with figures that he couldn't identify. He sat there for a long while, thinking that he'd just hallucinated. The pain in his head still pounded away, and he shut his eyes, slowly laying down on the dusty floor. He wanted to stay there until morning, but that eerie feeling was settling over him again.

A faint, flickering orange glow roused Alex what felt like only a few minutes later. He slowly sat up and rubbed his eyes, the orange glow somehow growing brighter. He looked around, trying to find the source. No luck. It was like the glow was all around him. He got up and started toward the door, and that's when he saw the flames engulfing the rest of the building and most of the town above and

seem to be any smoke. The harder he looked at the flames, the more he thought he saw shadow figures, darting around in confusion. Were they

"Hey!" he shouted into the silence, running out toward where a group of them were darting about. He called out again, and it echoed back to him in the quiet night air. A figure stopped and looked at him, then ran into the flames. Alex yelled and charged after the figure, right into the flames. Once on the other side. he stopped and looked back, confused. Why weren't the flames hot?

He was about to investigate further when the wind randomly picked up and swept through the building. The strange flames responded like normal flames. The temperature around him suddenly plummeted and he wrapped his arms around himself, shivering. The wind only grew stronger, but at intervals, like something was flying around him and through him. That's when he felt a strange force hit him, and it sent him into the wall to his left. The breath got knocked out of him, and he sat there for a few moments, trying to get the black dots in his vision to disappear. He looked up and toward the middle of the room, seeing several shadow figures gliding toward him.

"Please stop!" he shouted. "I was only trying

The figures closed in on him, their presence overwhelming him and causing him to

lex jolted awake, sitting up quickly and breathing raggedly as he quickly looked around. He vaguely remembered running into this building he thought had been on fire, along with the rest of the town. His memory buzzed as it brought up something he'd read recently about a fire in the town on May 24, 1903. It allegedly had been started on purpose, originating in the Altman Hotel, and causing around \$50,000 in damage to 25 structures. He had gone on to read that six people had been arrested, including the owner of the hotel who was believed to have started the fire, but it was difficult what happened to the

suspects afterwards.

The fire was just

one of a few rea-

his chest, doubling over a little as he tried to regain control of his breathing. When he could sit up straight, he saw that it was still nighttime. He felt like he'd been there for days, maybe even months or years. Now he just wanted to find his way back to his car and leave. He thought he could see figures either darting, or gliding slowly, past the windows. He recalled the figures that had

town became abandoned. He felt like he had

relived that experience, including the mass

surely had felt. The deep empathy he felt for

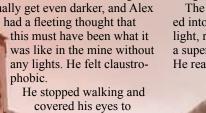
them tugged at his heart and he put a hand on

confusion and panic that the townspeople

surrounded him, and he wondered what their intentions had been. He thought back to the very first shadow figure, and how menacing it had felt. There was no doubt that that figure had wanted to cause him bodily harm. He broke out into a cold sweat just thinking about something whoosh through him, then another what that person must have been like when they were alive.

He wiped his forehead and got up, deciding to try to find his car. He looked around the best he could in the dark, wondering if he was being watched. He hugged himself and started walking slowly toward the center of the town, keeping his ears alert for any suspicious sounds. But all he heard was the soft crunching of the dirt under his feet. He'd parked on the far side of town, of course. It was just so hard to see where he was going without any light. Not even moonlight fell on the practically barren town. The closer he got to the downtown area, the more unnerved he felt. He was sure that he was being not only watched, but followed. He thought he could see dark figures moving out of the corners of his eyes.

A malicious energy began to make its presence known and as it did, the world around Alex seemed to darken. He stopped walking, swallowing hard as he looked around, trying to pinpoint the energy, but it circled him, like a lion waiting for the right moment to ambush an elephant. With his breathing ragged, Alex began to quickly walk, hoping to just put some distance between him and the angry spirit. However, the darkness surrounding him seemed to actually get even darker, and Alex



make his

own darkness that he could control, all the while muttering, "Please go away. Please go away," over and over again

Soon, he got up enough courage to peer out through his fingers, but he might as well have just kept them over his eyes because it was still so dark. However, there were small redorange orbs zipping around. He knew these couldn't be fireflies. They were mesmerizing to watch despite the malicious energy that was

The energy started to press in on him, making it hard to breathe. Alex slowly sank to his knees, gripping his shirt. The air grew thick, stifling, and deafeningly silent.

He felt so heavy, unable to lift his head. Then suddenly, a whirlwind seemed to form around him. The roar of the wind was even louder than the silence before it. He felt and another. Searing pain then exploded on his back, face, and arms. He cried out and hugged himself, bending over into an upright

fetal position. "No..." he moaned. "Please no... It hurts." It was like something was digging hardware nails into his back and dragging them upwards. He squeezed his eyes shut, continuing to protest weakly. However, the more he protested, the more the wind and the pain seemed to increase. Things kept rushing through his body, making him tremble. Finally, he slowly started to crawl away. With every breath he took, his lungs ached like rocks were bouncing around inside of them.

He thought he could feel the heavy air starting to lift. As it did, he regained his strength and pushed himself up to his feet. But he was still being attacked. By now, he'd had enough.

"Stop it!" he screamed at the top of his lungs, tilting his head back and clenching his fists. The chaos continued behind him and slightly around him for just a few more seconds, then it all stopped and everything was still again. He took in a deep breath and looked around. The darkness was around him, blocking out every-

The world then exploded into bright white light, resembling a supernova.

thought he'd gone blind somehow. He staggered forward, a hand shielding his eyes from the light. The light slowly dimmed, and the scene before him was drastically different. He was standing in the middle of downtown Altman still, but everything had been restored to life. However, the street was chaotic. He could hear gunfire, people screaming, glass breaking, and kids crying. He slowly looked left, then right, then back down the main street. He figured he must have been right in the middle of the Colorado Labor Wars time period. Large groups of men were fighting each other out in the open. He saw one man break free and run for a side street, but a bullet to the back stopped him and he fell to the dirt. The life slowly drained out of him as Alex watched, horrified. He'd just witnessed his first murder.

He started walking, keeping against the buildings so he wouldn't draw attention to himself, but it didn't seem to matter. As he was walking, he heard footsteps coming toward him from behind. He looked over his shoulder and gasped when he saw the very first shadow figure coming right toward him, except the shadow figure was now a real person, a real man, and he had a few other men with him. He was in fact reaching for a gun. Alex took off running, not caring about being seen. Someone stepped in front of him and he literally plowed right through them. Alex was the only one to flinch. He glanced over his shoulder and saw his pursuers run right through the person as well.

He soon reached the end of the street, and the end of the town. He couldn't stop in time, and he ended up sliding down the dirt hill, rolling down the last few feet until he landed on the road below, thunking his head into something and knocking himself out.

When he awoke, he looked around and saw the greyish-pink light of morning at the top of the hill. He sat up with a groan, rubbed the sore spot on his head, and looked behind him to see that he was back at his car. He stared at it a moment, then wearily chuckled. He got up

and into it, then drove away, watching in the side mirror the few abandoned buildings rise up on the hill the farther away he got.



Though derbire

Florissant, CO 719-748-3968

Happiness **Knitting Project**

by Lisa Diamond

The Woodland Park Library is the place L to be Tuesday, October 29th from 6 p.m. to 8 p.m. This workshop will highlight how stress affects our bodies and minds including its effect on our immune system and inability to fight illness and disease. It is estimated that 60 percent of all illness is related to stress from colds to cancer. Stressed people have a 25 percent increased risk of heart attack and 50 percent increased risk of stroke.

Knitting induces a relaxation response much like meditation, increasing serotonin levels in the brain with its rhythmic motion It can increase self-esteem and a sense of accomplishment.

Come and attend this informative and fun workshop on an innovative way to reduce your stress that is easily accessible for anyone from five to 105 years of age. It is portable, affordable, and fun!

Yarn kits will be available before the event at Nikki's Knots 301 ½ E. Hwy 24 in Woodland Park, Call 719-686-6424 for more info.

Knitting for Knockers Charity Event

by Lisa Diamond

October is National Breast Cancer Awareness Month, what better way to celebrate than to come to Nuts N Bolts Needleworks located at 200 N. Chestnut in Woodland Park from 10 a.m. to 3 p.m. You may come for the entire event or any amount of time you can. It will be a funfilled day of knitting breast prosthesis for breast cancer patients of Teller County.

We will donate all "knockers" to the medical practices of Dr. Michelle DeWing and Dr. Wendy Oates. Both of these ladies provide cancer care to Teller County ladies in the Specialty Clinic at Pikes Peak Regional Hospital

All level of knitters are welcome and yarn will be available for purhase at Nuts N Bolts. Come sit, knit, visit, bring a snack to share if you wish, and support breast cancer patients of Teller County. Call 719-687-2272 or visit website theknittingexperiene. com/knitted_knockers_program/

Volunteer Efforts Make a Huge Impact

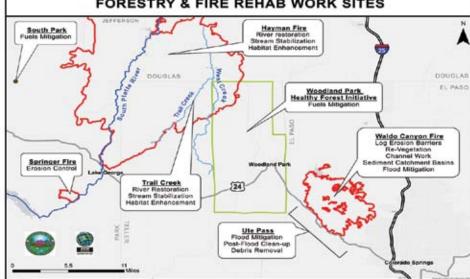
by Coalition for the Upper South Platte

rom building hardy erosion control structures to chipping large piles of slash, volunteers with the Coalition for the Upper South Platte (CUSP) have been very busy this summer. The generosity of the community is critical to the work done by CUSP. More than 5,000 volunteers are expected to lend a muchneeded hand in the Upper South Platte and contiguous watersheds this year.

With such a great and immediate need in and around the Waldo Canyon burn scar, much of the volunteer efforts this summer have focused on communities affected by the 2012 Waldo Canyon Fire. Working with multiple community, nonprofit, and government partners, CUSP and our wonderful volunteers have made significant progress on projects throughout the

- Flood mitigation and fire rehab work at Flying W Ranch is extremely important for protecting western Colorado Springs neighborhoods and the city's municipal water supply. Volunteers have given many hours to constructing erosion control barriers and raking and re-seeding native grasses and nurse crops to stabilize soils. Together, these efforts slow the flow of water and keep more sediment on the hillsides or in catchment basins and out of the water flowing
- The Alpine Autism Center sits below the denuded slopes of the Flying W Ranch in a floodplain on the western edge of Colorado Springs. In addition to working on the hillsides, volunteers have actively installed sandbag walls and barriers to divert inevitable flood flows heading towards the school and neighborhoods below. Thus far, the school has largely been spared from water damage from storm surges because of these
- Hearty volunteers have assisted with building many erosion control structures in the very steep terrain along Rampart Range. Stabilizing soil and slowing the flow of water in this area is critical for protecting areas downstream, including homes and businesses along Ute Pass, from fast-moving, sedimentladen floodwaters.
- The consequences of floods ravaging Ute Pass in recent months have required extensive community involvement to clean up debris and sort through muck. Volunteers have stepped up to help neighbor's clean homes, businesses, and common areas after every flood event.
- Through thinning and subsequent chipping efforts, volunteers have helped reduce the risk of wildfire for communities from Woodland Park to South Park. This proactive work not only makes communities safer, but also improves the health of the forest and enhances wildlife habitat. Catamount Institute's Young Environmental Stewards (YES) Clubs have been particularly active in fuels mitigation work. As part of the Woodland Park Healthy Forest Initiative, 6 YES Clubs worked in the wildland urban interface at Glen Aspen Ranch in late September helping out with a huge project to reduce the risk of wildfire in this area.
- Continuing with restoration efforts in the Hayman burn scar, volunteers worked on river restoration, stream bank stabilization, and habitat enhancement in areas such as Trial Creek, Sportsmen's Paradise, and Happy Meadows. Although the Hayman Fire struck

COALITION FOR THE UPPER SOUTH PLATTE & VOLUNTEER **FORESTRY & FIRE REHAB WORK SITES** South Park



these areas over a decade ago, these reaches of the South Platte River and its tributaries continue to experience increased sedimentation, higher risk of flooding, and compromised habitat. With the help of volunteers, these impacts have been drastically improved.

- The 2012 Springer Fire that burned near Lake George increased sediment movement into the South Platte River and Elevenmile Canyon. Volunteers have been working hard this summer to slow this erosion and improve water quality and habitat near Elevenmile
- Our volunteer efforts are successful in large part because of dedicated individuals and groups that provide long-term support for CUSP's work. In an ongoing commitment, the United Methodist Church sent groups from all over the country to help in areas with the most need during weeklong volunteer mission trips this summer. The Boy and Girl Scouts of America and the United States Air Force Cadets have also been instrumental in fire rehab efforts. Two of our long-term volunteers, John Schwabe of Florissant and Michael Bukowski of Colorado Springs, have given countless hours to improving watershed conditions and we feel very fortunate to have them as part of the CUSP team.

The communities in our region have had a very difficult summer grappling with intense flooding amplified by post-fire conditions. Taking the lessons learned from past and ongoing work in the Hayman burn scar, the Waldo Canyon Fire Regional Recovery group came together to work across boundaries, and applied these lessons to the urgent and immense needs in the Waldo Canyon Fire area.

The work of volunteers and the projects implemented by a variety of partners – including CUSP, city and county officials, the US Forest Service, Colorado Department of Transportation, Colorado Springs Utilities, Volunteers for Outdoor Colorado, and Rocky Mountain Field Institute – have saved lives, property, and vital infrastructure.

Without the hard work of generous individuals willing to commit their time to often-strenuous work and many organizations prioritizing this work, it is estimated the flooding experienced by communities downstream of the Waldo Canyon burn scar would have been twice as destructive

Erosion control, sediment catchment basins, and property protection projects have been

process in the Waldo Canyon burn scar, but we still have a long way to go. Much important work remains to be done in the Hayman burn scar to promote the development of healthy forests and ecological systems. This is still true after over a decade of rehab work, so we know the Waldo Canvon burn scar will also demand the same level of long-term commitment to keep communities safe and improve environmental conditions.

effective and have jumpstarted the recovery

With the recent torrential downpour experienced across the Front Range in mid-September, rehab progress in the Waldo Canyon burn scar has been impeded. Although the majority of structures constructed to mitigate post-fire flooding have done their job (to slow water and trap sediment and debris to reduce the damage caused by fast-moving floodwaters) some structures have been compromised. Work is ongoing to assess these structures and to repair or rebuild as needed.

In the case of sediment detention basins – large structures dug into the earth to restore floodplains and catch tons of sediment as it flows downhill in water runoff – most were filled to the brim and are now functioning to slow water by spreading it over a larger area.

When the amount of rain we saw in September falls on a burn scar, the already compromised soil becomes saturated. These soils have very little vegetation to absorb water and hold the soil in place, so when they become saturated, any more water falling in the area starts moving down the slope with increased speed and power.

While mitigation work has helped tremendously to reduce flooding damage, the rains this summer have come too often and dumped too much moisture on the burn scar for rehab efforts to prevent all flood-related destruction. Very little can hold back the kind of floods we have seen along Ute Pass in the last few months. The Waldo Canvon Fire flood mitigation efforts are designed to reduce the damage from moderate flooding and speed up the restoration process, which is what this work has done.

Volunteers are essential to ensuring mitigation work gets done as quickly as possible to protect communities and help the landscape heal. Although the summer has come to an end, volunteer work is still in full swing and will continue as long as the weather allows.

If you would like to learn more about the needs and volunteer opportunities available through CUSP, or sign up to volunteer, visit www.uppersouthplatte.org/Volunteer/. We greatly appreciate the community's support and all our volunteers!

Homeschoolers enrichment

by Annaliese Calzadilla

Now, if someone were to give you a special gift, not something you can touch, but more of something, such as permission, allowing you to hunt on their land or take vegetables from their garden, you would most understandably be grateful. You would probably even wish to repay them for their generosity and kindness.

The Community Fellowship of Christians Church, in Lake George, has done and is doing something amazing for me. No, not just me, but a whole group of people called Teller/Park County Homeschoolers. They have allowed our group to meet at their church and annex on Thursdays for our classes. Specifically, we like to call these classes Enrichment. They also allow us to have our meetings at their church, and have been lending the church to us for over 7 years for Enrichment, even longer if you include MOPS (Mothers of Preschoolers). They would not only lend their building to us, but the ladies there would cook breakfast for us during MOPS.

While we would always clean up after ourselves, we felt that we should do something more for what the church has given us so graciously. On August 29, the Thursday before our classes started for the semester, about eight families came over to the church, and we had a huge work day. We pulled all of the weeds from

Lake George Halloween Carnival

Join us for the 36th Annual Lake George Halloween Carnival on Saturday, October 26th from 3 p.m. to 6 p.m. There will be a Bounce House, carnival games, cake walk, spooky bingo, and a snack bar.

Game and raffle tickets are available four for \$1 at the door or five for \$1 in advance.

Businesses or individuals may sponsor a booth for a donation (\$25 minimum) or donate raffle prizes. Lake George Charter School is a 501(c)3 organization, so your sponsorship and donation are tax deductible

This event is presented by the Lion's Pride. All proceeds to benefit the Lake George Charter School. Please call Cori Freed at 719-687-0178 or the Lake George Charter School at 719-748-3911 for more information

around the church and the annex, did some landscaping, and we stained the playground. Several of the girls were soon tugged away from pulling weeds, to take care of the playground. Since it was wood, we used stain instead of paint. By the time we were done, our arms and clothes were brown, with lots of freckles on our faces. I'm sure we were all glad that we finished before lunch, because after lunch, it started raining, hard! This was fine, since we were all so dirty. The shower felt great!

What I really want to say is how grateful we are for everything the Community Fellowship of Christians Church has done for our young community. This workday was just one small way that we were able to show our appreciation to them.

The Teller/Pak County Homeschoolers meet at the Lake George Community Fellowship of Christians Church on Thursdays from 8:30-1:00, from September through November and January through March. If you would like more information, please contact Rena Smith at 748-4759.

Publisher's note: Annaliese originally submitted this article for our Youth Writing Contest, but because she is not senior high school level, she was ineligible for the contest. However, we felt her piece was worth printing.



Serving Southern Colorado for 25 years! THE CAR SHOW

.

Quality used cars, pre-owned campers, used motorcycles, and brand new lightweight towables.

Time to get that 4WD or AWD Vehicle!



2006 Chevrolet Uplander LT

Drivetrain: FWD Engine: 3.50L V612V Transmission: 4-speed automatic Ext. Color: Summit White Int. Color: Cashmere Mileage: 109,029 Price: \$6,995

2007 Dodge Ram 1500 Sport Drivetrain: 4WD

Engine: 5.7L V8 16V Transmission: 5-Speed Automatic Ext. Color: Flame Red Int. Color: Medium Slate Gray Mileage: 113,811 Price: \$15,495



2002 Ford F-150 Supercrew Lariat Drivetrain: 4WD Engine: 5.4L V8 16V Transmission: 4-Speed Automatic Ext. Color: Dark Highland Gray Int. Color: Medium Parchment

2006 Jeep Grand Cherokee Laredo

Drivetrain: 4WD Engine: 3.7L V6 12V Transmission: 5-Speed Automatic Ext. Color: Light Khaki Mileage: 98,103 Price: \$10,495



2005 Toyota Tacoma V6 Drivetrain: 4WD

Mileage: 140,928

Price: \$9,995

Engine: 4L V6 24V Transmission: 5-Speed Automatic Ext. Color: Radiant Red Int. Color: Graphite Mileage: 119,826 Price: \$17,995

2008 Dodge Dakota Laramie

Drivetrain: 4WD Engine: 4.7L V8 16V Transmission: 5-Speed Automatic Ext. Color: Bright White Int. Color: Dark Slate Gray Mileage: 102,109 Price: \$15,495



Our inventory is always changing, see our current selections at www.thecarshowinc.com

or call us at 719-635-7311 THE CAR SHOWING.

Family Owned with a Customer Focus



Visit us at 3015 N. Nevada Ave. **Colorado Springs**

• • • • • • • • • • • • • •

Discover the unique history of Fairplay

High Altitude Sleep Disorders

Dikes Peak Regional Hospital (PPRH) announced the opening of an inpatient Sleep Study

cally designed to help restore restful sleep and allow patients to resume a normal lifestyle.

Bice said the new center will put more focus on high altitude sleep disorders.

complications which can result from interrupted sleep patterns.'

will check in for monitoring overnight and leave early the next day.

Center on the hospital campus, 16420 W. Highway 24, Woodland Park. The center offers

patients (adults and children) comprehensive diagnostic testing for chronic sleep disorders specifi-

"Our goal is to provide patients a personalized approach to diagnosing and then treatment op-

tions for their sleep conditions," said Rodney Bice, Chief Nursing Officer at PPRH. "We want to

help diagnose the disorder so patients can return to a productive lifestyle and avoid further health

"Living at high altitude, especially above 8,000 feet, people tend to experience greater difficul-

Nationally, an estimated 40 million Americans annually suffer from chronic, long-term sleep disorders.

ty getting proper sleep," he said. "Those who currently suffer with sleep disorders may experience

abnormally low levels of oxygen, and as a result, experience higher severity of symptoms.

Health issues resulting from improper sleep can include serious conditions such as heart disease. high

health consequences. Fortunately most sleep disorders are readily treatable once they are diagnosed.

blood pressure, diabetes and obesity. Many are unaware, undiagnosed or unconcerned about the serious

The Sleep Center at PPRH can diagnose a broad spectrum of sleep disorders including sleep

new center will allow patients to complete their entire sleep evaluation within 6-8 hours. Patients

The center is located in a convenient yet private area of the hospital so very few if any distrac-

tions will prevent patients from getting a restful night's sleep while they are being monitored. The

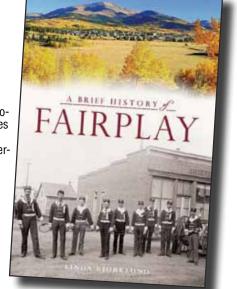
two sleep study rooms will be monitored from one central location, where technicians can moni-

apnea, narcolepsy and parasomnias such as night seizures, sleep talking and sleep walking. The

A Brief History of Fairplay by Linda Bjorklund

Explore Fairplay from the beginning with lo-Cal historian Linda Bjorklund as she traces the town's story through Spanish settlers, early American government, Union-Confeder ate tensions and modern developments.

E-book available through Barnes & Noble and Amazon. Hardcopy is available at both the **Museum and the Ranger Station** in Fairplay.



Life Source Chiropractic Experience the Difference

- **First Visit Includes:**
- Consultation Evaluation
- Chiropractic Adjustment

212 S. Chestnut St., Woodland Park, CO 719-686-5599

Add \$30 and get TWO Chiropractic Adjustments Insurance not accepted for this offer.

Patriot Technology Solutions, Inc. "We put technology to work for you!"



Office Phone: (719) 286-7123 smd@patriottechsols.com www.PatriotTechSols.com

lention this ad and receive 10% discount on IP cameras for your surveillance system

- surveillance systems
- Motion Detection video recording runs compressed on your existing network or one we install for you. Indoor/Outdoor rated, full color
- 1080P/720PHD Cameras, true Day/Night Infared capability. Smartvue Network Video Recorders with Cloudyue remote monitoring over Ipad, Iphone,
- Laptop, or Desktop Smartvue VMS Software to manage vour surveillance videos.
- IP Security Surveillance * Commercial LED Lighting **\$** Reduces energy costs by 75% average
 - saving on operating expenses. **\$** Reduces maintenance costs lasting 35-50 times longer than incandescent and 2-5 times longer than fluorescent. No bulb replacements, no personnel-on-ladders constantly changing blown bulbs/ballasts.
 - **\$** Reduces cooling costs due to LEDs producing very little heat.
 - **\$** Durable and guaranteed with a minimum three-year warranty.
 - **\$** Solutions for any retail operation including Grocery, Liquor, Convenience, Hardware stores.

New Lawyer in Woodland Park!



Kirk Garner Attorney at Law

General Civil Practice

- Contract Disputes
- Adjoining Landowners Personal Injury

Family Law

- Dissolution of Marriage
- Child Custody
- Parental Responsibilities

719-687-6869

Office located in the Pikes Peak Credit Union 720 W. Midland, Suite 201

Woodland Park kirk@kirkgarner.com

Paradise Spirits Liquors

Safeway Center • Woodland Park

719-687-4256

Beer Buffet

Mix-A-SixPack 150 Different Beers!

· Wine Discount

5 Bottles 5% Off, 6 Bottles 6% Off, etc. Up to 12 Bottles 12% Off!

FOXWORTH

GALBRAITH

LUMBER COMPANY

Need Home

20 Packs \$17.77



Improvement?

Wide Selection of

Windows • Lumber • Roofing • Insulation • Windows

Farm & Ranch • Housewares • Fencing • Plumbing

Electrical • Lawn & Garden • Hardware • Paint & Stain • Doors

10% OFF Farm & Ranch!

Cattle Gates • Horse Fence • Field Fence

NOW IN STOCK

Propanel II Metal Roof (Forest Green)

10% OFF Stock or Special Order

Good till October 31, 2013

300 S. Chestnut

Woodland Park

(719) 687-9205

Bud & Light



Coors & Coors



Museum Benefit Auction October 12th

by Pikes Peak Historical Society

 T^{ava} (Ute for Pikes Peak) commands the eastern horizon of Teller County, a constant reminder of the First Nation of people in this region. Ute Pass, another of their legacies, threads its way into the heart of the Front Range making Teller County a major doorway to the Rocky Mountains

Pikes Peak Historical Society, headquartered in Florissant, honors this heritage each year by helping the Ute to return to their homelands. In August, 2005, the Pikes Peak Historical Society opened their new 2600 square foot Pikes Peak Historical Society Museum in downtown Florissant. In order to pay the mortgage on their museum, the Pikes Peak Historical Society is holding a benefit auction at 2:00 pm at the Florissant Library on Saturday, October 12th.

Each fall, the Pikes Peak Historical Society sponsors the Ute Nation as they return to their ancestral lands at Pikes Peak. The Society

also works to preserve the history of the area through the Museum, monthly educational programs, stewardship of the Florissant cemetery, informational kiosks, and community outreach programs such as an annual clean-up day. All of these activities are funded by memberships. grants, donations and this annual action. We receive no tax money for this work.

Merchants and residents throughout Teller County have donated everything from dinners for two, weekend getaways, gems and minerals of the region, crafts and artwork. These, and more, will be auctioned in a fun-filled afternoon at the Florissant Library, located at 334 Circle Drive next to the Community Park in Florissant Hot, spiced cider, coffee, juice and popcorn will be provided free. There is no admission to the auction. Items will be available for viewing at 12:00 pm prior to the auction. For more information, please call 719-748-3562.

What's your retirement "Contingency Plan?"

 \mathbf{Y} ou probably have thought about what you'd like to do during your retirement years. But all your plans probably depend, to at east some extent, on your financial situation. What happens if you reach the age at which vou wish to retire and you just don't have the noney you thought you'd have?

If this occurs, it's time for "Plan B." What does that look like? Here are a couple of

•Continue working. If you like your job, you may not mind working an extra year or so. You'll be bringing in more income and contributing more to your 401(k) or other retirement account, and perhaps almost as importantly, you may be able to avoid tapping into these retirement accounts, thus giving them more time to potentially grow. (However, once you turn 70½, you'll need to begin taking withdrawals from your 401(k) and a traditional IRA.) But if you are really not enamored with the idea of working any longer, you might find that even the ability to "beef up" your retirement plans for another couple of years isn't much consolation.

•Adjust your retirement lifestyle. It's pretty simple: If you don't save as much as you had planned for retirement, you probably can't do all the things you wanted to do as a retiree. For example, you may not be able to travel as much, or pursue your hobbies to the extent you'd like.

Clearly, you'd like to avoid these "retirement contingency plans." To do so, though, you'll need to take steps well before you retire. The most important move you can make may be to contribute as much as you can possibly afford to your IRA and your 401(k) or other

employer-sponsored retirement plan.

During the last several years before you wish to retire, you may be in a strong position to "max out" on these plans because, at this stage of your life, your income may be at its highest point, your children may be grown, and you may even have "retired" your mortgage. If you still have money left with which to invest, you may want to look at other tax-advantaged vehicles that can be used for retirement.

But while it's important to put in as much as possible into your retirement accounts, you need to do more than that — you also must put the money in the right investments within these accounts. Your exact investment mix should be based on your individual risk tolerance and time horizon, but, as a general rule, these investments must provide you with the growth potential you'll need to accumulate sufficient resources for retirement

Of course, as you know, investments move up and down. You can't prevent this, but you'll certainly want to reduce the effects of volatility as much as possible when you enter retirement. Consequently, during your final working years, you may need to adjust your retirement accounts by shifting some of your assets (though certainly not all) from growth-oriented vehicles to income-producing ones.

It's a good idea to have contingency plans in place for virtually every endeavor in life and paying for your retirement years is no different. If you can make the right moves to avoid the contingency plans in the first place, then so much the better.

This article was written by Edward Jones for use by Tracy E Barber IV, AAMS, your Edward Jones Financial Advisor.

Emma Crawford Wake Oct. 25th

Tn 1889, Emma Crawford came to Manitou with her mother and fiancé, hoping to benefit from Manitou's healing waters. Emma rallied and was busily preparing for her wedding, but fate held a different card and she succumbed to consumption.

Father Jean Baptist Francolon and his mother, Marie opened their magnificent home, Miramont, for Emma's wake. The cost of admission will grant you entrance into Miramont, viewing of Emma laid out in the parlour in pure Victorian splendor, a Victorian Wake, and a generous buffet dinner. Viewings every 20 minutes. The first viewing is at 6 p.m. and the last one 7:20 p.m. Adults \$40, Children 12 and under \$30, Call 719-685-1011 to n

Looking for a way to save?

You need to insure both your auto and your home, so why not save money in the process? Call today for a fre no-obligation look at auto and home discounts from American Family





INSURANCE All your protection under one roof ®

American Family Mutual Insurance Company and its Subsidiari American Standard Insurance Company of Wisconsin ome Office - Madison, WI 53783

American Family Insurance Company American Standard Insurance Company of Ohio Home Office - Columbus, OH 43240 仚 amfam.com



Mark J. Bentele, DDS, MS, PC

All the great service that Bentele Orthodontics is known for is now conveniently available in Teller County. All orthodontics services are available at this location with no need to go elsewhere.

400 W. Midland Ave., Suite 110 Woodland Park

719-687-6129 office@inner-smiles.com

Fall Big Game Hunting

by Jeff Tacey

R ifle big game hunting for deer, elk and bears starts in the month of October. There are four separate big game seasons. First season is October 12-16. Second season is October 19-27. Third season is November

2-10. Fourth season is November 13-17. First and Fourth seasons are draw for elk, there may be some left over tags check cpw. state.co.us to see if there are leftovers.

Second and third season are the most popular as each is nine days long and you can buy an over the counter tag (OTC).

Deer license are all draw which happens in the springtime. You can buy a bear license for certain game management units (GMU), but there are caps only so many are sold for each unit.

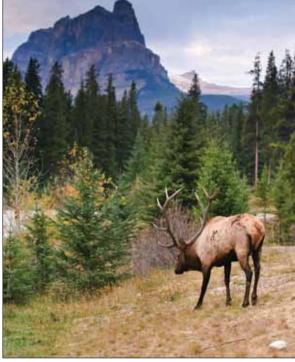
OTC elk second or third season is your best chance for hunting if you want to try and put some meat in the freezer.

The colder and snowier the weather is, the better the hunting. Some popular areas to try are County Road 98 and 92 going towards Elevenmile Reservoir, County Road 5 (Manchester Creek Road) going north out of Divide into the Hayman burn area. Also Forest Road 300 up by Rampart Reservoir is a good area.

To get away from the crowds and traffic hike up onto Pikes Peak and backpack in for a few days, to

gain access on Pikes Peak go up the Backside Trail off of Forest Road 383 or up County Road 8 (Gold Camp Road).

Check the 2013 Colorado Big Game Guide as some areas are also draw for elk. Know all rules and regulations before going out. I have a third season deer tag; maybe I will see you



Junior Achievement reaches more than 160 students at Cresson

On Thursday, September 26th, Junior Achievement (JA) of Southern Colorado along with 10 Teller County volunteers representing Woodland Park businesses and service clubs, plus community members from both Woodland Park and Cripple Creek spent the day teaching the Junior Achievement in a Day curriculum, also known as "JA in a Day", to the 1st through 6th grade elementary school students at Cresson Elementary in Cripple Creek.

Guided by the classroom volunteers, more than 160 students enjoyed learning about financial literacy from interactive programs designed to teach personal finance, work readiness, entrepreneurship, economic skills, and empower young people to own their economic success. Business volunteers represented People's Bank, Bad Rock Auto, a Woodland Park lawyer and an appraiser. Service club volunteers represented the Pikes Peak Rotary Club and the Ute Pass Lion's Club.

Students learned to recognize the difference between wants and needs, and understand life outside of their home and school by exploring businesses, the roles of people working in a community and the skills needed to perform certain jobs. Through engaging activities, these students also learned about STEM (science, technology, engineering, and math) skills and resources.

As JA volunteers share their real-world experiences and present JA materials, they help students connect what they learn in school with what they can expect in the world of work. But the students aren't the only ones who benefit from IA - the volunteers enjoy being in the classrooms as well.

Pikes Peak Rotary Club President, Mike Sperry shared that he thinks the best thing "is to see the student's enthusiasm." "It's a real pleasure to be back at Cresson for the 6th year with our service organization and to bring the specialized JA curriculum to the students." Rotarians will back at Cresson this fall for the 9th year of their "Dictionaries for 3rd Graders" project which distributes dictionaries to all third graders in Teller County.

Osage Apps LLC, a mobile app development company headed by Bill Rentfrow and John Applegate, based in Teller County, sponsored lunch for the JA volunteers. "JA is a great tool for the schools," said Rentfrow. "As community members, we need to do anything we can to help students develop the skills they need to succeed in the working world."

"I just want to say how grateful we are for the Junior Achievement program and for all of the volunteers who took the time to be here with us today, "said Cresson Elementary School Principal, Miriam Mondragon. "This is one of the highlights of the school year!" Volunteer with or donate to Junior Achieve-

ment and be a positive influence on the future of young people in Teller County. Contact Sherri L. Albertson, Teller County Area Coordinator at (719) 650-4089 or via email to sherri.albertson@ja.org for more informa-



Pikes Peak Rotary Club President, Mike Sperry, listens to the students in Stephanie Korb's 1st grade class.



Cripple Creek community member, Kathy Daugherty, representing People's Bank in Woodland Park, with students from Holly Sturgill's 3rd grade class.



Pikes Peak Rotarian, JJ Jamison, shares her insight with students from Tonya Copley's 6th grade class.

tion. The JA in a Day programs will resume at Columbine Elementary next February, Summit Elementary in April and Gateway Elementary in May. JA also hopes to start an after school program for Woodland Park middle graders this school year and to assist with business classes at the high school level.





health issue, such as sleep apnea,

Whatever your problem, sleeping better may be just a dream away.

Talk with your doctor about scheduling a sleep study. We'll get you in to see us quickly to help you start sleeping better sooner.

For more information, call 719-687-9999 or visit www.pprh.com today.

Specializing in high altitude sleep disorders. We won't rest until you do!

Discover Top Rated Healthcare in Woodland Park



Wednesday 2pm-6pm

108 North Park Woodland Park 719-687-2388





A labor of love

by Maurice Wells photo by Maurice Wells

In 1919 the Fordson, later Ford, tractor was becoming a major influence in American agriculture. To have one today and have it running is a tribute to the equipment and its owner.

In 2003 Bill Gilley, life-long resident of the Lake George area, found a 1919 Fordson in Deckers "on steel" meaning all of the tires are metal. Much to Gilley's surprise, the engine was not seized as is common with older equipment. H worked on the engine and was able to get it into operational condition, but determined that the clutch was broken. The design of the clutch was unique in that it had no typical clutch surface, but was a series of metal plates in a bath of gear oil.

After much searching, he found a person in South Carolina who had several similar tractors. This gentleman was able to give Gilley many helpful hints about the clutch design and how to make the necessary repairs.

Gilley cleaned the exterior and painted the tractor the original gray, but added a touch of red to the four steel wheels. It took Gilley about a year to complete the repairs and restorations. He now takes the tractor to local pulls in Lake George and Salida where the 2500 pound tractor has been known to pull 186 percent of its weight on a sled. Usually, it is the oldest operating tractor at the pulling events.

Thanks to Bill Gilley for his time and devotion in keeping



1919 Fordson tractor on steel

PPACG seeks Senior Information and Assistance volunteers

by Jacquelyn Puett

Do you want to make a difference in the lives of individuals age 60 and older who live in El Paso, Park, and Teller counties? The Pikes Peak Area Council of Governments (PPACG) is recruiting customer service volunteers to assist in the Senior Information and Assistance Center (SIAC). Volunteers will connect older adults with appropriate community resource information that promotes their independence and quality of life. Volunteers should have strong customer service skills, excellent phone skills, and general office clerical skills (including basic computer skills). Volunteers will be trained in using the Senior Information and Assistance Community Resource database, the Network of Care website database, and the Senior Directory known as the Yellow Book. Volunteers will be asked to commit to at least one shift of four to seven hours per week. If interested, please contact Pamela Haugard, 471-7080 x112.

AmeriGas Propane gives back to Guffey

Community Charter School

by Pam Moore photo by Pam Moore

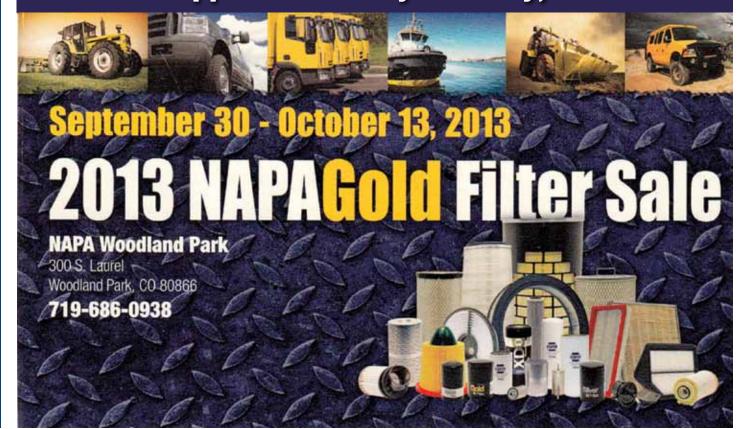
Dictured is Guffey School's middle school class along with Mila Sacket and J.J. Craig of AmeriGas Propane Company who presented the school with a check for \$551 as part of the AmeriGas, "School Days Program" This is Guffey School's second year of participating in this program which offers schools a \$0.02 per gallon incentive whenever a propane customer brings the school their receipt. Last school year the money was used for landscaping improvements to the school's playground and campus. This year, all money from the program will be used to upgrade the school's computer network.

New to the program this year is that, MarGas, a division of AmeriGas, will be participating in the "School Days Program," too.

If you would like to help Guffey School earn funds from this program, please mail, email (pmoore@ guffeyschool.org) or bring in a copy of your AmeriGas or MarGas receipt to: Guffey School, PO Box 147 Guffey, CO 80820.



Customer Appreciation Day! • Friday, October 4th



More on genetically modified organisms (GMOs)

by Carol Grieve`

Trecently attended the National Heirloom Expo in Santa Rosa, California. Food Integrity Now was part of the press for the event. This event took place over three days. The Expo was a celebration of heirloom seeds and pure food. The Expo was also an educational event with much information regarding many topics, including organic gardening and farming, permaculture, aquaponics, growing your own food, and seed saving, just to name just a few. There were over 100 speakers over the course of three days

One of the Key Note Speakers was Jeffrey Smith from the Institute of Responsible Technology (www.responsibletechnology.org). Jeffrey Smith is the leading expert in the world on GMOs (genetically modified organisms). Jeffrey has been studying the science behind what GMOs do to the physical body and is well-respected by his peers for his work in this area. That being said, I would like to share with you some of the more current science and studies that have been conducted that are conclusive that GMOs can cause a whole myriad

I am going to start with the basics again for those of you who are unfamiliar with the

What exactly is a GMO?

A GMO is the result of a laboratory process where genes from the DNA of one species are extracted and artificially forced into the genes of an unrelated plant or animal. The foreign genes may come from bacteria, viruses, insects, animals or even humans. Because this involves the transfer of genes, GMOs are also known as "transgenic" organisms.

Genetic engineering is completely different from traditional breeding and carries unique risks. In traditional breeding it is possible to mate a pig with another pig to get a new variety, but is not possible to mate a pig with a potato or a mouse. Even when species that may seem to be closely related do succeed in breeding, the offspring are usually infertile: a horse, for example, can mate with a donkey, but the offspring (a mule) is sterile.

With genetic engineering, scientists can breach species barriers set up by nature. For example, they have spliced fish genes into tomatoes. The results are plants (or animals) with traits that would be virtually impossible to obtain with natural processes, such as crossbreeding or grafting.

What corporations are creating GMOs?

Monsanto, Dow, Bayer, DuPont, Syngenta, and BASF produce the great bulk of the world's pesticides and increasingly, seeds. Keep in mind Monsanto also brought us Agent Orange and DDT and they told us not to worry because those chemicals were safe. We now

Why should you care about eating GMOs?

Genetically modified foods have been linked to toxic and allergic reactions, sick, sterile, and dead livestock, and damage to virtually every organ studied in lab animals. The effects on humans of consuming these new combinations of proteins produced in GMOs are unknown and have not been studied enough to learn the long-term effects. We are, in essence, the human guinea pigs!

Crops such as Bt cotton produce pesticides inside the plant. This kills or deters insects, saving the farmer from having to spray pesticides. The plants themselves are toxic, and not just to insects. Farmers in India, who let their sheep graze on Bt cotton plants after the harvest, saw thousands of sheep die! Herbicide tolerance lets the farmer

Tea

Coffee

Latté

Juice Soda

Cappuccino

likki's

Enjoy the relaxed atmosphere where you can

sit down and have a drink while you knit!

Shop for your favorite knitting supplies with brands like:

Addi, CoBasi, Simply Worsted, Skacel, Schoppel and more.

Classes for adults and children

Knitting groups welcome

301 Hwy 24 • Woodland Park • (719) 686-6424 • NikkisKnots.com

weed-killer directly on the crop without killing it. Comparative studies on the toxic residues in foods from such crops have not yet been done.

Pollen from GMO crops can contaminate nearby crops of the same type (except for soy, which does not cross-pollinate). Virtually all heritage varieties of corn in Mexico (the origin of all corn) have been found to have some contamination. Canola and cotton also cross-pollinate. The long-term effects on the environment could be disastrous.

What crops are known to be genetically modified (GM)?

Currently commercialized GM crops in the U.S. include soy (94%), cotton (90%), canola (90%), sugar beets (95%), corn (88%), Hawaiian papaya (more than 50%), zucchini and yellow squash (over 24,000 acres).

Products derived from the above, include oils from all four, soy protein, soy lecithin,

only genetically modified grain showed markedly higher stomach inflammation than pigs who dined on conventional feed, according to a new study by a team of Australian scientists and U.S. researchers. To download the Study go to: (http://gmojudycarman.org/wp-content/ uploads/2013/06/Clear-English-explanation-ofthe-study-for-website-11Jun13.pdf)

The study adds to an intensifying public debate over the impact of genetically modified crops, which are widely used by U.S. and Latin American farmers and in many other countries around the world. The study was published in the June issue of the peer-reviewed "Journal of Organic Systems" by researchers from Australia who worked with two veterinarians and a farmer in Iowa to study the U.S. pigs.

October 12, 2013. If you would like to listen to

tynow.org and "Join Us". Please don't forget to

The study was conducted over 22.7 weeks

using 168 newly weaned pigs in a commercial

U.S. piggery. One group of 84 ate a diet that

incorporated genetically modified soy and

corn, and the other group of 84 pigs ate an

equivalent non-GM diet. The corn and soy

feed was obtained from commercial suppliers.

the study said, and the pigs were reared under

identical housing and feeding conditions. The

pigs were then slaughtered roughly five months

later and autopsied by veterinarians who were

Researchers said there were no differences

seen between pigs fed the GM and non-GM di-

ets for feed intake, weight gain, mortality, and

But those pigs that ate the GM diet had a

- 32 percent of GM-fed pigs compared to 12 percent of non-GM-fed pigs. The inflammation

was worse in GM-fed males compared to non-

GM fed males by a factor of 4.0, and GM-fed

factor of 2.2. Also, GM-fed pigs had uteri that

were 25 percent heavier than non-GM fed pigs.

One of the marketing ploys the biotech

companies use to promote their GMOs is that

we need them to feed the world. This has been

females compared to non-GM-fed females by a

routine blood biochemistry measurements.

higher rate of severe stomach inflammation

not informed which pigs were fed on the GM

diet and which were from the control group.

confirm you email. When this show is released,

you will receive an email.)

this interview, please go to www.foodintegri-

Lead researcher Judy Carman is an epidemiologist and biochemist and director of the Institute of Health and Environmental Research in Adelaide, Australia. (I will be interviewing

GMO crops are actually used for feeding humans. Here are some percer ages that may



Carol Grieve

 Percentage of U.S. GMO soy used for animal feed and fuel production (70% to feed and 25% to

Percentage of U.S. GMO corn that is used for animal feed (40%) and fuel production

 Percentage of world's GMO canola seed oil used in animal feed (67%).

This doesn't sound much like feeding the

GM crops have always come with promises of increased yields for farmers, but this has rarely been the case. A three-year study of 87 villages in India found that non-BT cotton consistently produced 30 per cent higher yields than the (more expensive) GM alternative. It is now widely accepted that GM soybeans produce consistently lower yields than conventional varieties. In 1992. Monsanto's own trials showed that the company's Roundup Ready soybeans yield 11.5 per cent less on harvest. Later Monsanto studies went on to reveal that some trials of GM canola crops in Australia actually produced yields 16 per cent below the non- GM national average.

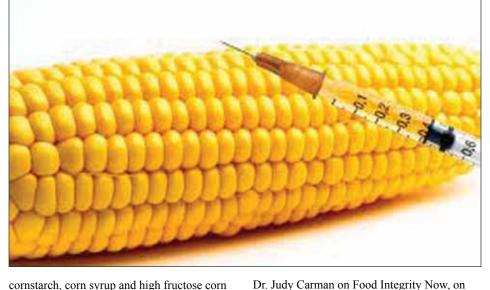
I recently interviewed Hossca Harrison who has been studying the science of GMOs and what they do to the brain. One of his conclusions is that GMOs cause a disconnect between the mind and the brain. The brain is basically a computer and many do not understand the mind is different than the brain. When there is a disconnect between the brain and the mind, this is when the brain becomes more susceptible to being controlled. I believe there is merit to this conclusion. (To listen to this interview, go to http://foodintegritynow.org/2013/09/24/hosscaharrison-energy-consciousness-gmos-food/)

Why have so many people allowed the introduction of pesticide-laden food into our global food supply? Are we becoming a nation that is too passive? Who stands to gain by our passivity? I don't have all the answers but I certainly think these are questions to ponder.

I think the bottom line is that since the introduction of GMO foods into our food supply there has been an increase in many diseases, allergies, gluten intolerance and much more. The corporations producing these seeds and pesticides have a motive. I feel the motive is start rejecting GMOs by not buying them, these corporations would have to discontinue change the outcome before the cross-contamination of GMOs has gone too far. What will

greed and control. We have a choice; we vote with our dollars. If the American people would their use of GMOs. We have a choice now to vou choose? Be well

Carol Grieve' is a Certified Life Coach and Health and Wellness Coach. She is the host of an internet talk radio show, Food Integrity Now (www.foodintegritynow.org). If you are interested in learning more about various food topics that affect your health and the quality of your life, please subscribe to www.foodintegritynow.org to receive information on issues that are relevant to your health. There are over 100 shows on the website with some of the best food experts in the world. For more information on emotional or health-related issues or for food and wellness coaching, contact Carol at carol@ foodintegritynow.org or call 415-302-7100.



cornstarch, corn syrup and high fructose corn syrup among others. Also:

 meat, eggs, and dairy products from animals that have eaten GM feed (and the majority of the GM corn and soy is used for feed); dairy products from cows injected with rbGH

(a GM hormone); food additives, enzymes, flavorings, and processing agents, including the sweetener

aspartame (NutraSweet) and rennet used to make hard cheeses; and • honey and bee pollen that may have GM

sources of pollen. It is important to understand the health risks of consuming GMOs. Children are more susceptible to the dangers of GMOs because of

Young, fast-developing bodies are influenced

• Children are more susceptible to allergies

Children are more susceptible to problems

with milk · Children are more susceptible to nutritional

• Children are in danger from antibiotic re-

The list of health risks of GMOs are too many to list in this article. You can go to http:// www.responsibletechnology.org/health-risks to

The pig study

Here is some information regarding one of the studies that was conducted this year by a n scientists. Pigs fed a diet o

proven incorrect over and over again. First of all let's understand what percentage of the Open Tues - Sat 10am - 8pm

Deal Days ~ All Hot Tubs Must Go Check out this YouTube link; http://www.youtube.com/watch?v=ltlVF_GEf-8 ather....Anywhere.... The "only" Hot Tub Engineered for Colorado's Climate! The most energy efficient

Lowest Prices of the Year. We Service All Brands of Hot Tubs

Oct. 16-19 Parking Lot Sale Event



starting@ A-a-a-a-h-h-h-h! \$2999

We sell Certified, Re-Furbished, Warranted **Arctic Hot Tubs**

Hot Tubs



Income Taxes

All 50 States

~OUT AND ABOUT~

Check out these activities going on right here in this area. If you know of an activity we should include, please call one of our reporters or email us at utecountrynewspaper@gmail.com.

ALMA

ALMA'S ONLY BAR 4 Rising Lion 11 Walsher Clemons 18 Dragondeer 25 Ashley Raines

CASCADE 10 Art Show and Wine tasting at The Winery at Pikes Peak from 5:00 p.m. to 7 p.m. Maija the Artist who creates pastels of Native American Indians wolves, mountain men and much more, will be the featured artist at an art show and wine tasting. The Winerv at Pikes Peak will feature their new signature wines with light appetizers. Cost of the event is \$ 20.00 per person. The Wines at Pikes Peak is located at 4455 Fountain Avenue at the entrance to the Pikes Peak Highway in Cascade, CO.

CRIPPLE CREEK 4 thru Nov 2 - Halloween Show

at the Butte. Call Thin Air Theatre for more information 19-689-3247 8 & 22 Cripple Creek and Victor

Christmas event planning meetings will be Oct.8 and 22, beginning at 9 a.m. in the Conference Room at the Aspen Mine Center. The event is December 12-15, 2013. Please check schedule after Nov. 5, at visitcripplecreek com and posters, etc.

12 Mine to Mine Challenge. History meets Modern Day in this unique road race from a historic "Old West" Mine to a present day working mine. The City of Cripple Creek will host its Second Annual Mine to Mine Challenge race on October 12 at 10 a.m. Enjoy an exciting run down State Highway 67 from the Mollie Kathleen Mine to the Cripple Creek and Victor Mine. The 9k trail presents scenery so stunning, the runners may need a reminder to keep breathing! Runners of all levels are encouraged to participate. Entry Fee is \$35, Race day sign up cost is \$45, and only \$30 for

filitary/Students! To register go

to www.Active.com - Mine to

Mine Challenge 2013

Save the date: The Third Annual "Cup of Christmas Tea"; will be Saturday, November 2 at the Aspen Mine Center. This is a fundraiser for the Gold Camp Christmas event. Tea tickets are \$15 each. Hosts/ hostesses are needed to help with food and serving. Contact Kathi Pilcher at 659-3599 or kathipilcher@yahoo.com

DIVIDE

14 Divide Little Chapel on the Hill – Food Pantry 4:30pm-

by Randy Hampton

Parks and Wildlife.

6:30pm. For more info 719-

25 Annual Potato Soup Supper and Program at Pikes Peak Community Club in Divide begins at 5 p.m. Call Ute Pass Historical Society 719-686-7512 for more information. 28 Divide Little Chapel on the

Hill - Food Pantry 4:30pm-6:30pm. For more info 719-

FLORISSANT 12 Pikes Peak Historical Society Museum Benefit Auction view ng begins at noon, auction begins 2 p.m. Call 748-3562

FLORISSANT GRANGE

26 The Fall Craft Show is October 26th, from 9 a.m. to 3 p.m. This is a great time to start your Christmas shopping. Hand-made and one of a kind items always make great gifts. Crafters and Vendors will be selling their beautiful work, so come join us and start your shopping. Call 719-748-0358 for more information.

31 Treat Street Halloween Party from 6 p.m. to 9 p.m. as the Florissant Grange is transformed into a Halloween House extraordinaire. Join us for kids' games, crafts, lots of treats, and fun. For more information call 719-748-0358

The annual FREE THANKS-GIVING DINNER is Nov. 28th from 6:00 to 9:00. Please mark your calendars and join us. If you wish to volunteer or help us cook Turkeys or side dishes, please call 719-748-0358. Everyone is welcome to enjoy this Thanksgiving Dinner sponsored by the Florissant Grange and the Florissant

Jam Night - Every Thursday all year the Grange Hall is open from 6 p.m. to 9 p.m. for the Jammers Music and Pot Luck. Yoga - classes are held each Monday evening at 5:30 and

Tuesday and Thursday mornings. Call Debbie at 748-3678

GUFFEY

25 & 26 Bull Moose presents Lissa Hanner and Super Chuck from 6 p.m. to 9 p.m. Call 689-4199 for more information

Guffev Library November Book Sale and Silent Auction preparation is underway. Come in Tues, Nov 5, through Tues, Nov 26. Contact Guffey Library for more info--689-9280.

HARTSEL

12 Harvest Center of Colorado - Food Pantry noon to 1 p.m.

It's Fall in Colorado

ill is right around the corner, and it is time

Black bears typically accumulate their winter-

\(\Gamma\) to be especially bear aware, says Colorado

fat stores in the fall during hyperphagia. They

can forage for up to 20 hours a day, consum-

ing nearly 20,000 calories and occasionally

wandering into residential areas looking for

reduce those conflicts, said Sabrina Hurwitz,

district wildlife officer in Colorado Springs.

food. Human-bear conflicts are a fact of life in

Colorado, but with some simple actions can help

"Taking steps to keep your house and prop-

erty free of potential food sources can prevent

a bear from being killed," she said. "Once a

bear has gotten a taste of human food sources,

The biggest issue in conflict situations is the

Much of what people throw away smells like

conflicts start, and most conflicts end with a

availability of human sources of food -- gar-

bage, pet food, livestock food, compost piles,

bird feeders, chicken pens, etc. Bears have a

food to a bear. Standard metal or plastic trash

cans will not keep a bear away. Once a bear dis-

covers a food source, it will continue to return,

and could defend the source if it feels threatened.

Being "Bear Aware" can make a difference in

phenomenal sense of smell and can pick up

odors of food sources from miles away.

bear being relocated or euthanized."

LAKE GEORGE CHARTER

26 Come to the 36th Annua Lake George Halloween Carnival from 3 p.m. to 6 p.m. There will be a Bounce House, carnival games, cake walk, spooky bingo and snacks. See page 15 for more information or call Cori Freed 719-687-0178 or Lake George Charter School at 719-748-3911.

SCHOOL

LAKE GEORGE COMMUNITY CENTER

ONGOING Wed: 9am Low Impact Exercise 1st & 3rd Fri: Lake George Quilters Square 9:30-1:30pm 4th Fri: 9:15 Friends of the Library - Book Clubs "Tainted Tea" and "Titles" meet

Help U Club: We have our meetings the 3rd Thursday of the month at the Lake George Community Center, starting with potluck at noon and our meeting at 1:00 pm. We are all "Good Cooks." We are seeking new members. This would be a good place for new members to the community to meet people while helping out their community

TASTE OF TELLER

Shining Mountain Golf Course in Woodland Park from 5:30 p.m. to 8:30 p.m. Tickets are \$45 (\$80 per couple). Call 719-686-0705. All proceeds benefit Community Partnership.

TELLER SENIOR COALITION Annual Fall Bazaar at Woodland

Park Senior Center from 8 a.m. to 1 p.m. Senior crafters, holiday items and our usual mish mash of recycled goods, bake sale, and Quilters Above the Clouds will be selling fabric. 12 Community Health Fair at Pikes Peak Regional Hospital from 8 a.m. to noon. There will

be lots of free or discounted services. WPSCC & TSC will provide bone scans and samples of Ensure. 19 Monthly Pancake Breakfast from 7:30 a.m. to 10:30 a.m. at the Woodland Park Senior

Center. All You Can Eat \$6. 27 Ute Pass Chamber Players Benefit Concert, begins at 3 p.m. Come to enjoy the music of Brahms, Lecuona. and Mystery Pieces for Diverse Instruments at High View Baptist, 1151 Rampart Range Road. Tickets \$15 at WP Senior Center, Call Pamela Argo for

nan-bear interactions. Some simple rules can

• Follow your community's trash ordinances, and

pick up instead of the night before.

Keep all ground floor windows and doors

if your community doesn't have an ordinance,

be sure to put your garbage out the morning of

closed and locked. Keep garage doors closed.

of you, your family, your neighbors and the bear.

Don't put out food for other wildlife - like birds

and small animals - that might attract bears.

• Always lock your vehicle and don't leave

• Pick fruit as it ripens and don't let it rot on the

odorous food, trash or air fresheners inside.

Many parts of Colorado have experienced

forage such as berries and acorns. Bears prefer

natural food when it is available, but residents

"My experience is that it doesn't matter

what kind of year it has been for natural food

production. Garbage is so readily available to

bears that some bears seem to choose to forgo

town to grab those easy calories," said Kristin

foraging for natural food and will come into

Cannon, district wildlife officer in Boulder.

and visitors shouldn't let their guard down until

monsoonal moisture in recent weeks and that

has lead to good production of natural fall

bears enter hibernation in mid-November.

• Never feed bears - it is illegal and risks the safety

Back-To-School, Football and Hungry Bears -

make a difference:

WOODLAND PARK

music
4 Johnny Graves & The Blue 11 Cari Dell

18 Luke Ellington Blues Band 25 Jake Loggins Call 719-687-1465 for more

WOODLAND **PARK DINOSAUR RESOURCE** CENTER

19 Earth Science Week: The Air Force Academy presents 'Physics is Phun" from 11am-3pm. There will be over 15 physics demonstrations, many of them hands on. The demonstrations will use both everyday objects like rotating stools, soda cans and scientific equip ment. There will be 2 shows a 11:00 & 3:00. Check out our

website for complete details. 26 Halloween Celebration: Come and join Cathy Kelsay at the DRC for a playful puppet workshop. Learn how to be a puppeteer and make your own bag puppet. Be sure and wear vour Halloween costume and join in our contest and parade right after the workshop. There will be stories, treat bags and lots of fun for all! 1:00 -2:00pm. Dinosaur Resource Center, 201 S. Fairview St., Woodland Park, CO. Check out our website http://www.rmdrc

WOODLAND **PARK FARMER'S MARKET**

com for complete details.

12 & 26 Teller County Farmers Market Association announces the 2013/14 Woodland Park Winter Farmers Market located inside Ute Pass Cultural Center at 210 F Midland Avenue, Woodland Park from 9 a.m. to 1 p.m. Autumn/Winter Harvest (seasonal) includes: Fruit & Vegetables, Eggs, Cheese, Jams, Organic Meats, Bread & Pastries Pasta, Holiday wreaths, Alpaca Yarn & Knits, Soaps, Hot Food & Drinks. For more information contact Market Managers at (719) 689 3133 or 648 7286 or email tcfma@g.com; website wpfarmersmarket.com; Facebook Woodland Park Farmers Market.

WOODLAND PARK LIBRARY

In 2013, the Teller County Democratic Party 'TellerDems' is hosting a series of information and education events. One such event will be held on Sunday. October 6, when the 'Teller

"We are just as busy

with human-caused

have ever been. It is

ing to have to kill a

bear when all people

had to do was secure

would have likely

its natural habitat."

near your residence.

make it feel uncom-

to chase it away by

yelling, whistling,

clapping your hands

or making other loud

noises. However, under

no circumstances should

you ever approach or corner

For more information or

bear-related questions, visit

the agency's website at cpw.

state.co.us/bears, or contact

the closest Colorado Parks

and Wildlife office.

fortable. Attempt

their trash and the bear

staved and thrived in

If a bear is spotted

incredibly frustrate

bear conflicts as we

New winery

lopened a new winery in Cascade, the Winery at Pikes Peak Marvin and his wife Francie purchased the Spanish style 8,000 sq. ft. Cascade Community Center building which is just around the corner from The Wines of Colorado at the entrance to Pikes Peak Highway in Cascade. Originally built in 1920, the beautiful historic building's previous tenants included Bob Young's Cabaret, Drummer Tweeds furniture store, and a real estate development office.

The building has been remodeled to include a Winery theme throughout, including a tasting room. The tasting room features a wine bar embellished with antique tin ceiling tiles that came from the historic Manitou Springs Bottling Plant. The main dining room (with a new catering kitchen) is designed for events and is adjacent to an espresso and ice cream bar, Sweet Tooth's, featur ing Josh and John's ice cream and Barista coffee. The primary focus of the venue will be for wine tastings

and to attract private parties, weddings, receptions, and gatherings to accommodate groups from 20 to 100 people The Parliaments have contracted with Two Rivers Winery in Grand Junction to produce their signature wines and bottle six varieties which include a Cabernet Sauvignon, Parliament Blend (60% Syrah 40% Cabernet) Chardonnay

Riesling, Pinot Gris, and a Rose' (Rosie C). As the owner of The Wines of Colorado for 15 years. Marvin has built it into the State's largest retail outlet for Colorado Wines.

The popular Creekside dining restaurant has a large local and tourist following at the turnoff to Pikes Peak Highway. The Winery is located at 4455 Fountain Avenue in Cascade. For information and reservations, call 684-8000.

Dems' will meet at 1:15pm in the first floor, large meeting room at the Woodland Park Library, 218 E. Midland Avenue in Woodland Park. All Democrats and interested persons are invited to attend. Topics of discussion at this public information eventwill include elections. Admission: FREE. Questions prior to the day of this meeting may be directed to Mrs. Ellen Haase (719) 687-1813. 15 The Wholistic Networking

Community invites you to meet area practitioners and learn about holistic wellness from 11-12:30 at the Rampart Public Library, Woodland Park. "Wholistic" in our name in-

cludes all who pursue conscious living, a healthy lifestyle and desire a peaceful, natural world. Be sure to mark your calendars for our regular meetings on the third Tuesday of every month. Our presenter, Gay Anne Liberty, will explore sound and vibrational healing. Scientific studies show that sound can produce changes in the autonomic immune and endocrine systems Experience her magical crystal bowls for more than just meditation! Please RSVP to Barbara Royal at 719-687-6823 or miraclesofwellness@gmail.com. **26** Knitting for Knockers Charity Event - Nuts N Bolts Needle-

works in Woodland Park from

fun filled day of knitting breast

10 a.m. to 3 p.m. It will be a

prosthesis for breast cancer patients of Teller County. Call 719-687-2272 or visit theknittingexperience.com/knitted knockers program/

29 Happiness Knitting Project - Spreading happiness and reducing stress one ball of yarn at a time! Workshop to highlight how knitting helps reduce stress. Call Nikki's Knots for more information 719-686-6424.

WOODLAND PARK MEDICAL CENTER

Fair from 8:30 a.m. until noon. Please call Karen Earley at Pikes Peak Regional Hospital.

VICTOR 19 Murder on the Midland West-

ern Murder Mystery at the Historic Gold Coin Club. Call 719-689-3553 or 719-689-5952 for more information.

ONLINE Quest for Mastery online classes Learn these tools that can help you to manifest your highest poten-

tial, and overcome issues in your life. his program is based on the Wisdom teachings of Archangel Michael. For more information email Jimena at Jimena. vantorno@gmail.com or call 719-306-0772. Classes offered in English and Spanish.

~ UTE COUNTRY BUSINESS ~



WERTGEN & COMPANY

Certified Public Accountants, P.C.

VICTORIA A. WERTGEN, CPA JOHN CAPACI, MT, CPA

CELL: 503.804.5610

EMAIL: JOHN@WCO.BZ

2925 Slater Creek Rd.

Florissant

Phone 719.689.3047

Fax 719.213.2235

www.WCO.bz

CELL: 503.830.4809

EMAIL: VAW@WCO.BZ

Barbi (NEW LOCATION) 221 S West St **Woodland Park** 719-687-2526 719-216-9537 Cell MENTION THIS AD FOR \$10 OFF ANY SERVICE

and Park counties every month!

Your Ad Here

for only \$30 a month

Call 719-686-7393 or

email: utecountrynewspaper@gmail.com

for more information and advertising deadlines.

Reach over 25,000 readers in Teller







HAIR ODYSSEY Kristie Baker

Nail Technician

Woodland Park CO. 80863

110 N Center

Cell: 719-337-1779



Energy Star Rebates Available Replace/Install with high efficiency equipment Serving our neighbors since 1995

www.OhGetMeAHome.com

Cabins Land Ranches

719-203-0292

AccurateRainGutter@Gmail.com

Teller County since 1999! 719-748-1099

HIGH COUNTRY REALTY

ACCURATE

John Lloyd Magoon, Broker 2717 W Hwy 24 Florissant CO

Copy Your Stuff VHS / Camcorder Cassettes to DVD

Audio Cassettes / Vinyl Albums to CD Photos / Slides / Negatives / Panoramic Film Like us on Facebook! We Create Slideshows!

Loren & Linda Lewis Great idea for Christmas! (719) 748-8085 http://www.CopyYourStuff.com

Mention this ad and get 10% off! (exp 12/31/2013)



The Fireplace Doctor, Inc.

Fax 719.548,4440

thefireplacedoctor@gmail.com

www.thefireplacedoctorinc.com



Emil Banzhaf

Service, Repairs, Sales & Installations ireplaces, Stoves, Inserts, Gas Logs GAS & WOOD & PELLET Licensed & Insured Office 719.548.9919

US HEALTH ADVISORS WE FEEL YOUR PAIN, CALL US FOR A LOWER 3 YEAR LOCKED IN RATE! Christine S. Cooper Sales Executive

Serving All of Colorado A Thank You referral can make you \$100.00! Office: 1-719-748-8011 Cell:1-719-235-1283 christycooper@wildblue.net

http://www.ushagent.com/default.aspx



Mountain Motors

Florissant, CO. 80816

719-748-8636

719-208-9893

18100 CR1

Darrell's Automotive, Inc. IMPORT & DOMESTIC REPAIRS 687-3313 570 E. CHESTER AVE. **WOODLAND PARK** Satisfaction Guaranteed!

AccurateRainGutters.com

719-510-3244

Find us on Facebook

Accepting Care Credit





Fort George Taxidermy

Christopher George US Army Retired C. 719 337 3314 W. 719 687 9316 1237 County Road 21 Woodland Park, CO 80863

Fish ~ Birds Game Heads ~ Life Size Rugs ~ Repair

10% MILITARY DISCOUNT



Reach over 25,000 readers in Teller and Park counties every month!

Your Ad Here for only \$30 a month

email: utecountrynewspaper@gmail.com for more information and advertising deadlines.



Shannon Lemons, DVM

ELLER PARK 719.687.2201 1084 Cedar Mtn. Road • Divide www.tellerparkvet.com



nbarlow@apmortgageco.com www.apmortgageco.com

Visit htttp://www.dora.state.co.us/Real-est

ancy Barlow 0 So. Valley Highway Ste 300 nglewood, Co. 8011 rect: 719-686-901 bile: 719-237-4530

Fax: 719-686-901 License#100022184 NMLS# 271047

Call 719-686-7393 or



Page 22 - UTE COUNTRY NEWS - October 2013 October 2013 - UTE COUNTRY NEWS - Page 23

~ UTE COUNTRY BUSINESS ~



Marshall's Caretaking of Colorado **Vacation Homes**

> Providing services for the Ute Pass and Woodland Park areas.

719-332-1630 imarshallhomes@gmail.com





719.210.3950 719.748.3845 fax 866.802.3677 toll free www.saddleuprealtyco.com laura@saddleuprealtyco.com



Jim Wright, DVM

ANIMAL CARE CLINIC (719) 748-3048 (719) 337-9822

Veterinary Practice

Small Animals • Equine and Livestock Small Animal Surgical & Hospitalization Facilities Available

39609 Hwy. 24 • Lake George, CO 80827 Serving Teller, Park, Douglas, & El Paso Counties





STEEL STRUCTURES **Ray Leist**

Your local pole barn specialist of Teller County

(720) 448-4990

email: ravworks4u@live.com • website: www.findssa.net

Tracy E Barber IV, AAMS®

Store

Rated #1 for windows in Colorado 719-388-9900

TheWindowStoreColorado.com

BUCKSTITCH SADDLERY

Handmade Saddles, Tack & Other Gear

Phone: (719) 660-4488



18401 Hwy 24 Suite 212 PO Box 5587 Woodland Park, CO 80866 Bus. 719-687-5962 Fax 877-452-4310 TF. 866-687-5962 tracy.barber@edwardjones.com www.edwardiones.com



Reach over 25,000 readers in Teller and Park counties every month! **Your Ad Here** for only \$30 a month

Call 719-686-7393 or email: utecountrynewspaper@gmail.com for more information and advertising deadlines.



The Insurance Center, LLC

The Headframe Tavern



9.689.5696 • www.facebook.com/theheadframetaver

WELCOME HUNTERS!



Country 00) 748-2242 Toll Free

Timberline Realty, Inc.

CARRIE N. MILLER

19) 687-3678 Office 9) 641-7074 Cell & Txt. (866) 615-3222 Fax

719-687-3094 Fax 687-6160 www.wpinsurancecenter.com Trusted **Choice®**

Shipping Your Full Service Shipping & Business Center

Making it easier to live & work in the mountains email: lisa@shippingplusco.net Mon - Fri 9:00 - 5:30 • Sat 9:00 - 1:00

52 County Road 5 719-686-Plus(7587) Divide, CO 80814 Fax 719-686-9176

HEAVEN CONNECTIONS

Jimena Yantorno, MT #12388

Massage Therapy

 Natural Healing • Personal & Spiritual growth

• Bilingual - English & Spanish By Appointment only call 719-306-0772 321 W. Henrietta Ave, Suite 1E, Woodland Park

[⊿|

Open to exchange, inquire about it.



UTE PASS GIFTS we make custom wood signs

Julie A. Matthews

Woodland Park, CO 80863

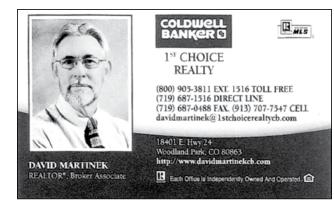
iuliem@wpinsurancecenter.com

Owner/Agent

105 Sundial Drive

719-684-2158

• rocks and gems • sodas • chainsaw art • gifts 8775 W. Hwy 24 • Cascade utepassgifts2@gmail.com





commercial, re-stretches and repairs.

MICHAEL C. STARR 44 YEARS IN BUSINESS! (719) 499-2170

Woodland Park, CO 80806



GREGORY S. COOPER, D.V.M.

312 W. Hwy. 24 • Box 5999 Woodland Park, CO 80866

(719) 687-6000 Including Emergencies



We will be hosting a writing contest for the issues of October 2013 through June of 2014. It is open to high school seniors, home school, and GED equivelent students. There will be cash prizes for first, second and third place each month. Plus, the top three winning entries will appear in the Ute Country News each month.

The sponsor for November's First Prize of \$100 is ▲ Kelly's Office Connection in Gold Hill North Shopping Center of Woodland Park, owned by Gail and Tim

Taylor. When the publishers thanked Gail for her sponsorship, Gail said, "Tim and I believe in supporting our youth." Both Second Prize of \$75 and Third Prize of \$50 will be sponsored by

Ute Country News. To be considered for November's issue, submissions MUST be received by midnight of Tuesday, October 15th. Please see rules below:



TELLER COUNTY'S FULL SERVICE OFFICE SUPPLY

B/W OR COLOR COPIES AND PRINTING FAX SERVICE CUSTOM INK STAMPS ART AND DRAFTING COMPUTER AND PRINTER SUPPLIES FLASH DRIVES CDS DVDS CAMERA CARDS PHOTO PAPER OFFICE FURNITURE

623 W MIDLAND AVE GOLD HILL NORTH SHOPPING CENTER 719-687-3702 719-687-4211

WWW.KELLYSOFFICECONNECTION.COM

- Contest is open to any high school senior, home-schooled students graduating between Oct. 2013 and June 2014, and to GED-test-eligible student aged 19 or less.
- Entrant must be a resident of Teller or Park County.
- Only one submission per individual per month.
- Entry must be typed in Word or pdf format.
- Entry to be submitted to publisher via email (utecountrynewspaper@gmail.com)or website (www.utecountrynews.com) by midnight of the 15th of the month to be considered for the following months contest.
- Entry length to be no longer than 1500 words
- Entry must be an original work, never before published.
- Subject matter to have relevance to Teller or Park County (person, place, historical event, plant, animal, mineral, geographical, river, mountain, etc.).
- Submission must include contact information: name, address, email, and phone. • Subject matter can be fiction, non-fiction, journalism, memoir, poetry, or creative writing.
- Photographs or graphics included are publisher's option to include and will bear no rel-
- All submissions become the intellectual property of the Ute Country News upon receipt.
- Any student below the age of 18, as of the date of the submission, must have a parent or guardian's release giving permission to the Ute Country News to use the student's personally identifiable information (name, address, age, etc.) in the contest.

Parameters for scoring:

- Grammar, spelling, punctuation, sentence/paragraph structure.
- School appropriate subject matter and language.
- Organization and logic: the story develops, pieces fit, and it makes sense.
- Flow does the piece move fluidly, include segue for transitions, sub-headlines, or marks
- to let reader know we're going someplace different. Was it interesting? Yes, this one is subjective.
- Originality and creativity something new or it can be a new spin on an old topic, creative slant, and unique perspective.

Prizes and Awards:

• First: \$100, Second: \$75, and Third: \$50.

Benefits to student:

- Students who have been published tend to find their grades go up across the board and self-esteem rises. A deep sense of confidence is built.
- Win prize of \$100, \$75, or \$25.
- Certificate to include on resumes, college applications, and scholarship applications.
- The work world needs writers. This could develop into a full time job, part-time paid passion, or an enjoyable outlet.
- Every opportunity to practice helps to hone skills.

Benefits of sponsorship:

- Sponsors will be identified in three issues: announcing upcoming contest, current month contest, and the following month when the photo/check/certificate presentation is printed. Sponsors may choose to remain anonymous if they like.
- The satisfaction of knowing you have done something significant to change an individual's • The satisfaction of knowing you have made a positive impact in the community, poten-
- To be a sponsor, call 719-686-7393 or visit our website and look for the Youth Writing



ONLY \$90* Schedule your Digital Mammograms during

the month of October Self-pay only

In support of Breast Cancer Awareness month, Pikes Peak Regional Hospital is offering \$90 Digital Mammograms for self-pay screening exams scheduled during the month of October (price includes physician reading fee for October 1 - October 31 appoint-

*Payment is required at time of service.

Did you know ...

- Pikes Peak Regional Hospital offers advanced Digital Mammography and MammoPads® for increased comfort.
- Pikes Peak Regional Hospital is accredited by the American College of Radiology.
- Every woman should have a mammogram by the age of 40.
- Mammography can detect breast cancer up to two years before it is large enough to be felt.

• Breast cancer is the leading cause of death in

women between ages 40 and 50. Early detection is key to increasing

chances of survival!

CALL TODAY TO SCHEDULE YOUR APPOINTMENT

719-686-5871

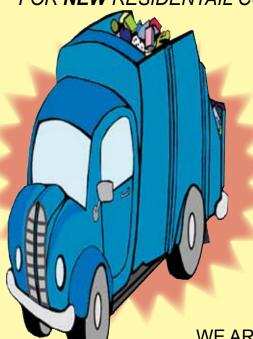


Discover Top-Rated Healthcare in Woodland Park

www.pikespeakregionalhospital.com

3 MONTHS OF FREE TRASH SERVICE

FOR **NEW** RESIDENTAIL CUSTOMERS WHEN YOU SIGN UP FOR 1 YEAR



WE CAN PROVIDE YOU WITH A TOTER.



YOU DON'T HAVE TO SORT IT JUST BAG IT AND TAG IT.

WE ARE THE ONLY LOCALLY OWNED AND FAMILY OPERATED TRASH PROVIDER THAT HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS.

WE STRIVE FOR CUSTOMER SATISFACTION.

CALL US TODAY FOR DETAILS 719-686-7517

Teller County Waste

Not valid with any other coupon offer. 1 per household • Expires on 8/31/2013

WWW.TELLERCOUNTYWASTE.COM

COME LOOK AT OUR WEBSITE FOR ALL OF OUR COMMUNITY DONATIONS THAT WE HAVE DONE FOR OUR WONDERFUL COMMUNITY.

