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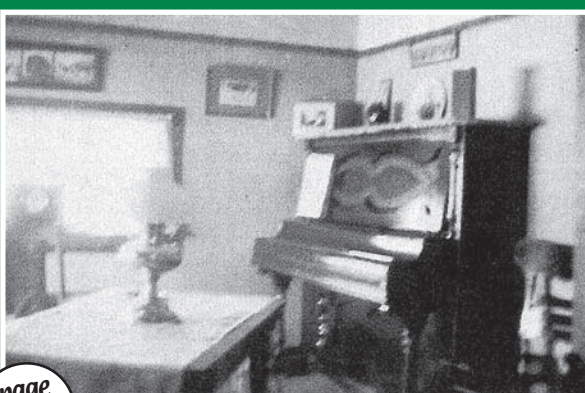
Vol. 6, No. 11

Welcome to Ute Country

"A friend is one of the nicest
things you can have, and one of
the best things you can be."

Douglas Pagels

PEEK INSIDE...



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A Guffey teacher



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White Iris Yoga seeks inflexible students



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WP Teen Center



This month's cover photo was taken just a few weeks ago on CR 92 in Park County as we were headed west from Elevenmile and Spinney Reservoirs. What a pleasant surprise to happen upon a group of donkeys! Several of them seemed to know we had the camera as they were hamming it up, vying for Jeff's shutter. We needed Mr. Spaz to help us choose from many fun photos, finally settling on this affectionate pair. The quote reminds us that the best things in life are free, and each day we have an opportunity to practice being the person we want to become.

We take this opportunity to hope each reader old enough to vote will implement this right by November 4 by sending in their ballot or taking it to an acceptance location. The opportunity to vote is one of many things we are thankful for this November.

We are grateful to have incredible writers, dedicated to sharing their talents with us making each issue unique and interesting. We welcome Charlotte Burrous, who will bring us history and happenings from Cañon City. Welcome also to Trevor Phipps who will help us explore the great outdoors. We are grateful for our ever-expanding sales staff, and thank them for their endless energy. We are grateful to our readers who continue to enjoy the Ute Country News, challenging us to see if we can keep them on the shelves. We are grateful for our 159 distribution points in Teller, Park, Chaffee, and Fremont Counties. We hope you can keep the turkey hot long enough to list the many blessings that have touched your home.

Do you have comments about this issue? Perhaps you have a human interest story or some good news to share. As always, feel free to contact us via email utecountrynewspaper@gmail.com or phone 719-686-7393. Make sure we have the chance to help you get your word out!

Mr. Spaz became a basket case waiting for photos to come in, so he hired Shadow as his Assistant Photo Editor. Good thing they are happy to share an office. Please send Mr. Spaz and Shadow your Critter Corner pics at utecountrynewspaper@gmail.com. They can't wait to get their paws on them!

Thank you,
— Kathy & Jeff Hansen

A special thanks to all listed here for their professional work and time to make this possible. If you have any questions please contact the publishers.



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The legacy of James John Hagerman - Part 10

by David Martinek

As a new decade in Colorado dawned in 1890, it is evident from James J. Hagerman's writings that he was relieved, happy, and proud to have raised the funds to complete the construction of the Colorado Midland Railway, as well as to see it earn some decent revenues during its first three years of operation. It is also clear that he was disappointed that those earnings were not stronger or more profitable — enough to reward the company's investors, particularly his friends. The huge, promised returns just weren't there.

A time to sell the Midland

As the snows of springtime in Colorado began to melt, Hagerman realized that the large profits he and his friends were promised and expected could only materialize by selling the Midland to a larger railroad system that could operate it as a "through line."

There were many potential candidates as buyers — the Union Pacific, the Rock Island, the Missouri Pacific, the Burlington, the Denver & Rio Grande (the D & R G) and the Santa Fe. Hagerman would never consider selling the Midland to the D & R G, or perhaps not even the Union Pacific — not after all the interference and problems they had created for the Midland during construction. But, he had no qualms about using their hopes of a purchase to leverage negotiations with other railroads. Apparently, his notions of selling were leaked to the D & R G management at some point, perhaps for that very purpose.

If the Colorado Midland's earnings were below expectation, it was in good shape physically. Its rolling stock, locomotives, and infrastructure were all new; no major repairs were needed. It was hauling all kinds of freight at a modest profit — coal and coke from the Jerome Park area to distant smelters, silver ore, fruits and vegetables from the Mormon farms in Utah, ties and bridging materials, cattle and livestock, a variety of supplies and goods, as well as passengers. The price of silver, which supported the regional economy, if not the entire nation (or perhaps the world at that time), was still satisfactory though somewhat reduced. Times were pretty good, considering, and Colorado was bullish on railroads.

Hagerman could not have predicted the silver panic of 1893, the failure of British banking houses or the depression that would hit in three short years. But he knew the advantage of selling in a rising market, and in 1890 that was the situation. He thought that the time was right to sell the Midland.

Initial discussions with the Santa Fe

In July of 1890 Hagerman journeyed to Washington, D. C., on political business related to his interest in a proposed irrigation project in the Pecos Valley of New Mexico (more on this episode in his life in succeeding parts). His stay lasted until mid-August. On his way home to Colorado Springs, he stopped over in Chicago to see friends, and on August 18 met with Allen Manvel, president of the Atchison, Topeka and Santa Fe. Manvel was both a friend and an adversary. Disputes with the Santa Fe over the Midland's track rights between Denver and Colorado Springs had festered, causing the Midland to divert traffic to the D & R G lines. Hagerman wanted to resolve the dispute and negotiate a better deal.

Manvel knew that the D & R G had learned

of Hagerman's feelings about selling the Midland, and that they (the D & R G management) were headed to London soon to try to raise enough capital to buy the railroad. After discussing the track rights issue, the conversation eventually turned to how serious Hagerman was about selling the Midland, and Manvel abruptly asked, "Why don't you sell your old road and be done with it?" Obviously, Manvel was looking at his competitors in the region and speculating on how the addition of the Midland to the Santa Fe system might affect an advantage. He may have even envisioned one or more possible combinations which would help his company and its transcontinental business.

Shortly after that meeting, Manvel asked for and received copies of the Midland's bonded debt, their earnings and prospects, and their latest annual report. In the documents supplied by Hagerman, Manvel saw that for the year ending June 30, 1890, the Midland had paid over \$556,000 in interest and taxes with net earnings of over half a million dollars (\$558,943.21).

Hagerman also alerted Manvel to the completion of the new Aspen Short Line, a seven-mile bypass around Leadville along the Arkansas River from Snowden to Arkansas Junction that would reduce operating expenses in the future.

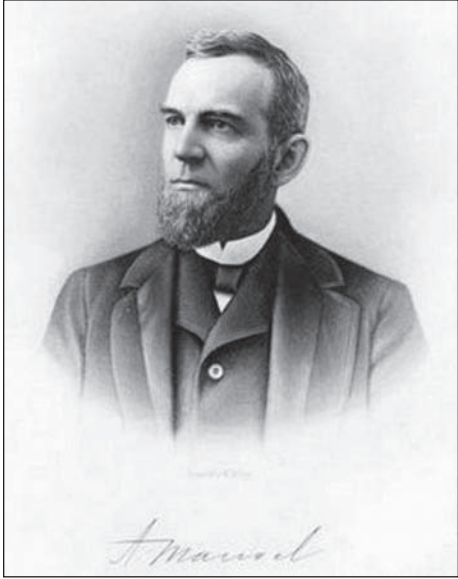
Manvel was extremely interested in Hagerman's information, if not impressed, and called for an immediate meeting on August 27. Theodore M. Davis, the current president of the Colorado Midland, wired Hagerman his blessing, saying "You are far and away the best man to carry on negotiations with Manvel, and I hope you will take every precaution to promote it. The truth is, I'd rather sell to Manvel, as his road can guarantee our bonds." Offering some guidance, Davis suggested that a fair price should provide a guarantee of Midland bonds, including those financing the recent start of the Busk-Ivanhoe Tunnel [to replace the expensive Hagerman Pass route and Hagerman Tunnel], plus 50 dollars per share of Midland stock.

Sale of the Midland is no secret; negotiations begin with the Santa Fe

Soon, it was no secret that the Midland was for sale. Rumors were flying as to who might be interested. The Burlington was rumored to be planning an offer by mid-October. Other road systems were supposedly considering it. But in late August, President Davis told Hagerman that the D & R G had already offered him 40 dollars per share for whatever stock he owned (which wasn't much). Later, J. R. Busk telegraphed Hagerman that the D & R G had raised their bid to 45 dollars per share and urged acceptance. However, Hagerman stalled saying he was about to talk with the Santa Fe; it would be unwise and unethical to accept the



The Colorado Midland used a number of emblems to designate their line, often in combination, including the mountain lion, the Ute Indian, the shield and spear, the circular emblem with the triangle and this popular Ute on horseback. Courtesy Ute Pass Historical Society.



Allen Manvel (1937 – 1893), president of the Santa Fe Railroad in 1890. Google.

Rio Grande's offer without hearing what the Santa Fe proposed. Being the largest Midland stockholder, Hagerman was the key to any sale, and it is doubtful he would have considered a D & R G offer anyway.

Hagerman suggested that Davis go to New York in case the negotiations with the Santa Fe in Chicago were transferred there. Somewhat prophetically, when Hagerman arrived in Chicago on August 31 and met with Manvel, Manvel told him he had arranged for them to meet with the Santa Fe officials in New York on September 3.

The New York meetings.

Meeting at the offices of the investment firm of Kidder, Peabody in New York on Wednesday, September 3, the conversation with members of the Santa Fe board of directors began around the funded debt of the Midland and eventually moved to a sale price. Hagerman's request for 50 dollars a share surprised the Santa Fe group. At the end of the day, the Santa Fe offered \$47.50 per share, paid in part with 10 dollars per share in cash and the rest in Santa Fe stock valued at 43 dollars. Their offer was rejected by the Midland men and another meeting planned for the next day.

At the morning meeting on Thursday, John J. McCook, director and general counsel for the Santa Fe, offered Hagerman \$47.50 cash per share in installments, subject to the Santa Fe board's approval. However, when the chairman of the board, George Magoun, arrived that afternoon, he flatly refused to endorse McCook's plan, saying his railroad didn't have the money. Instead, he made the same offer as on the previous day but sweetened the pot by adding a full guarantee of all Midland senior and junior bonds. Midland President Theodore Davis rejected this offer indiscriminately (back-tracking from his earlier guidance to Hagerman), adding that the D & R G had offered 45 dollars cash. No arrangements were made for a follow-up meeting. On September 4, 1890, any deal seemed dead in the water. But all was not lost.

(to be continued next month)
Miss a previous installment? Visit www.UTECOUNTRYNEWS.COM and click on the Archives.

A Guffey teacher

by Linda Bjorklund

The town of Guffey began as a mining camp called Freshwater in the neighborhood of Thirty-nine Mile Mountain, Black Mountain, and Thirty-one Mile Mountain. In 1895 miners flocked there in hopes of finding gold, silver, copper, iron, lead, and other minerals. For a while one rare and exotic mineral called 'yptotantalite' was mined and used in the manufacture of electric light jets.

The post office was called Idaville in 1895 and changed to Guffey in 1896, which it remains today. The origin of the name Guffey has been traced back to a James McClurg Guffey, who was an oil producer in Pennsylvania. He apparently owned mining properties in the Freshwater District and was generous in providing money for street improvements. He also had a nephew, Joseph F. Guffey, who was a U.S. Senator. It was rumored that the latter Guffey paid the town \$500 to name the site after him. Although a plat map of the townsite was drawn, Guffey is still an unincorporated town in Park County.

One exciting event was remembered from early years in the Guffey area. A huge grizzly bear, one of the last to survive in the area, roamed the mountainside near Black Mountain. In 1883 Jacob Radliff was with a hunting party when he encountered the infamous bear. Jacob reputedly shot at the bear and then tried to club him with the rifle, to no avail. By the time the rest of his hunting party found him, he was so badly mauled that he passed away before a doctor could be summoned.

The grizzly, now known by the name 'Old Mose,' continued to roam the mountainsides. Whart Pigg, a rancher that homesteaded in the Guffey area, was also an avid hunter. Hearing all the old stories, Pigg was determined to be the one to bag Old Mose. He tried unsuccessfully to track the old bear for a number of years, and even managed to set a trap that Old Mose momentarily was caught in but escaped, leaving two of his toes in the trap. Pigg finally hired a professional hunter to help him. James Anthony and Pigg set out in April of 1904 to flush out Old Mose. They tracked him to an aspen grove and stationed themselves at both ends of the grove. The grizzly chose to come out the end where Anthony waited and was met with a barrage of gunfire. When his carcass was retrieved Old Mose weighed in at 1,500 pounds and measured nine feet from tail to nose. Whart Pigg was disappointed that he wasn't the one to actually end the reign of the old grizzly, but still was able to claim bragging rights at his end.

The Pigg family was the gracious hosts of the schoolteacher that came to Guffey for the 1913-1914 school year.



Some of the early Guffey Scholars.

Hilda Dorothea Carlson was born in Idaho Springs, Colorado, February 23, 1893. Called 'Thea,' she was one of three sisters. Thea was only nine years old when her father bought for her a Franklin piano from the Knight-Campbell Music Company in Denver (see photo on cover). He agreed to pay the princely sum of \$400 in February of 1902. The terms were \$160 down, \$10 a month and 10 percent interest per annum. All the payments were made and the agreement was stamped "PAID" in 1905.

Thea finished high school and went to the State Teachers College of Colorado at Greeley. After the two-year course, she had earned a "Bachelor of Pedagogy" degree on June 5, 1913. She then accepted a teaching position in Guffey. She later remembered that she had taken a train to Howbert (now under the waters of the Eleven Mile Reservoir) and then a stage-coach to Guffey. Thea taught that school year in Guffey, then the next summer she went to Bethany College in Lindsborg, Kansas, where she became proficient as a piano instructor.

She went back to Guffey that fall to teach for the next two years. Thea's best friend was Helen Farrington. The Farringtons had also homesteaded near Guffey, and Helen's brother, William, began to court Thea. The young teacher fell in love with the cowboy from Guffey.

The relationship became serious and William Grove Farrington and Hilda Dorothea Carlson were married in 1916. They, too, homesteaded near Guffey. During each of the next three years,



Guffey School, built in 1915.

sons were born to them: John Alton, William Grove, Jr., and Donald Bruce. A fourth child, Venla, was born in August of 1922. William Sr. began to purchase properties in and near Guffey. Thea recalled living on a ranch between Guffey and Eleven Mile Reservoir, and raising cattle, chickens, and sunflowers.

William and Thea followed his parents as they moved to Canon City in about 1923. Property records show that all the property that William had purchased in around Guffey had somehow been lost. They had one more child in Canon City, daughter Margaret, who was born in 1928.

The Guffey School District was consolidated in 1918 and the town voted to build a new school. The country was in the midst of World War I and costs had gone up substantially. But the school was finished enough for students to attend and so they opened their books at the behest of their teachers in September of 1918. The school was closed briefly in the 1950s and then permanently in 1961, when the state ordered redistricting. Guffey students were bussed into Canon City.

In 1981 the school board for the RE-2



Thea's 1913 Graduation photo.

School District voted to remodel and modernize the Guffey school building and re-open it for classes. The main schools for the RE-2 District are in Fairplay, but two charter schools also went under their jurisdiction, one in Guffey and the other in Lake George. Both are currently active and successful charter schools.

Meanwhile, the Farrington family found themselves in Buena Vista, where John Alton (nicknamed Bus for an unknown reason) and

William, known as Bill, went to high school. Bus became the high school sweetheart of Betty Wilson. After graduating from BV High School, Betty went to Colorado University at Boulder, graduating in 1941 with a degree in education. Bus had worked at the Gates Plant in Denver, but was anxious to get into military flight training. The couple married in August of 1942. They managed to spend one weekend together at the Brown Palace Hotel in Denver early in 1943, then Bus shipped out to fly fighter planes in the Pacific Theater.

Tragically, he was shot down and killed at sea in October. Two months later their son, John Arthur, was born. Betty was living with

her mother-in-law and baby son in Colorado Springs, when Bus' brother Bill visited his family. He had served his war time in the infantry and survived World War II. He and Betty became close and married in 1946. Their daughter, Margaret Ann, "Peg," was born the next year.

Peg earned her degree at CU and she organized a kindergarten in Buena Vista. She later taught language arts at the local school. Betty and Peg both followed in the footsteps of Thea as teachers.

The untold story underneath it all is that the piano that was purchased for a nine-year old girl in Idaho Springs has followed the family all these years and now proudly resides in the home of Margaret "Peg" Farrington Hulsey.

Betty and Peg graciously gave me permission to tell their story. Peg says that she is working on the saga of the piano that moved around to a number of places all these years—a piano is not an easy piece of furniture to move—to its current home with her. They are enormously proud of their heritage from a family of teachers, which incidentally includes the first woman teacher in Denver, Indiana Sopris.

But that is another story.

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Attie Thompson: “Daughter of a Pioneer”

Atlanta Georgia (Attie) Thompson, in her memoir “Daughter of a Pioneer,” writes vividly of her 1870s pioneer neighbors in Teller County.

The Pikes Peak Historical Society invites you to join historian and actress Donna Knudten, as she becomes Attie and tells of her amazing life on the Peak’s west slope. Attie was born during the Civil War, and came to what is now the Florissant Fossil Beds National Monument in 1872 when her father settled his family there. She married Silas Thompson at age 17, lost her first two children to scarlet fever, and a later had her diseased leg amputated on a table with only chloroform to dull the pain. In spite of these hardships, Attie lived to be 75 after a life full of amazing adventures. “Attie” (Donna) will tell her life story on Sunday, November 16, at the Florissant Library.

“There was no doctor in the neighborhood at this time and Ma had no one to depend on but a neighbor woman by the name of Nancy Ann Roberts, who was a mid-wife. She was a big fat woman, who smoked a corn cob pipe, and could swear like a man. Her face was always sun burned because she never wore anything on her head. She combed her hair, what little she had, straight back and twisted it on top of her head into a knot about as large as a good-sized button. She was always dirty, as well as her dress and apron, and her ranch was called the ‘Dirty Woman’s Ranch.’”

The Pikes Peak Historical Society invites



photo courtesy Celinda Reynolds Kaelin.

you to learn more of Attie’s fascinating autobiography as told by hostess Donna Knudten on Sunday, November 16, at their monthly Chautauqua (free program), at 2 p.m. at the Florissant Library. The Library is located adjacent to the Florissant Community Park on 334 Circle Drive in Florissant. This program is presented as a public service of the Pikes Peak Historical Society. Admission is free, and refreshments are served. Seating is limited. For more information, call 719-748-3562.

Close call

by Monte Gore

The morning of October 13, 2014 at 10:09 a.m., Park County Communications received information that a young adult female had just contacted her parents via a text message, and stated she was going to kill herself. Officers from Park County Sheriff’s Office, and the Fairplay Police Department responded to an undisclosed address in the town of Fairplay. The search for the young woman led officers to just outside of Fairplay. There officers learned that the young woman had taken her father’s loaded .357 hand gun, and was somewhere in the area. The young woman stated that if any officers approached her, “There would be a shootout.”

Undersheriff Monte Gore, who was on scene, established telephonic communication with the young woman. At 10:48 a.m. Undersheriff Gore was able to talk the young woman into coming out of a wooded area where she had been hiding. She surrendered to authorities without incident. The young woman was taken to a mental health hospital. A loaded .357 handgun was recovered by Undersheriff Monte Gore.

“We were all very pleased that the incident ended peacefully and no one was injured.” We would like to remind folks to store firearms safely and in a secure location. This incident serves as a good example of how far listening, understanding, and compassion can go toward positive outcomes.

Rolling Thunder Cloud Café - Broadway Night

by Flip Boettcher



Geordi Walston on left playing the piano and Lynda Iozzo on the right entertain the crowd at the Broadway Dinner Show. photo by Linda Applebaum

With the huge success of their first dinner show on September 27th, the Rolling Thunder Cloud Café (RTCC) owners Wayne and Geordi Walston are planning two more themed dinner shows in the upcoming months.

The next music/gourmet dinner show on Saturday, December 6 at 6 p.m. will be a Christmas/holiday theme. On February 14th, at 6 p.m. will be another Broadway/gourmet dinner show with a Love theme. More information will be posted on the café’s website: www.rollingthundercloudcafe.net. Pre-sale tickets will start in November for the holiday show.

September’s Broadway musical and gourmet Italian dinner featured the café’s own pianist Geordi Walston and vocalist Lynda Iozzo. G. Walston, who started playing the piano at age four, and Iozzo, who was raised in a theatrical family and who has performed locally, in the Denver metro area and beyond, thoroughly entertained the audience for two and a half hours.

The music ranged from early operetta to current Broadway hits and some solo classical favorites for the piano.

Wayne Walston is the chef in the café duo.

Wayne prepared quite a gourmet four course Italian meal. Wayne is passionate about his cooking and to later hear him describe how the chocolate amaretto sauce was blanketed over the spunoni ice cream and soaked into the white Italian cake at the bottom, was truly worth hearing.

The dinner show was enjoyed by folks from Woodland Park, Fairplay, Cripple Creek, Florissant, and Guffey.

A few quotes, “It is wonderful to enjoy such great talent without going to the Big city!!!” said Carol Milisen of Woodland Park.

“Who’d a thunk it? Great food & entertainment in Guffey! We had such a lovely evening. The food was so good, service was very good, and the lovely Broadway music with soloist was absolutely enchanting. Thanks,” Linda Applebaum of Florissant.

“A Gala in Guffey! Thanks for the great music, friends and food,” Charles & Caroline Schultz of Fairplay.

“Wonderful evening, delicious food, good service, and marvelous music. What fun to have this kind of evening in Guffey,” Ayliffe & Fred Ris of Guffey.

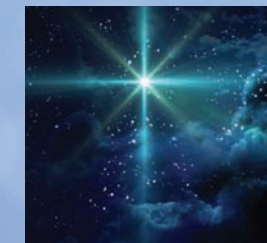
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PRINCIPALS IN BANDIT-POLICE BATTLES YESTERDAY



At the top (left)—John Babb, stepfather of Frank Lewis, believed by the police to be ringleader of the robber catlin. Middle (upper)—Mrs. Frank Lewis; Mrs. John Babb, mother of Lewis; and Harry Lane, Denver city detective, who was wounded and narrowly escaped death while engaged in a duel with the outlaws. Lower (left)—Eva De Morris, sister of Frank Lewis; and Frank Lewis, Roy Sherrill and Dale Jones, believed to be outlaw trio.

Graphic of old newspaper article.

Local historian discovers story of the Frank Lewis-Dale Jones gang

Wanted bandits armed to the teeth speeding through Colorado; this isn't a story about the Dougherty siblings but rather the Frank Lewis-Dale Jones gang.

In September of 1918, this gang of mostly family members were involved in a deadly shootout with Colorado Springs Police officers at a gas station at the corner of S. Nevada Avenue and Colorado Avenue downtown.

Retired police investigator and historian Dwight Haverkorn has spent years researching the history of the city's police department. He says there are many similarities between the Lewis-Jones gang and modern crimes, for example what were they stealing. "Remember, this was during the first World War or just previous to it, and during a time when they were having trouble like we are now, they were stealing copper wire," Haverkorn said.

The group may not be as well-known as other gangsters of the era such as John Dillinger, Bonnie and Clyde, or Baby Face Nelson, but Haverkorn says they were certainly notorious. As many as nine officers were killed by the Lewis-Jones

gang members and several others were wounded. "The reason we don't talk about them was nobody knows about them," Haverkorn said.

Lewis was arrested in Colorado Springs shortly after the shootout and died of pneumonia in jail. Jones made it to California where in November of 1918 he and his wife, Marge, were killed in another shootout with police.

Haverkorn says history gives us many examples of why Colorado isn't a place for fugitives to visit. "Typical of gangs who shouldn't come here, there was a group called the Texas 7; guess who didn't leave," Haverkorn joked. "This is just not a place for bad guys to come."

Dwight Haverkorn will give a presentation about the history of the Frank Lewis-Dale Jones Gang on Friday, November 14, 2014 at the Old Colorado City History Center, 1 South 24th Street, Colorado Springs, Colorado 80904. The presentation begins at 11 a.m. The doors open at 10:30 a.m. Members of OC-CHS attend free, non-members pay \$5. Light refreshments will be served. Please call (719) 636-1225 for more information.

Volunteers needed!

Help the Needy of Teller County, a 33 year old non-profit, is an all-volunteer organization offering a hand up to people in need in our community. We are in desperate need of part-time volunteers. Interested parties should call our office Mon-Thurs, 9 a.m. to 4 p.m. at 719-687-7273 or check out our Web site: www.htncc.org.

Florissant Youth Drama Club seeks actors

Time to be on stage one and all! Local children's playwright Alexi Alfieri is forming a youth drama club this winter in Florissant. The group will perform a mystery dinner theater show in the month of March at the Florissant Grange and is open to ages 10 to 16. Any level of drama experience is welcome and no experience required. "I think a mystery dinner theater show would be loads of fun for kids to perform," says Alfieri. "I've already written the script, and now I just need a cast!"

Alfieri's script, entitled "The Secret's in the Spoon," is set in an Italian restaurant. The cast members will be performing scenes on stage and be serving dinner to the audience members while remaining in character. "There's a funeral, an irreplaceable object that goes missing, and a comical, argumentative Italian family at the heart of the plot," says Alfieri of her script. "But since it's a mystery, I'm not going to reveal much more other than most of the characters are named after pasta shapes."

Alexi Alfieri wrote and directed the popular Cowgirl Cookie melodrama plays performed by local youth at the Florissant Grange during the past two summers. Every show boasted a packed audience and turned out to be fun for one and all. "I had a tremendous time, the kids had a blast, and there was a ton of positive feedback from the community afterwards. I just want the fun to continue!"

The fee to participate in the drama club will be \$90, and the deadline for the enrollment fee is November 15th. The fee is refundable in the event that there are not enough participants. Rehearsals will take place every Monday evening at the Florissant Grange Hall on a weekly basis beginning in January. Please contact Alexi at (719) 464-4767 for more details, to enroll, or to inquire about a possible scholarship.

Any individual or business who would like to support a budding star in our community and offer a scholarship to a child in need is encouraged to call as well!

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It's time for truth and authenticity

by Shari Billger and Gay Anne Liberty

As co-coordinators of the Wholistic Networking Community, it is our goal to provide a sanctuary where people can come to learn, to grow and to find wholeness.

Our message to the community is be willing to stand in your power. Be willing to pull the trigger on someone who is not walking in truth. By doing so, you give them the gift of love by exposing dissonant energy so it can heal, so the person can heal and become a bigger and better self.

These are the days of authenticity and transparency. Gossip and demeaning behaviors have no place in today's world. Learn to discern between gossip and those who are not walking their truth, and rise above this to see from a higher perspective.

However, if out of spiritual envy, you have taken the truth and inverted it, it doesn't mean that truth ceases to be true. It means only that you have succeeded in hiding the truth from yourself. According to author, Dr. Rosita Arivigo, DN, spiritual envy is a disease of the soul. Envy is an urge to spoil or devalue what is good in another and is born out of the pain of emptiness, of lack; the urge is to regain some internal balance by denigrating the goodness (the wisdom, kindness, wealth, help or compassion) of the other.

The following is an excerpt of a conversation between Oprah Winfrey and the late Maya Angelou that was published in Oprah Magazine, December 2000.

Oprah: I know you don't believe in modesty.

Maya: I hate it. It makes me wary. Modesty is a learned affectation. And as soon as life slams the modest person against the wall, that modesty drops.

Oprah: So when you hear someone being modest....

Maya: I run like hell. The minute you say to a singer, "Would you sing?" and they say, "Oh, no. I can't sing here," I say, "Oops! I wonder, where is that train to Bangkok?"

Oprah: Because?

Maya: Because that person is not reliable. She may not know it, but modesty speaks volumes about falseness.

Oprah: You see where you fit in life.

Maya: Yes. And I know that whatever I have is a gift. I accept that, and I'm grateful to those who went before me so that I can do what I'm supposed to do for those who are yet to come. That's humility.

Oprah: What about when a person makes a mistake and says, "I need a second chance?" Do you give them a second chance?

Maya: Well, I have to say yes.

Oprah: But when people show you who they are, believe them!

Maya: Now mind you, some men have told me, "Maya, you always take it to the max." But if someone tells me, "Oh, I like your slacks," and the man I'm with says, "I don't. I wish she wouldn't have worn them," I say, "Oh, my dear—here are your keys."

Oprah: Because you see rudeness as a little



Shari Billger Gay Anne Liberty

murder.

Maya: Yes.

Oprah: And you also don't allow anybody to say anything negative about anybody while in your home.

Maya: That's right.

Oprah: I've seen you put people out of your house for telling a racist joke! And you are not the least bit embarrassed about disrupting the whole room.

Maya: I believe that a negative statement is poison. The air between you and me is filled with sounds and images. If that were not so, how is it that I can turn on a television right now and see what's happening in New York? That means sounds and images are in the air, crowded, jammed up like bats. And Oprah, I'm convinced that the negative has power. It lives. And if you allow it to perch in your house, in your mind, in your life, it can take you over. So when the rude or cruel thing is said—the lambasting, the gay bashing, the hate—I say, "Take it all out of my house!" Those negative words climb into the woodwork and into the furniture, and the next thing you know they'll be on my skin.

Oprah: The same is true with the positive spirit.

Maya: I believe so.

May you all walk in the highest truth, may you speak that truth, regardless of those who would put you down for having the courage to do so. May you know that after it is all said and done: "Love is all there is, all there ever was, and all there ever will be." Shari 1994

You are invited to join us the second Tuesday, monthly, at Mountain View United Methodist Church, 1101 Rampart Range Rd, Woodland Park, 10 a.m. to noon for healings by donation. All proceeds go to local charities. We also invite you to our free monthly meetings at the Woodland Park library the third Tuesday. We feature a guest holistic speaker each month. For information: wncpikespeakregion@aol.com.

Shari Billger, International Teacher/Healer,
Co-coordinator WNC - shari1551@aol.com
Gay Anne Liberty, Spiritual Counselor/
Author, Co-coordinator WNC - gliberty1991@aol.com

Seeking mentors

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Pikes Peak Pebble Pups attend lecture and collect rocks in Cripple Creek

by Steven Wade Veatch

photos by Steven Wade Veatch

A group of Pikes Peak Pebble Pups (youth members) from the Lake George Gem and Mineral Club and the Colorado Springs Mineralogical Society attended the "Mine Shots" lecture series presented by the Cripple Creek and Victor Gold Mining Company (CC&V) on October 18, 2014.

The presentation, held at the CC&V visitor center in Cripple Creek, was on the Cripple Creek rock collection made in 1894 by two U.S. Geological Survey (USGS) geologists: Whitman Cross and Richard Penrose. Steven Veatch, a local geoscientist, made the presentation before an eager crowd. CC&V provided refreshments and paid the admission to the Cripple Creek District Museum for everyone attending the lecture.



This specimen is one of 59 rock specimens collected by Cross and Penrose in 1894 while riding horseback over the Cripple Creek and Victor landscape. A Cripple Creek District Museum specimen.



Fluorite crystals encrusted on Cripple Creek Breccia. A Steven Veatch specimen.



Fluorite crystals perched on a block of phonolite, an igneous rock. Note the intense purple color of the Cripple Creek fluorite. A Steven Veatch specimen.



Three Pebble Pups pause from an intense day of rockhounding. From left to right: Blake Reher, Steven Marquez, and Jenna Salvat.



The Cripple Creek District Museum. Following the lecture at the CC&V Visitor Center, attendees were treated to a guided tour the mining sections of the museum.

Veatch and the Pebble Pups met the attendees in front of the museum for informal discussions. Next the group went inside the museum and looked at the famous rock collection that resulted in a USGS report and geological map that was instrumental in bringing capital investments in the gold camp. The rock collection was also the foundation of a number of fortunes that still benefit Colorado and the nation today.

Following the museum tour Veatch, the Pebble Pups had a picnic lunch in the park. Rocks and minerals were discussed while a warm and gentle breeze swirled golden aspen leaves over the sidewalk.

After lunch everyone headed out to do some rock hounding at a special site that Veatch discovered a few weeks earlier. Within 30 minutes everyone filled canvas bags and buckets with Cripple Creek breccia, gold ore specimens,

and countless pieces of fluorite that sparkled with an intense purple from reflected mountain sunlight.

The Pebble Pups then toured the Cripple Creek Heritage Center. Veatch interpreted the mining displays. The Pebble Pup's day concluded with a review of what was learned during the lecture and field trips. They learned that any time spent in Cripple Creek, the "World's Greatest Gold Camp" is always a good time.

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Thymekeeper: Cold and flu: What to do and what not to do

by Mari Marques

How can we know the difference between the common cold and influenza? Both are a virus, both infect the upper respiratory cells, and both have very similar symptoms at the onset. One way to know the difference is the common cold can strike at any time of the year. Influenza is a seasonal respiratory illness that strikes during the winter, more specifically, the dark months of the year. Classic symptoms of the flu include extreme tiredness, muscle aches (sometimes profound), inflammatory dry cough, and fever (often high). Elders, infants, and people with chronic disease are most at risk of complications resulting from the flu. Complications can include ear infection, sinus infection, dehydration, and even bacterial pneumonia if not treated properly. Both cold and flu are treated using the same herbs and home remedies.

How does the flu spread from one person to the next?

The Center for Disease Control (CDC) website states, “People with flu can spread it to others up to about 6 feet away. Most experts think that flu viruses are spread mainly by droplets made when people with flu cough, sneeze, or talk. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth or nose.”

Wait, these are *experts*? This is one theory that is not supported by any scientific evidence whatsoever. In the horrendous 1918-1919 influenza pandemic, five clinical studies attempted to infect healthy volunteers with influenza. None were successful; they couldn’t infect a single person with it. In another experiment, some naturopathic doctors and herbalists from Boulder extracted mucous from infected volunteers through nasal and throat swabs, and mixed it with the mucous of healthy volunteers, then sprayed it into the nostrils and throat of the healthy volunteers. The result was none of the healthy volunteers got sick. Not one. This appeared in the Journal of the American Medical Association.

Prevention

Although the CDC states in bold letters on their website “The single best way to protect against the flu is to get vaccinated each year.” I have to disagree. One of the best ways to avoid catching a virus is to be sure your nutrition and immune system are operating at optimum levels; especially at season change which is ALWAYS an open door for illness. Boosting your immune or host resistance is easy; it’s keeping it there that’s rather tricky! With influences that negatively affect the immune system surrounding us daily, it’s important to do a self-check. Here are some considerations.

Stress level, inadequate amount of sleep, sugar intake, and unhealthy diet are some of the contributing factors to poor immunity. The average American gets around seven hours of sleep per night when 8.5 is required for good health. Once that drops below 8 we start to see imbalances in the endocrine and immune systems. Two ounces of sugar has shown to lower immune function by up to 40 percent for four hours. The average American takes in six ounces of sugar or more per day.

A partial list of the herbs we use to increase host resistance include echinacea, boneset, elder, osha, lavender, and usnea. Osha and usnea grow right in our own Rocky Mountains. Boneset and elder (both the berry and the flower) have been used historically as a folk remedy. Immune stimulants that can be found in most pantries include thyme, basil, rosemary, sage, oregano, cinnamon, garlic, honey, and lemon. All of which can be used in prevention as well as treatment because they have other actions that are supportive.

If you feel you are at risk of influenza or have been exposed, break into the pantry and make an herbal steam. Virus is temperature sensitive and cannot live in temperatures above 98 degrees. Steam up those nasal passages with a few of those spices and get it before it gets you!

Not only are the above mentioned herbs immune stimulants but they’re also used as treatment of cold and flu for fever and pain relief of headache or muscle ache as well as lowering a fever a degree or two.

Supplement with Vitamin D from the months of September through March. With flu season showing itself in the dark months of the year, the theory that influenza is a vitamin D deficient illness holds weight with many



herbalists. History shows us that the 1918 pandemic reared its ugly head at the same time Rickets was universal. Every baby born at that time was born with Rickets due to Vitamin D deficiency in the mothers. Coincidence? Here’s another: in the Southern hemisphere the seasons are opposite ours. Their winter is our summer and guess when flu season strikes? Exactly, during the dark months when no one is able produce vitamin D from the sun. It is in my humble opinion that Vitamin D supplementation is much more effective in the prevention of influenza than the flu vaccine hands down. Adults should get 5,000-10,000 IU per day. Children 1,000-2,000. For children under two years old there is a product called D-Vi-Sol that is readily available at the pharmacy.

Treatment

The most important aspects to consider when treating the flu are hydration, rest, and a properly treated fever. These three are of the utmost importance.

Staying hydrated can sometimes be hard when you have a sore throat but dehydration can put you in the hospital once it occurs. Let’s talk about mucous membrane and the importance of keeping it moist.

Every orifice in the body is protected by mucous secreting cells. When those cells become infected with a virus, they stop producing mucous. Your mouth, nose, throat, and all the secondary openings in the body are protected by mucous secretions. If they are inflamed too long, become congested, or when you have a hot inflamed throat for somewhere between 12-24 hours those membranes are not making new mucous. All you have is what was left from the last time they were producing. The mucous protective layer continues to thin out, making you susceptible to strep or staph bacteria capable of creating enzymes that dissolve the actin and collagen fibers that hold membranes together. Exposed mucosa is never a good thing as bacteria can get into the body and then you have some very serious issues to deal with. This is how strep can get to the heart. Mucous is extremely important as a first line of defense.

As a demulcent, marshmallow root provides a temporary mucous for cells that have become damaged or inflamed. It is soothing and cooling for membranes that have short term inflammation. Marshmallow root powder can be purchased at mountainroseherbs.com in their bulk herbs section. Extremely easy to prepare, simply add some to cool/cold water and shake it up to dissolve or whisk it in. It binds up in hot water so cold is the preferred method. The more powder you use, the slimmer it becomes earning it the nickname herbal snot!

Our version of marshmallow root is the mallow that grows wild in our area. If I were out of marshmallow root powder I would not hesitate to dig some mallow out of my yard and make a smoothie with the root and leaves. I would also add some elder or mullein flower tea for the anti-inflammatory effects, a bit of lemon for vitamin C, and let that be my beverage. In addition to its healing effects on the mucous membrane, it also helps us to retain moisture in

our cells which is very hard to do once a person has started to become dehydrated.

Because fever plays an important role in burning out that virus, it’s important to let it do its work. Fever puts the immune system in metabolic overdrive to produce more anti-bodies and white blood cells. In the first phase of fever when your set point has risen, you get the chills until your temperature actually reaches the new set point. Shivering is your body’s way of asking the muscles to produce more heat. Assist it with a three minute (no longer) hot shower and get back into bed under the covers.

In the second phase of fever, once your temperature has risen you will become more comfortable. No food is to be consumed during fever. All of your energy should be focused on healing, not digestion. Bone broth is acceptable but nothing that requires digesting solid food. This is when you want to drink diaphoretic herbal teas to help open the blood vessels and pores to allow you to sweat. Boneset, peppermint, yarrow and/or elder flower tea will greatly assist in this process as well as help with muscle pain, headache and lower the temperature a degree or two. Peppermint is a refrigerant herb and will assist with any nausea that may occur due to the virus dying off. Lemon balm and catnip are also diaphoretic herbs that will assist with sleep if restlessness is a problem.

Once you reach the third phase of fever and you soak the bed with sweat, that fever is nearly done with its work.

Rest, rest, and rest some more. Both cold and flu last about seven days. That can easily be turned into 10 days or more by getting up and going back to work on day four. This is a classic mistake that most people make and the next thing you know, they are down and out; even worse than before. In our society there is incredible pressure to get back to school or work when taking sick leave. Many people fear the loss of their job if they don’t. Be kind to yourself and let yourself get better; you will be far more effective if you allow that virus to run its natural course.

Convalescent time is truly underrated in this country. The rule of thumb is this; if you are sick for seven days, take it easy on yourself for seven days. Inadequate recovery can lead to re-occurrence and worsened symptoms.

Be sure to smudge the sick room using any of the culinary mentioned above, juniper berry or the mountain sage that grows all over the county, and cover yourself and other family members with the smoke. These herbs are just as effective at ridding the air of germs as commercial air disinfectants that are laden with chemicals.

It is important to note that antibiotics are not a treatment for virus, they are strictly used for bacterial infection. In fact using them for virus only serves to contribute to the rise of the superbug phenomena. Other commonly known treatments include aspirin and NSAIDS such as Ibuprofen and Motrin. Although these drugs appear to lessen the symptoms of cold and flu, if we look at what’s going on behind the scenes we can see that all three exacerbate the situation on different levels.

Antibiotics destroy good bacteria in the gut flora making it hard for your immune system to do its work. The gut is the seat of the immune system. Aspirin and NSAIDS lower antibody production and prolong viral shedding. We can look back at the 1918 pandemic where both aspirin and NSAIDS were used in treatment for flu, they failed miserably. It’s hard to believe that these are still being used today.

Garlic increases T-Killer cells and T-Killer cells do exactly as their name implies; they seek out cells that aren’t recognized as “self” and kill them. A virally infected cell would not be recognized as self since the proteins on the cell are different. Although many of the herbs mentioned above are anti-viral in action, they are also considered nourishing and tonifying; something that we often overlook when trying to “kill” an invader. Allopathic medicine is great at killing but have no protocol for nourishment, another important aspect when healing.

Note: Pharmaceutical anti-viral medications like Tamiflu and Relenza come with possible side effects of vomiting and diarrhea.

For a more in depth discussion regarding cold and flu and what to do, please join us for herb class Saturday November 8th from 1 p.m. to 3 p.m. at the Hackman House 602 West Midland Ave Woodland Park. This class is funded by donation; everyone is welcome!

Mari Marques is a Certified Herbalist and owner of The Thymekeeper. For questions or more information contact: Mari at mugsys-pad@aol.com or 719-439-7303. Mari is available for private consultation.

Cripple Creek’s foundation of fortune

by CC&V Community Affairs

“Before the Colorado Gold Rush, some prospectors were just inches away from huge discoveries,” said local Geologist and Historian Steven Veatch during a presentation on the Cross and Penrose Survey, at the Cripple Creek and Victor Gold Mine Visitor Center on Saturday, October 18. “Gold in the Cripple Creek District doesn’t look like gold; it’s silver,” he said, and it was overlooked by many prior to Bob Womack’s gold discovery in 1891. But the Cross and Penrose survey of 1894 changed the history and fortunes of the District by creating an understanding of the minerals in the area.

Two scientists were sent to the District by the United States Geological Survey to collect and map rocks in the area. Richard A.F. Penrose, Jr., brother of financier Spencer Penrose, was a mining geologist and shrewd investor; and Whitman Cross was a field geologist. Together, they collected representative rocks of the area and labeled them by type and location where found. Mines were also described. This collection and report was important because it was the first scientific description of the area’s geology, and it was used by the mine owners to raise capital to expand their mines, thus creating more wealth.

Further influencing the importance of the survey was the fact that it also brought together a partnership with the “Father of Open Pit Mining”. Although the technique was used for copper mining in Utah, it created a process used in today’s surface mining operations. Daniel Jackling needed capital to move forward with his new idea, and the Penrose brothers had the foresight to invest in what is now known as Bingham Canyon, also known as the Kennecott Copper Mine, one of the largest open-pit mines in the world.

Their investment brought all three men substantial wealth, and Spencer Penrose founded the El Pomar Foundation for the people of the Pike’s Peak region and Colorado. Richard Penrose divided his estate equally between the American Philosophical Society and the Geological Society of America. With this funding, the GSA was able to become a world leader in geologic science.

Steven Veatch himself is a descendent of Crip-



Steven Veatch

ple Creek miners, and his grandfather was a personal assistant to Spencer Penrose. He was able to share personal stories and historical photos — not in the public domain — of life in the mining era. He is a well-known speaker, geologist, and local historian. The Cross and Penrose rock collection was housed and forgotten in the Cripple Creek District Museum until Veatch recently rediscovered the collection and began the process of cleaning, arranging and photographing the specimens and they are now on display.

CC&V hosts free “Mine Shots” presentations each month in the CC&V Visitor Center at 371 E. Bennett Avenue in Cripple Creek. The next Mine Shot presentation will be Saturday, November 22 at 10:00 by Erik Monroe, Mine Geo-Technician. He will discuss how the Geo-Technical Department keeps miners safe from landslides and historical mining “voids”. Reservations are required and can be obtained by calling the Visitor Center at 719-689-2341. The CC&V Visitor Center has rocks and exhibits on the Cripple Creek and Victor Gold Mine operations and is free to the public. Look for future Mine Shot presentations!

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"Art just comes naturally to us," Andrea and Doug Narigon say as they exhibit some of their works from the simple to elaborate.

Mountain Artists gear up for annual Holiday Show

Andrea and Doug Narigon will be among the artists displaying at the annual Mountain Artists Holiday Show on Saturday, Nov. 29, indoors at the Ute Pass Cultural Center, Woodland Park. Doug creates beaded strips that can be hung as decoration or put on clothing. He also creates leather medicine bags, direction feathers, and beadwork on driftwood. Doug dedicates all his beadwork to his great grandmother who was Cree. He works in the traditional Native American style.

Andrea is a retired art teacher with a master's in art education. She will have handwoven coasters and placemats among other fiber items on sale at the show. Weaving and spinning are the focus of Andrea's art. She, too, is influenced by the Native American culture, following her completion of weaving classes on the Navajo Reservation in Shiprock, N.M. Prices for the couple's art range from \$15 to \$350.

The Holiday Show opens at 10 a.m. and runs until 4 p.m. on the Saturday after Thanksgiving. This year drawings for \$10 coupons will take place every half hour. The coupons can be used at any of the artist booths during the show. There will be jewelry, collectibles, photography, baskets and bowls, wall hangings and table art, cards and signs, as well as paintings and photographs, and of course, the new and unusual for gifts or home. Show admittance is free, and light refreshments will be served. Questions can be directed to Helen at touchofpine@gmail.com.

Each year, the LSOC Committee chooses a recipient for the parade fundraising effort. "Keeping with the music theme of this year's parade, The Ute Pass Symphony Guild is the recipient for 2014," stated committee chair Tracie Bennitt. The primary mission of the volunteer Ute Pass Symphony Guild is to present the annual "Symphony Above the Clouds" featuring the Colorado Springs Philharmonic. This was the 34th year that family and friends enjoyed, at absolutely no cost, this premiere summer event. The Guild also purchases tickets to the Colorado Springs Philharmonic special performance for elementary students. Teller County and Lake George children in the 4th grade, their chaperones, and sponsors are able to enjoy a concert designed to promote the education and appreciation of orchestra music. Support of The Ute Pass Symphony

Fall waterfowl hunting

by Jeff Tacey

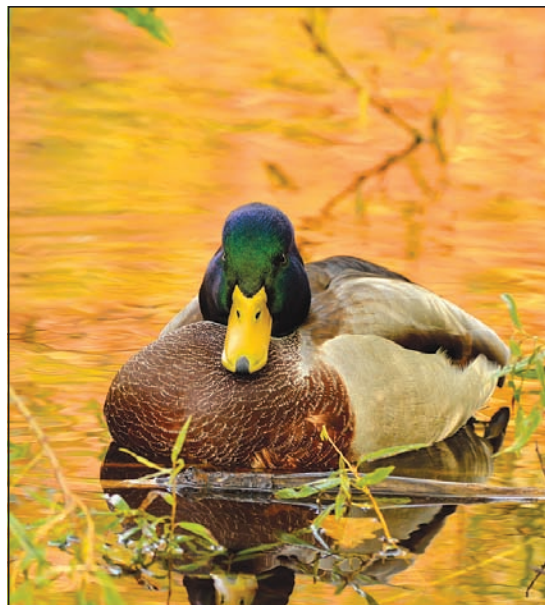
With winter right around the corner, fall still has plenty of fun left in it. Duck hunting in South Park can be pretty good if the weather is right.

For Teller and Park County, duck season is October 4th to December 1st and December 20th to January 25th 2015. Dark (Canada) goose season is November 22nd to February 15th 2015. In addition to your small game license you'll need a State and Federal duck stamp. Check the 2014 Colorado Waterfowl brochure for all rules and regulations.

The biggest rule for waterfowl hunting is the use of steel or non-toxic shot. No lead shot allowed.

Now, where to go. Two of my favorite spots are Elevenmile and Spinney Mountain Reservoirs. Remember cold, cloudy, windy days are best; if it's raining or snowing even better. Set up with the wind blowing towards shore. Try and use shoreline brush to hide in and set out a couple of decoys. Using your duck call may bring high flyers in closer for a shot.

Tarryall Reservoir and various spots along the South Platte River can also be productive, first light and last light are your best times for flying waterfowl. Check the rules for State parks and (SWA) State Wildlife Areas, as far as hunting access and no hunting



zones like camping areas.

As far as shotguns, use a bigger gun and load for geese than ducks. My two waterfowl guns are a Mossberg 835 Ulti-mag in 12 gauge and Browning Pump Shotgun (BPS) in 10 gauge. Use 2, 4, or 6 shot for ducks and BB, BBB or T shot for geese. Winchester, Federal, and Remington all make good waterfowl loads. Aim steady and good luck!

A season to be thankful

The Ute Pass Historical Society, in conjunction with the Pikes Peak Regional Medical Foundation, present "A Season to be Thankful."

In America, the fall season is a time of harvest, a time to give thanks for many aspects of our lives, but how often do we remember to be thankful for the gifts nature has given us? In this, we might take a lesson from our Ute brethren who have been expressing their gratitude for centuries.

This mini-exhibit features remembrances from Southern Ute elders, Isabel Kent and Eddie Box. Ute artifacts, and photographs. "A Season to be Thankful" will be on display through November in the Pikes Peak Regional Hospital lobby. For more information, contact the Ute Pass Historical Society at 719-686-7512 or via email at uphs@peakinter.net.



Lighter Side of Christmas brings Beatlemania to Woodland Park

The 2014 Lighter Side of Christmas (LSOC) parade committee is back at work planning events and activities for the 26th anniversary of the Lighter Side of Christmas Parade, scheduled for Saturday, December 6 at 6 p.m. in downtown Woodland Park. The parade theme this year recognizes the impact the Beatles had on America 50 years ago with "Here Comes the Sññ Snow – Celebrating 50 Years of Beatlemania."

The LSOC Committee was thrilled to present a check for \$5,000 to the Woodland Park Community Cupboard, the 2013 parade beneficiary. "The LSOC parade is one of the best holiday events in our area," stated WPCC Director Janie Child. "To work with this dedicated committee was a great experience for me. The Cupboard appreciates all the time and effort put into this annual event by the committee. The community's support is amazing."

The parade theme this year celebrates the 50th Anniversary of the Beatle's album release in the United States and "The Fab Four's" first live appearance on "The Ed Sullivan Show." This singular event changed America forever and provided a seismic sociological shift in our culture. With John Lennon, Paul McCartney, George Harrison, and Ringo Starr, the band became widely regarded as the greatest and most influential act of the rock era and according to the Recording Industry Association of America, the best-selling band in the United States.

Each year, the LSOC Committee chooses a recipient for the parade fundraising effort. "Keeping with the music theme of this year's parade, The Ute Pass Symphony Guild is the recipient for 2014," stated committee chair Tracie Bennitt. The primary mission of the volunteer Ute Pass Symphony Guild is to present the annual "Symphony Above the Clouds" featuring the Colorado Springs Philharmonic. This was the 34th year that family and friends enjoyed, at absolutely no cost, this premiere summer event. The Guild also purchases tickets to the Colorado Springs Philharmonic special performance for elementary students. Teller County and Lake George children in the 4th grade, their chaperones, and sponsors are able to enjoy a concert designed to promote the education and appreciation of orchestra music. Support of The Ute Pass Symphony



Left to right: LSOC committee members Nancy Hartsfield, Gail Wingerd, Val Robertson, WPCC Director Janie Child, LSOC committee members David Mals, Jan Wilson, Doreen Ward, and Tracie Bennitt

Guild helps defray the cost of bringing the Philharmonic to Woodland Park and elementary school children. Their success is measured by the ever-growing number of attendees, as well as the strong support of the Teller County community, businesses, individuals, and the Woodland Park Government.

The "Fill the Van" campaign is going to take place again this year, with parade attendees being asked to bring nonperishable food items to fill the Community Cupboard van following the parade during tree lighting and awards ceremony at the Ute Pass Cultural Center. The Annual Crazy Hat Contest, sponsored by Williams Furniture is taking place the night of the

parade. The committee is organizing the annual city wide "Holiday Treasure Hunt" that will kick off at the November 14 with the first clue. The individual that finds the LSOC Yellow Submarine, based on weekly clues provided at sponsor businesses, will win a gift basket full of goodies from local businesses, valued in the past at over \$1,000. The WP Library district is also hosting the annual Gingerbread Contest, sure to be a tasteful event.

Details are available at www.lighterside-ofchristmas.com where you can explore opportunities for the 2014 Lighter Side of Christmas Activities and Parade. Questions may be directed to tracie@dinosaurbrokers.com

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Proceeds help the Divide Chamber of Commerce support such organizations as Teller Historic and Environmental Coalition and Summit Elementary School. For more information, visit www.dividechamber.org. For Vendor Space Availability Call Joe at 687-2278.

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PPRH Specialty Clinic is happy to announce the addition of Pikes Peak Urology to the expanding list of Specialty services provided for the residents of Teller County and the region. Drs. Rosevear, Walsh and Moody will begin seeing patients in Woodland Park beginning October 14.

Henry Rosevear, MD

Dr. Rosevear graduated from the University of Michigan Medical School in 2007 with both academic and research distinction. He completed his General Surgery internship and his Urology residency at the University of Iowa in 2013. He is proficient in both laparoscopic and Da Vinci robotic surgery.

Richard A. Walsh, III, MD

Dr. Walsh graduated from Georgetown University School of Medicine in 1994. He then completed an internship in General Surgery at Brown University. Completion of his urologic training was at the University of Colorado Health Sciences Center. He is diplomat of the American Board of Urology and has special interests in Urologic Oncology and voiding dysfunction relating to surgical correction of urinary incontinence.

Jeffrey A. Moody, MD

Dr. Moody graduated from the University of Iowa College of Medicine in 1992. He completed his Urology training at the University of California, Los Angeles and pursued further training in Endourology and Percutaneous Renal Surgery at the University of Indiana.

To schedule an appointment, call 719-531-7007.
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Christmas in Divide 2014

by David Martinek
photos by David Martinek

For the last 23 years, the Divide Chamber of Commerce has sponsored their “Christmas in Divide” craft fair on a Saturday in November during the week of Veterans’ Day. This year, Veteran’ Day is Tuesday, November 11th, and the 23rd Annual “Christmas in Divide” fair will be held on the following Saturday, November 15th, at the Summit Elementary School gymnasium from 9 a.m. to 2 p.m.

As with last year, the Chamber is partnering again with the school’s Parents and Teachers Organization (PTO) to present a holiday starter for the community, including live music and entertainment by local school children and artists, crafters displaying and selling their products arranged in rows of booths on the gym floor, a Chamber bake sale and silent auction, and a visit from jolly old Saint Nick himself.

The fair is a fund-raiser for the Divide Chamber and a much anticipated annual event for the community — providing an excellent opportunity for local residents get an early dose of Christmas spirit and to start their Christmas shopping. The proceeds from the fair help the Divide Chamber of Commerce maintain its presence in the community, support its various projects like the “Welcome to Divide” sign (coming soon), as well as support the continuing renovation of the Midland Depot at Divide, sponsored by the chamber’s non-profit partner organization, the Teller Historic and Environmental Coalition.

Santa Claus is always a welcome participant, making a joyful entrance during each fair and welcoming one and all. Children and adults alike may sit on Santa Claus’ lap and have their picture taken. Santa will be available from 10 a.m. to 1 p.m.

The Summit Elementary PTO will sell a chili and hotdog lunch to the crowd, and the Chamber will offer coffee and donuts in the morning (for a donation). Mrs. Brenda Baker, the school’s music director, will arrange and present the entertainment throughout the day provided by the children of the Summit Elementary School, as well as that of other schools, and other performers — always a fair highlight. The emcee for the event will be the Summit Elementary School principal, Ms. Katie Rexford.

Crafters interested in joining the fair may



Santa Claus welcomes Greg Smith, a wood crafter by his table at the 2013 “Christmas in Divide” fair.



The Woodland Brass were one of several groups performing during the 2013 “Christmas in Divide” fair. Other performers included the Summit Singers and another student group from Gateway Elementary School, the Mountain Fire Irish Dancers, ballet dancers and others.

still register, although space is becoming tight. A registration form may be downloaded from the chamber’s website or obtained at Shipping Plus or Ancestral Arts in Divide. Booth fees range from \$30 to \$40, depending upon table size, (chamber members receive a \$10 discount) and there are extra charges to provide tables and/or electricity (limited quantity – first come, first served).

For more information about the Christmas in Divide Craft Fair, or to register as a vendor, go to the Divide Chamber’s website at www.divide-chamber.org or call Lisa Lee (Shipping Plus) at 719-686-7587, or Joe Kain (Ancestral Arts Trading Post and Gift Shop) at 719-687- 2278.

Summit Beauty School adds massage to curriculum

After 11 years of providing quality education for prospective hair stylists, manicure/pedicure technicians, and estheticians, Summit Beauty School is adding Massage Therapy to their curriculum. In addition to the high level of education the students receive, Teller County residents have been enjoying unique and affordable cosmetology services for more than a decade. As President/Co-owner April McMicken says, “This is a natural progression for us. After years of teaching high level knowledge to our students, we felt it was time to expand into another area that will give immediate results and the ability for our students to quickly enter the workforce profitably.”

Classes are available now for all of the areas of cosmetology and massage therapy. Prospective student are encouraged to contact the school at (719) 686-0205 for details on becoming a professional in the area of your choice.

Adopt Me Willie

By Lisa Moore of TCRAS

Hi there. My name is Willie. I am a 2 year old Herrier mix looking for a forever home with no young children. I have some problems with my legs, and I do not react so well when someone puts too much pressure on them. I will need further medical attention to care for my ACL. Please ask the TCRAS gals for more information. I hope you consider giving me a chance; I really am a great guy who just wants to share all this love I have bottled up inside me! Call TCRAS, the no-kill shelter in Divide, at 719-686-7707 for more information or checkout our website to see all the available animals! Www.tcrascaloradocolorado.com



TCRAS Benefit

Come to Russ’s Place at 52 CR 5 in Divide on November 15 from 11 a.m. to 4 p.m. and enjoy a hamburger; 100 percent of proceeds from hamburgers will benefit TCRAS!

Divide community fire rating improves to 4/4y

by David Martinek

Following a recent analysis by the Insurance Services Office, Inc. (ISO), the Divide Fire Protection District’s community fire rating has improved to Class 4/4Y. What this means for local Divide residents is that the lower the number the less likely a property will be damaged in a fire, and perhaps some insurance premiums will be adjusted. The previous ISO rating for Divide Fire was 6/9. The new ISO fire rating classification becomes effective on December 1, 2014.

The ISO is an independent company that collects and evaluates information on the structural fire suppression capabilities in local communities. Basically, the ISO serves the insurance industry by providing information about the risk of fire. When reviewing fire departments, like the Divide Fire Protection District, the ISO evaluates the department’s operation, its fire alarm and communications systems, the local water supply, and then assigns a Public Classification number (ranging from 1 through 10). The lower the number the less risk from fire.

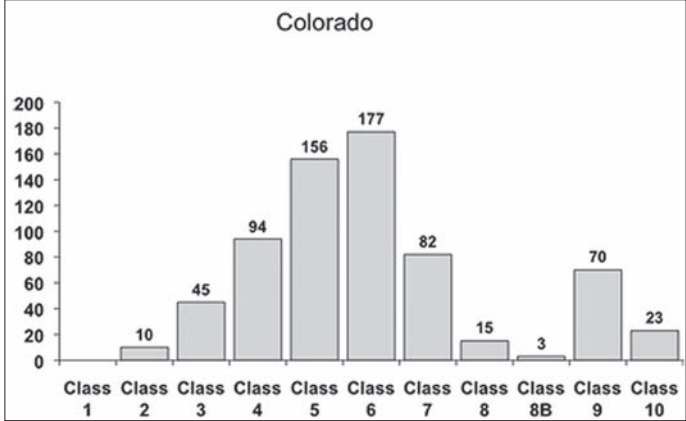
“The new classification is incredible news,” said Chief Tom O’Connor in a recent press release. “I’m very proud that our department has officially lowered our ISO rating through the hard work of our volunteers and the District Board of Directors’ diligence in supporting the department’s equipment and training needs.”

The new classification puts the Divide Fire Department in the top 15 percent of nearly 1,000 local fire departments in Colorado. Only 149 other fire departments have an ISO rating of 4 or better.

An ISO rating of 4 applies to properties within 5 miles of a recognized fire station and within 1,000 feet of a fire hydrant or alternative water supply. This includes residences and businesses in the Meadow Park subdivision and in down-

town Divide are where hydrants are located.

An ISO rating or 4Y applies to those that are beyond 1,000 feet of a fire hydrant but are within five miles of a recognized fire station. This classification would affect the majority of the District’s residences. Divide Fire has two recognized stations: Shoemaker Station 1 at 103 Teller County 51 (Cedar Mountain Road), and Rainbow Valley Station 2 at 18602 Highway 67 South.



Credit: [ht tp://www.isomitigation.com/ppc/1000/graphs/CO.html](http://www.isomitigation.com/ppc/1000/graphs/CO.html)

Properties beyond five miles from either station will still have a rating of 10. There is also a new classification (10W) for those beyond five miles from a station but within 1,000 feet of a creditable water source.

The Divide Fire Protection District has been able to lower their classification despite not having a mill levy increase since 1999. The District is responsible for fire suppression, emergency medical response and rescue services within a 100 square mile area in north central Teller County. Nearly 45 emergency response volunteers and five board members serve the district.

For more information about the Divide Fire Protection District and their new fire rating, call 719-687-8773 during business hours.

New playground equipment at Chisolm Park

The Public Works Department of Salida will be closing the playground at Chisolm Park, located on the 300 block of Hunt Street, between Maxwell Street and Chilcott Street, until November 7th, 2014 or sooner. The closure is for the installation of new playground equipment. The nearest playground to Chisolm Park with playground equipment is Alpine Park located between E and F Streets and 4th and 5th Streets.

We are sorry for any inconvenience this may cause. Your safety is a priority to us and we appreciate your patience during this construction period.

Newspaper starts again at Cripple Creek-Victor High School

by Pioneer Post staff

After over a decade, the Cripple Creek-Victor Junior/Senior High School is planning on reviving the school newspaper. Three inspired students and a teacher have worked out all of the details to put it into action. This team also serves as the staff for yearbook.

As soon as the group received permission from the principal and the superintendent, they went about creating an initial budget, developing ideas for subject matter, and working to get other students and teachers involved.

“Many students in the school do not understand what is going on in our school board meetings, or what is going on in clubs; this making the newspaper is a good way to inform them of these events or activities. It also helps students become more involved and participate,” was pointed out by one of the students striving to create the newspaper.

The paper is set up and ready to go. All that is missing are supplies. “We need to be able to get 11 by 17 paper, ink, and staples. As students, none of us are really able to get these, and that is the only thing holding us back,” stated another contributing member of the team.

The plan is to provide papers to everyone in the school — including staff. This will cover ages 12 and up. It is their plan to begin distribution the first or second week of November. They are eager to get the paper out and see how it will be received, because they feel positive about their work. However, they want to see what other students think and what their ideas and opinions are. It is the goal of the staff to include everyone in the paper.

When asked why they are so dedicated, one of the students said that they tried for two years

Many students in the school do not understand what is going on in our school board meetings, or what is going on in clubs; this making the newspaper is a good way to inform them of these events or activities.

to get a newspaper started, but to no avail. However, with new administrators, it became a more hopeful aspect and they decided to try again.

For two of the students, they are starting this project in their senior year. They are working to create a newspaper while dealing with all of the stresses of graduation, scholarships, and getting accepted into college. The other student — who is a seventh grader — is just getting started with middle school, but wants to be involved. He is planning to keep the newspaper running for the years after. There is also the teacher who takes time out of his busy school schedule to help.

It is the goal of this group to get more students involved. The staff want to start contests and advice columns to help students write and participate more. The newspaper is a great way for all of this to happen and keep students informed.

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Holiday help!

by Erin Snyder

The holidays are fast approaching and while some of us are giddy with excitement, others are gritting their teeth and hoping they can get through the stress. Here a few tips to help you wade through some of your holiday woes.

Houseguests

Just the word itself makes some of us cringe. But houseguests don't have to mean stress. Helping your guests help themselves is the biggest stress reliever in this area. Leave out extra towels and toiletries so they don't have to ask you for them. Show them around the kitchen and pantry. If you have work or other commitments while they are visiting, make sure they know your schedule. It also helps to have a few things for them to do. Get a few movies, make a list of local attractions, or tell them where the good restaurants are. Most guests are happy to entertain themselves for a while if they know where to go.

Food

If you are cooking large meals for the holidays, a little planning goes a long way. A few weeks out from your holiday meal, develop your menu so you can see everything you need. Anticipate the number of serving dishes you will need. If you need to buy or borrow anything, do this well ahead of time. Two weeks before the cooking day, buy all of the dry goods and non-perishables. This not only gets some of the shopping done, but it spreads out the spending so you don't get hit with one giant grocery bill. The perishable items can be bought the week of the holiday. If your dinner guests are local, consider a potluck to cut down on the cooking and cleaning you will have to do. If you think you might be sending leftovers home, buy a few inexpensive Tupperware pieces or aluminum dishes to fill so that guests don't have to worry about returning your dishes.

Gift Giving

Holiday shopping can be fun, but when you have too much on your list, it can be expensive and time consuming. Consider doing a Secret Santa with extended family so that everyone has to buy only one gift for the group. This cuts down on spending, but has the added advantage

With a little planning, you can focus less time on running around and more time on enjoying the holidays!

of making sure everyone gets a truly special gift because everyone has more time and energy for the one present they have to buy. If you have a group of friends, forgo gift giving and instead, go out to dinner together or do another fun activity. Create 'wishlists' on Amazon or another internet site. These can be emailed to friends and family and it's easy to create multiple lists for different family members. This is a great method for letting out-of-town relatives know what the kids would like. If you order gifts online, look for free shipping offers or coupons.

Travel

If you are traveling during the holidays, make sure to allow plenty of time for any delays you may come across. If you are driving somewhere, pack plenty of snacks and activities to cut down on the stops you have to make. If you are flying, bring entertainment for the plane and make sure to take advantage of the outlets at the airport to charge any mobile devices you might use on the plane. If you are boarding animals while you are away, book early and prepare their vet records and necessities now. Since travel is so much more expensive during the holidays, find creative ways to cut down on costs. Look for restaurants with 'kids eat free' nights while you're on the road. Book hotels that offer free breakfasts. Some airlines offer a discounted checked bag fee if you pay for baggage online at check-in.

With a little planning, you can focus less time on running around and more time on enjoying the holidays!

Erin Snyder is a Professional Organizer and the author of the organizing blog Neaten Your Nest. For more information, please visit www.neatyournest.com or contact Erin at erin@neatyournest.com or 678-622-6718.



Many hands working together make light work of a large task.

Approaching fire mitigation

by The Coalition for the Upper South Platte

While Colorado was spared the devastation of a huge, catastrophic wildfire this year, we have certainly had more than enough opportunities to see the destruction out-of-control wildfires can bring. For those of us living in the wildland-urban interface (where development meets the forest), the possibility of a wildfire coming into our community and onto our property is a constant. Fortunately, we don't just have to sit back and wait for a wildfire to approach our house and leave it up to luck to see if our home survives. There are many proven methods of reducing wildfire risk on your property, and our understanding of what works and what doesn't is improving all the time.

Even with a clear understanding that you need to do something to improve the chances your property will survive a wildfire, getting started on wildfire mitigation projects can be daunting. Where should I start? How much will it cost? What do I do with all the leftover material?

One of the best first steps is to get a better sense of what the risk of wildfire is where you live. A great tool for understanding your risk is the Colorado Wildfire Risk Assessment Portal, which can be found at www.colorado-wildfirerisk.com. This map was created by the Colorado State Forest Service and allows you to zoom to your address and see what your wildfire risk is. You can also easily explore other pertinent information like historical wildfire occurrence in your area.

Once you have a good grasp on the odds a wildfire will come through your community, you will likely start thinking about the kind of wildfire mitigation projects you can do. While small steps like making sure your gutters are clean and moving firewood away from your house are important measures that will certainly reduce the chance of a wildfire consuming your home, the most effective mitigation step you can take is reducing the amount of fuel for a wildfire on your property. For most properties, the biggest source of fuel is going to be vegetation, either living or dead. These fuels are hazardous because they can carry a wildfire right to your home.

Rather than trying to figure out which trees, shrubs, and plants you should remove on your own, you can take advantage of local expertise to help you decide. Your local state forester or our staff at the Coalition for the Upper South Platte (CUSP) can give you advice on treatments and connect you with resources to get projects on your property done. At CUSP, we are committed to helping you reduce wildfire risk by coming out to work with you and your neighbors to build community and provide resources for wildfire mitigation. We use a balanced approach to forest management, considering local ecosystem function, your desires, and fire risk management. We consider your objectives for the project, forest health, hazardous fuels reduction, wildlife habitat, mitigating disease and insect infestations, and enhancing aesthetics in recommendations and prescriptions for projects.

In addition to coming out to consult with you, CUSP provides services and resources to help you remove the woody material left over from your wildfire mitigation projects. We run two slash sites, one in Divide and one in Fairplay. You can bring your slash to either of these sites and drop it off for a small fee of \$6 per pick-up bed load. We will process your slash into mulch or other useable material, and if available, you can take the mulch for free.

CUSP will also work with you and your neighbors if you have a larger project in mind. As part of our commitment to help your neighborhood come together to reduce wildfire risk, we will bring our chipper out to process woody material into mulch. This is usually done on a cost share basis, in which residents contribute

labor and pay a nominal fee for the service.

This idea of working across boundaries in a community is critical for effective wildfire mitigation that protects your home and those things in your community that you value. Wildfires don't recognize property lines, so in addition to doing what you can individually to make your property better prepared for fire, working as a neighborhood and a community on wildfire mitigation is the best way to protect lives, property, and other values.

Community Wildfire Protection Plans (CWPPs) are one way to help mobilize your entire community around wildfire mitigation. These plans help communities come together to identify values and how to protect those values in case of a wildfire. Your community may already have a CWPP that could help guide your wildfire mitigation projects. Teller, Park, and El Paso Counties all have a county CWPP as well as several more localized CWPPs for specific districts or neighborhoods. You can find a list of all the CWPPs in the state at the Colorado State Forest Service website - csfs.colostate.edu

Once you have a plan for mitigation work, how do you fund your projects? Wildfire mitigation grants and cost share programs are available. The Colorado State Forest Service administers many of these programs, and you can find more specific information on their website or by contacting your local state forester. Many of the state grants for mitigation are only available to communities with a CWPP, which is another good reason to make wildfire mitigation a community effort.

In addition to grants, Colorado has a tax benefit for mitigation work. Individual property owners can subtract up to \$2,500 from their federal taxable income for mitigation work. Insurance companies are increasingly recognizing the value of wildfire mitigation as well, and many are encouraging property owners to do work on their land.

Whether you have been doing wildfire mitigation on your property for years or are just starting to think about it, each one of us can make a big difference by getting involved in the process. Wildfire mitigation is a long-term process because wildfire will always be a part of our unique landscape and vegetation will keep growing, but when done correctly and as part of a community effort, it is incredibly rewarding.

Contact information & resources:

CUSP
(917) 748-0033
cusp@uppersouthplatte.org
<http://cusp.ws>

Colorado State Forest Service – Woodland Park District
(719) 687-2951, (719) 687-2921
CSFS.WoodlandPark@mail.colostate.edu
<http://csfs.colostate.edu>

Divide Slash Site
(719) 748-0033
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www.divideslashsite.com

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Colorado Wildfire Risk Assessment Portal
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Old Mose

by Charlotte Burrous

He is a legend, especially in Fremont and Park counties.

In the late 1800s, a grizzly bear named “Old Mose” began to terrorize the residents along a 300-mile range between the Utah line to his headquarters on Tallahassee and Black Mountains in Park County in Guffey. He was first noticed when he was five years old, mainly because of his size.

During the next 35 years, settlers talked about his stalking cattle and horses, which cost local ranchers around \$30,000. According to the archives, he also is credited with killing four or five men in the wilds, said the archives at the Royal Gorge Regional Museum and Local History Center in Cañon City. There was no chance his identity was mistaken because he left tracks, showing that he had lost two toes and a portion of his left hind foot. By the time he was shot, he was estimated to weigh more than 1,000 pounds.

Over the years, he became well known by area residents, including Williams Stout and W.B. Waterhouse, who had suffered scores of



W.H. Pigg and J.W. Anthony show off their trophy.

cattle losses from the cunning grizzly.

“To these ranchers goes the credit for his nation-famous name,” the archives said. “The prompting of this appellation was the manner in which the huge grizzly moseyed toward the men he would happen upon; and also his slowness in leaving a carcass when fired upon.”

Another pioneer, C.W. Talbot talked about prospecting in the Antelope Park country when a reward was offered for anyone who brought in Old Mose’s carcass.

“Even with the large reward posted, he said it only increased fear in native hunters who well knew the huge ... hulk carried many bullets. Hence, the marauding (grizzly) continued to appall the ranges unrestricted,” the archives continued.

Hunters from outside Colorado came into the area to be outfitted to hunt the bear in the territory where he lived. However, some of them did not return.

In the meantime, J.W. Hall, who owned a ranch six miles from the Stirrup ranch, said he went to the Tallahassee Mountain to gather raspberries. But when he began his trip home, he heard a snort. Realizing Old Mose was within 50 yards from him, he began to run.

“No fore thought had propelled them,” the archives said. “Never before had I dreamed I was a born sprinter. As if by arrangement, my feet brought me to a leaning spruce. Without slackening my speed until I reached the top, I pine-squirrelled up that spruce tree before the thought occurred to look back in the race.”

After reaching the top of the tree, he found Old Mose at the bottom of the tree.

“Then ... after his feasts on the berries, he moseyed away leisurely,” the archives said.

One legend says that Jake Radliff, who was known for being a fearless hunter, had camped with Henry Seymour along the Park-Fremont county line on a 10-day hunting trip. When they ran across a man named Cory, the three camped overnight before starting on their hunt alone.

“Radliff’s route led him across a narrow swale in the gulch fringed with quaken aspens,” the archives said. “Up the soft dirt of the swale, he found the well-known tracks of the menace to all stockmen — Old Mose. Not wanting to meet up with the grizzly at the time, he skirted around and up the side of the mountain to where the canyon narrowed. Imagine his astonishment at walking directly onto a



The skull and skin of Old Mose resides at the U.C. Berkley Museum of Vertebrate Zoology in California. This photo was taken in 1999.



A Statue of Old Mose on the Adams State University campus in Alamosa.

large mound of freshly dug dirt.”

At that point, Radliff began to study the hibernation place when he heard the bear’s snort.

“He barely had time to turn and fire his Old Henry into the bear at random,” the archives continued. “The overshadowing hulk pounced upon the helpless man, knocking his gun from his hands.”

Old Mose grabbed Radliff by the leg below the knees and worked him over. To save his life, Radliff laid motionless. At that point, the grizzly left. When Old Mose left, Radliff yelled until Cory heard him about a half mile away; however, Old Mose also heard him and returned to finish the job. When Cory found Radliff, he was still alive and could tell him what had happened. Although a doctor was summoned, he did not arrive in time before Radliff died around 2 a.m.

“Radliff was the only victim of (Old Mose) who lived long enough to tell of the battle before he died,” the archives said.

At one point, J.W. Anthony and W.H. Pigg decided to hunt down the bear before he harmed anyone else. The two men took a large pack of trained dogs with them and after several weeks, the two men discovered Old Mose’s trail and followed it for about eight miles before the dogs cornered him at the bottom of a little gulch. By this time, Anthony and Pigg had separated previously to the discovery by Anthony who had wandered into the gulch while Pigg made a detour on the other side in case Old Mose attempted to escape up the mountain.

Then Anthony caught a glimpse of the grizzly, fighting off the four dogs that had attacked him. When Anthony was within 30 to 40 yards from him, he fired his 30-40 Winchester rifle three times; however, it apparently had no effect on him. That’s when Old Mose headed toward him. In spite of the attacking dogs, he got within two rods of where Anthony continued to fire until he shot him directly through the head. The date was April 30, 1904.

“So great was the vitality of ‘Old Mose’ that it required seven shots from Mr. Anthony’s rifle to put a quietus upon his career,” the archives said. “Old Mose has figured so prominently in the hunting of annals of Fremont and Park counties for the last 30 years and a number of sportsmen from New York and other eastern cities have made special trips to Colorado to get a shot of him, but without success, as he was one of the most cunning and crafty representatives of his species.”

Grand opening for Strictly Guffey

by Flip Boettcher
photos by Flip Boettcher

Strictly Guffey, the new gift shop in Guffey which opened its doors for business on October 1st, will be having its Grand Opening on Saturday, November 1st, from 10 a.m. to 5 p.m., according to owner Dana Peters. Strictly Guffey is located on 8th Street, adjoining the Freshwater Saloon on the south side, in downtown Guffey.

There will be artist’s demonstrations, door prizes, drawings, and some of the Strictly Guffey artisans will be there to “meet and greet” throughout the day.

Strictly Guffey, as the name implies, features works by artisans of the Guffey area, which are on consignment in the shop. Peters plans on a total of 22 artists contributing and already has 13 artists displaying jewelry, woodworking, pottery, glass, photography, paintings, cards, furniture, candles, rocks and gems, soaps and lotions, and more.



Peters outside Strictly Guffey with her new sign which will hang on the side of the building.

Strictly Guffey will be offering an introductory art related class every Saturday from 10 a.m. to 2 p.m., said Peters. November will feature jewelry classes and playing with pastels. Other classes will be stained glass and fused art. Call 719-286-8589 or email strictlyguffey@gmail.com for more information.

According to Peters the shop will also feature “Unfinished Fridays” from noon to 3 p.m. This is a chance for artists to come to the shop and bring unfinished art projects. It is a time to get answers to questions, maybe a “push” to help them finish their project, maybe where to “take it from here”, or just to socialize.

Peters also plans on having small artistic groups who meet regularly having one of their meetings at the shop. The first Friday of November, one of the local spinning groups is having their meeting at Strictly Guffey.

Peters also will be conducting jewelry workshops, and doing custom matting and framing.

Peters is quite an artist in her own right. Peters was born and raised in Michigan and came to Guffey nine years ago, but said she has been coming to Colorado for about 30 years. Peters settled in Guffey because she liked the artistic feel with so many artists living here.

In college, Peters studied ceramics, pottery, graphic design, sales and marketing, but never graduated. Today, Peters’ specialties are jewelry, photography, ceramics (she plans on creating Guffey mugs for the shop), and stained glass.

Fourteen years ago, Peters started using and teaching the Metal Clay Technique. The Metal Clay Technique came from Japan 17 years ago,

said Peters. It is a new medium with which one can create one-of-a-kind pieces.

The technique uses metal-like clay composed of microscopic metal particles, a plant fiber like cellulose, and water. The microscopic metal particles can be copper, bronze, gold, silver, and even stainless steel.

The metal-like clay can be sculpted, shaped and carved. The object is then fired by torch or kiln. The water and plant fiber are burned off leaving 99.9 percent pure metal. From there one can continue on to casting (used for larger productions) and fabrication. Both are traditional techniques. The Metal Clay medium combines traditional and non-traditional methods.

In 2008, Peters became certified as one of eight Metal Clay Technique master teachers in North America. Peters has taught this method to people from around the globe.

Four years ago, before the popular Prospectors television program, Peters started designing jewelry for the Busse family from Lake George. The Busse’s are some of the prospectors on the Weather Channel program, “The Prospectors”.

In the show’s first season, Peters was on the program talking about her jewelry. In the third season, this year, Peters is featured on the last show of the season as the Busse’s designer.

Peters is developing a line of jewelry for the Busse’s. There will be sets of earrings, a ring, and a bracelet. The first set will be featuring aquamarine crystals from Mt. Antero which the Busse’s have found on their claim there. Mt. Antero is above St. Elmo, south of Buena Vista.

Other sets will feature Colorado stones including garnet, amethyst, peridot, and smokey quartz, as well as other all American stones.

Peters has had good response about the shop from everyone. Guffey resident Peggy Harris said the shop had a good feel to it. Someone said that it doesn’t seem like Guffey. Peters wanted a



Peters inside Strictly Guffey.

classy, not too rustic, comfortable shop.

The shop also includes a nice sunny room on the south side for Peters’ studio. She is really excited about having her studio there and has many good ideas for the shop. Come to the Grand Opening November 1st, and do a little Christmas shopping!



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Rocks and water: A glorious combination

by Trevor Phipps

Basic rock and water, for some reason these two objects in nature tend to present some of the most beautiful phenomena Mother Nature has to offer. They are two things that when put together happen to change each other. When water flows over, inside, or around a rock it can either move the rock or over time slowly cut into it. On the other hand, rock when put in the way of a flow of water changes the flow and can reroute, speed up or slow down the water. A river canyon is a good example of what rock and water can do to each other whether it is at that moment or over a long period of time. The canyon is developed by water eating away at a giant chunk of rock over time. In steep canyons, the rocks that sit in the river long term cause the water to speed up and turn into “whitewater.”

A good example of these natural occurrences can be found around the historic Colorado town of South Platte. The town once called Symes, CO was founded around a depot stop along one of the many trains that hauled gold, supplies, and passengers to and from the big cities of the country and the mountain towns. The only thing left remaining of this town is the South Platte Hotel building that was originally named the Wallbrecht Hotel.

This hotel was built in 1887 by Charles and Millie Wallbrecht and offered 14 rooms to stage-coach and train passengers alike. The Colorado and Southern Railroad then built a train depot directly across the tracks from the hotel. Next to the depot was The Log Cabin Inn, a small building that stayed in business offering the area’s best fish bait. This place was a secret among regular travelers, for anyone that had been there knew that the “fish bait” was really some of the best homemade whiskey one could find outside of the cities.

In August of 1912, Mr. and Mrs. Wallbrecht had a big surprise coming to them. They had welcomed everyone into their hotel, locals and outsiders alike, making them feel at home. However, the hotel housed one of the small town’s only bars. Since the couple ran the business themselves they often worked the bar. During the slow tourist seasons they turned more into underpaid psychologists for the local drunks, than barkeeps. One local drunk, George Ballew, was a 29 year old stage coach driver that drove for his family business, Ballew Stage Company, running coaches through the mountain towns of Deckers, West Creek, etc. At the time, George’s 16 year old wife left him. The rumors in town had his crazy drunk mind attached to the fact that Charles and Millie convinced the young girl to leave her much older husband one

night during one of their late night bar therapy sessions. Enraged by this thought, George had decided to take them and their hotel out!

He walked into their hotel one night with a .44 caliber pistol and started shooting. He opened fire at both of the owners, employees, and the guests. He held a gun to the telegraph operator’s head to prevent her from calling for help. Then on his way out, he threw a full can of kerosene into the hotel and shot it with his pistol to light the hotel on fire. He stood out in front of the hotel and guarded it until it burnt down, then fled out of town. Before too long every law enforcement officer in Colorado was on his trail. He was finally found just outside of La Junta and turned his pistol on himself once local law enforcement had him cornered. The hotel was rebuilt after this and last operated in the 1960’s as a bait shop. It now sits empty protected as a historical building.

The old town site sits right at the entrance of one of the most famous kayaking spots in Colorado. In the 1970’s Waterton Canyon was a very famous kayak area and was the home to the infamous “widowmaker.” In 1983 Denver’s water department dammed up the South Platte to make Strontia Springs Reservoir. When they built the dam water filled up the rough part of the canyon destroying the infamous “widowmaker.”

The area still remains a popular area for kayakers for there are still many rough spots in the canyon on the stretch before it slows down and turns into the reservoir. Many people park their cars at the old South Platte town site area in front of the historic hotel building and put their kayaks in the river. There are steps to dock your kayak and get out of the river. The kayakers then must carry their boats back on the two mile or so hike to the parking lot. The rough rapids on this part of the river make the trip an exciting one and worth the hike back up with a boat on your back.

At the heart of the old ghost town of South Platte, across the road from the historic South Platte Hotel sits a parking lot with a trailhead. The trail starts right where the South Platte River crosses the road and veers off of the highway and cuts into a canyon that leads all the way to Strontia Springs Reservoir. The trail is about 1.5 to 2 miles in length and follows the river down the canyon until the trail ends, when there is no longer a river-bank, just water and canyon walls. This is where it is illegal to continue floating down the river, as the river basically turns into a huge reservoir surrounded on both sides with steep rock walls. At



The South Platte River near the ghost town of South Platte.

the end of the trail along the steps, there is a small clearing area where one could set up camp and stay the night.

This is one particular spot in Colorado that hosts a plethora of outdoor activities. The whole area is filled with many great views for the sightseers including the twists and turns of the South Platte that the highway follows the entire way. The vicinity is also filled with spectacular views of the mountains and giant rock formations. For history buffs, the remains of the historic building is definitely a site to see. The area is also filled with many birds and other wild animals to observe. The trail next to the river provides a nice short hike to get some exercise and a chance to watch the maniacs in kayaks bounce down the river canyon.

The rock and water phenomenon discussed previously not only create eye-catching ripples and rapids to enjoy while hiking or floating. The presence of rocks cluttered in the river also creates good habitats and hiding spots for the rainbow trout that naturally spawn a few miles up the river in the Gold Medal Fly fishing sector of the South Platte. The stretch of river right by Deckers is one of the most popular fly fishing spots in Colorado. However, since this area is Gold Medal Waters the restrictions for fishing are elevated and one can only fish with artificial flies and lures.

The fishing rules vary along this part of the South Platte concerning the type of bait you can use and the amount of fish you can keep. It is very wise to get a Colorado Division of Wildlife pamphlets that describe the different rules for each fishing area in Colorado. Word has it, that D.O.W. officials frequent the area and are quick to write tickets to fishermen that break the law. A store clerk in Deckers, CO once warned a customer purchasing worms to be careful that they knew where they could fish with live bait and where they couldn’t. The wildlife and game officers evidently not only have the right to take your fishing license (and prevent you from ever obtaining another), they can and will confiscate an illicit fisherman’s gear robbing them of their pole, tackle and all!

As you leave Deckers and head towards the old South Platte town site, the Scraggy Point campground marks the end of the Gold Medal Waters releasing the fishing restrictions and opening up the remaining stretch of the river to fishing under normal regulations.

The portion of the river near the old village of South Platte contains a good number of giant pools and holes that produce good places for sea monster size Rainbow trout to hide. The looser regulations make it easier to catch the same Gold Medal monsters that decide to swim down river away from

the Gold Medal fishing region near Deckers.

The Waterton Canyon area is no longer the home to the once frightening (and deadly) “widowmaker.” It remains to this day to be a very popular area for the more advanced kayakers featuring one of a kind rapids and obstacles. This part of the South Platte River is unique in the fact that the river stays flowing throughout the cold of winter, never completely freezing over. The area also sits at a relatively low elevation of around 7,000 ft. The combination of low elevation and ever flowing water allows the area to be utilized all year round.

As long as the outdoor fanatic is prepared for possible cold weather and the chance of a snow storm coming quicker than the blink of an eye, the South Platte ghost town site is open and available to enjoy year round. Fishermen can be found all along the river all months of the year. As long as a warm insulated wet suit is worn, hard core boaters can take this run any day of the year! The special location provides for a mild climate and at times can be a haven that one can travel to in order to escape the harshness of the high mountain winters of Park and Teller Counties.

Now that summer has escaped the Rocky Mountains, the temperature has dropped and Frosty’s skin is visible in the mountains. The ski and snowboard season has not yet pushed itself into full throttle leaving some outdoor enthusiasts stuck in a type of purgatory between summer and winter sports. Pull yourself away from the post summer blues by taking a trip to the mountain and into the depths of the South Platte Canyon and enjoy any of the many exciting outdoor activities this historically significant area has been offering for centuries.

Things to remember when enjoying outdoor activities in the Rocky Mountains

- Make sure to bring plenty of water when enjoying the outdoors at high altitude.
- Remember that weather in the mountains can change drastically and dress in layers making sure to have sunscreen, head gear, gloves, rain gear, extra shoes and socks, heavy jacket, etc.
- Be Prepared! Anything can happen in the wilderness so make sure to have basic survival gear, first aid kit, and a vehicle emergency kit.
- If you are fishing or kayaking make sure to have a copy of the rules and regulations for the area and make sure you have all the necessary items mandated by the state.

For more articles on Colorado recreational activities, history, and much more visit Colorado’s new recreational news web magazine Partially Gnarly Gnews at www.pargnar.com. Any questions or comments please send to mail@pargnar.com.

Plant grass and wildflower seed now

by Mary Menz

Many people start thinking about planting grass seed and wildflower seed in the spring, but now is the best time to plant seed — before the snows arrive!

“The optimum time to plant seed is between October and April,” said Jeremy Buss, district conservation technician for the Teller-Park Conservation District. “Winter snows should provide adequate moisture levels for spring germination. We recommend scratching the surface of the soil, broadcasting the seed, and, in significantly sloped areas, covering the seed with a straw blanket to prevent it being washed away.”

The Teller-Park Conservation District offers three kinds of seed mixes developed for soil and precipitation needs specific to the area and the altitude: a low-grow mix, a dryland

pasture mix, and a native restoration mix. The conservation district also offers two kinds of wildflower seed mixes that have produced spectacular results across the area.

“We’ve had customers come in raving about the wildflowers this year,” said Buss. “A good winter and some good spring snows and summer rains combined forces to create the perfect environment for wildflowers this year. We’re hoping that trend continues.”

Mary Menz is the manager of the Teller-Park Conservation District. Seed is available from their offices at Tamarac Business Center, 800 Research Drive, Suite 160, Woodland Park. Information about the seed mixes can be viewed at their website www.tellerparkcd.org.

Body dowsing

by Flip Boettcher

photos by Joe Stiverson

Body dowsing conjures up images of cemetries, graves, superstition, witchcraft, and more. Is there some validity to it, is it a sheer hoax, or does the answer lie somewhere in between?

While there is no definite way to locate lost grave sites other than by digging them up, two other possible methods come to mind: ground penetrating radar and dowsing.

According to Wikipedia, dowsing is a type of divination used in attempts to locate ground water, buried metals, and gravesites without the use of any scientific equipment. Common dowsing rods are a forked branch, a pendulum of crystal, or metal or “L” shaped metal rods.

Dowsing as we know it today may have had its origins in 15th century Germany when it was used to find metals.

In the 17th century dowsing was used in tracking criminals and heretics. Its abuse led to a decree of the 1701 inquisition forbidding using dowsing for purposes of justice.

Dowsing was used in the 19th and early 20th centuries, and still today, to help ranchers, homesteaders, property owners, and farmers locate water on their property.

According to an article called “Grave Dowsing” by Brenda Marble at www.tom-mymarkham.com/gravedowsing.htm, dowsing can identify locations of unmarked graves, as well as give some clues as to height, age, and gender. Dowsing cannot tell us the name of the person buried there.

Marble says she still doesn’t know why the grave dowsing technique works, but it does work and she says it has been proven.

In her article, Marble gives tips on how to make dowsing rods, basic dowsing techniques, cemetery layouts, determining approximate age, determining gender, and what makes that practice essential.

At the end of her article, Marble states that she was able to prove that dowsing does work. In 2000, she was called to a local cemetery to check a vacant lot for unmarked graves. After Marble had found three unmarked graves, the family, doubting the finds, had a funeral home dig up the sites. Two wooden coffins were found exactly where the dowsing rods had indicated. The third site was not checked. Was this just chance?

On the other hand, skeptics believe the

dowsing apparatus has no power of its own but just amplifies slight movements of the hands. People’s subconscious influences their consciousness without them even knowing. This phenomenon is called the ideomotor effect. Many scientific tests conclude that dowsers do not perform any better than chance. Does dowsing work, are some people able to tap into an unseen energy, or not?

This writer tried dowsing with mixed results. The “L” shaped rods did seem to move on their own, but I can’t say that I did or didn’t influence their movement. Marble stresses that practicing is essential to become familiar with the movements of the rods.

When this writer visited the Currant Creek Pioneer Cemetery in the fall of 2013, with Amy Unger, and Erica Duvic, we left with the idea that two, three, or more gravesites could be there.

The CCPC is located off of HWY 9 northwest of Guffey on private property. The CCPC appears to be laid out in family groups with the oldest, the Lloyds, on the north, then the Beery’s and the Hammond-Bender-Taylor family group on the south. All were early ranchers in the area and appear to be related, although a connection between all of them hasn’t been found yet. All the gravesites seem to be laid out in the Christian manner with heads pointing west and feet pointing east.

Located between the Beerys and the Lloyds are a broken off headstone and a possible footstone. This leads to the possibility of one, two, or maybe more grave sites there. On the north side of the cemetery, north of the Lloyds, there is visible evidence of old, milled wood, and possibly older grave sites.

Since the ground radar was not a possibility at the CCPC, Pat Meigs, a dowser from Canon City, agreed to come visit the cemetery. Meigs said she learned the art of dowsing in 2006, from a fellow dowser who was teaching the art.

Meigs, Kris Verdeal, cemetery property owner, Doug Stiverson from Denver, the great, great, great grandson of Hannah Hammond

who is buried there, his wife Jo, and this writer visited the CCPC last month.

Meigs found evidence of three dug, but empty, graves just north of the Bender-Hammond-Taylor family plot. At least three Benders died of



The body dowsing group at the Currant Creek Pioneer Cemetery from left to right are Kris Verdeal, Doug Stiverson, Pat Meigs, and Flip Boettcher.

scarlet fever within days of each other. Perhaps graves were dug expecting more deaths?

Where the broken headstone is, near the Beery family plot, Meigs found evidence of a woman and a male baby buried together, a mother and son? North of the Lloyd family plot Meigs found evidence of two more unmarked sites: a male and a female.

Unbeknownst to the rest of the group, Doug Stiverson, as sort of a test, had found that the state of Colorado had 16 registered grave sites at the CCPC, with only 13 marked sites, leaving three sites unmarked. Meigs found three unmarked sites. Coincidence? The only way to know for certain is to dig up the sites, which is not a possibility.

Meigs said that coffins shift and might not



Pat Meigs dowsing in Currant Creek Pioneer Cemetery.

be directly under or lined up with a headstone. In fact, a headstone can sink completely into the ground leaving no trace within 40 years.

Doug Stiverson said “We had a great session at the cemetery and were won over by Pat’s dowsing. I’ll never say I understand what we witnessed, but I was impressed. It’s fascinating that Pat’s ‘finds’ mirror what the State of Colorado records indicate for the cemetery, 16 interments total. Who the unmarked three are may forever remain a mystery, but at least we now know what we’re looking for!”

Possible identities of the unmarked graves could be the parents of Captain William Bainbridge White, who homesteaded 160 acres in the area which also included the cemetery, in 1882. White had the stage/freight stop there in 1877, so he was in the area before.

It was not uncommon for homesteaders to bury their loved ones in a family plot on a hill overlooking the homestead. So far though, no connection has been found between White and anyone buried there besides his neighbors.

The mother/son grave could be related to the Beery family, as it is close to their plot. So far no connection has been found between the Beery’s and anyone else buried there either. Since this appears to be family plots, there must be some connection. There still needs to be a lot of research done. This is definitely a work in progress.

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Guide to minerals: copper

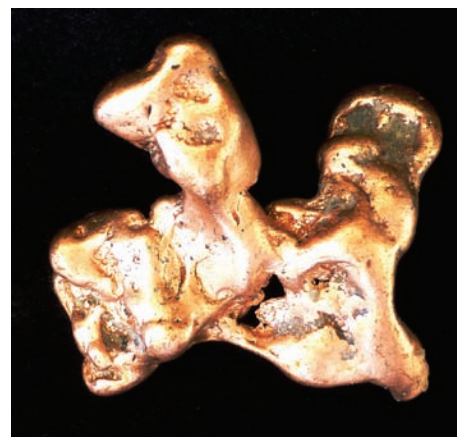
by Steven Marquez

Haiku:

Shiny copper red

A very unique color

Shining in the sun



This native copper specimen was found in northern Michigan. The rounded edges reveal that it was carried by an Ice Age glacier. A Steven Marquez specimen.

Photo © by Steven Marquez.

Facts on File:

Color: Copper-red; tarnishes to black, blue, green

Transparency: opaque

Luster: metallic, shiny

Streak: rose

Hardness: 2 1/2 - 3

Specific gravity: 8.9

Fracture: Hackly (jagged, torn surfaces)

Cleavage: None

Crystal system: Isometric

Notes: Copper is used in many ways that help us live. Since copper is an excellent conductor of heat and electricity, it is used for electrical wiring; consumer and industrial electronics; in plumbing; and in cooking utensils. Copper is also used in buildings, submarines, missiles, radar, cell phones, and jet planes.

Copper occurs in mineral deposits large enough to mine (ores). These include: antlerite, azurite, bornite, chalcocite, and malachite. Most copper is produced from chalcocopyrite.

About the author

Steven Marquez is an Earth Science Scholar with the Colorado Springs Mineralogical Society. He is a volunteer in the mineral section of the Cripple Creek District Museum. Steven enjoys studying minerals and field work. He is in 8th grade.



Divide Post Office donates 200 bears

by Kathy Hansen

One of the benefits of living in a small town is how the community rises to the occasion whenever someone is in need. A great example is how Postmaster, Monica Deluca and clerk, Cori Freed of the Divide Post Office coordinated their Teddy Bear Drive and sold over 200 Teddy Bears which were donated to the Teller County Sheriff's Department on October 7, 2014. The 2013 Teddy Bear Drive had a total of 124.

"People were excited to see it come back," said Monica. There were two types to choose from; the brown bear sold for \$11.95 and the Winnie the Pooh style for \$14.99. "It really meant a lot to them. Folks would ask about the price and how much time they had so they could put it in the budget," offered Cori. "Many people signed the card with a special message. I'd guess probably less than 10 percent kept the bears for themselves."

Sheriff Mike Enslinger, Deputy Renee Bunting, and Commander Jason Mikesell helped to bag up and transport the bears, totaling eight bags of bears. "We keep six bears in each vehicle's trunk because we never know when we'll be on a call where a child is involved," explained Enslinger. The bears are given to children up to age 17. Commander Mikesell explained, "Think of it this way; something very upsetting just happened in the child's world. They don't know us. Giving a bear to the child helps them to trust us and to calm down."

While each post office across the United States had the bears available through the Postal Retail Department, it was only the Divide Post Office that held a Teddy Bear Drive to donate the bears to



Cori Freed and Monica Deluca with some of the donated bears.



left to right: Commander Jason Mikesell, Cori Freed, Deputy Renee Bunting, Sheriff Mike Enslinger, Monica Deluca, and lots of bears.

the local sheriff department. As supplies in Colorado dwindled, the excess came pouring in from WA, TX, and AZ, as well as other states to the east. At this point, the bears are gone. Monica and Cori hope to have something new for next year.

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"Kids of all ages looking forward to the UPCP benefit concert!"

From left to right: David Kriegshauser, Grace Kriegshauser, Deborah Maresca, Dorothy Palmer, Pat Danielson (Senior Club President) and Ron Blevens

Music for a cause Ute Pass Chamber Players benefit concert to help older adults and kids!

The annual Ute Pass Chamber Players (UPCP) benefit concert, to be presented on November 9, 2014, will benefit the Woodland Park Senior Citizens Club and the Mountain Top Cycling Club. This unusual, intergenerational pairing allows the event to benefit both northern and southern Teller County, while touching the lives of both youth and the elderly.

The Woodland Park Senior Citizens Club (WPSCC) provides social interaction, mental stimulation, and a variety of healthful activities to individuals aged 50 and over, as well as handicapped adults. A wealth of research supports the Club's basic premise that social interaction is not just desirable but absolutely essential to the wellbeing of older adults. A 2010 study reported in "Public Library of Science Medicine" put this into serious perspective, concluding that seniors with poor or insufficient social relationships had a 50 percent less likelihood of survival over the 7.5 year span of the study compared to those with adequate social interaction. Currently serving about 200 members, WPSCC has over the years provided the venue for hundreds of local Senior Citizens to share meals and activities, including opportunities for volunteering, to provide self-esteem and purpose, while reducing mortality risk. Proceeds from the benefit will help continue the programs and activities of this newly recognized 501(c)3 nonprofit organization.

The Mountain Top Cycling Club (MTCC), also a 501(c)3 nonprofit, promotes bicycling for health, recreation, sport, and transportation. MTCC's fundraising focus is to provide students at Cripple Creek & Victor High School with a positive, life-changing experience through participation in National Interscholastic Cycling Association Races. Teenagers in general face many challenges in this stage of life, including prevalence of social media, obesity, and drug and alcohol abuse. Participation in the CCV High School Mountain Bike Team is a chance to trade those negative influences

for positive experiences, an opportunity particularly important for the 120 students in an area with a 31 percent homeless and 65 percent generational poverty rate. MTCC desires to provide students with a good quality mountain bike along with the training they need to participate in mountain biking. The program fosters leadership skills and empowers students to live a healthy, happy lifestyle.

Ute Pass Chamber Players (UPCP) grew out of a life-long dream of two professional musicians, Clark and Sally Ann Wilson, to form a superb chamber music group for the benefit of their local community. The dream of these two Juilliard School of Music graduates came true in 2012, when UPCP was established; it is now a 501(c)3 organization. The move was made possible by the enthusiasm of a core group of musicians who played together for the Tweeds Musical Tapestry concerts: Guy Dutra-Silveira (recently retired Principal Oboe of the Colorado Springs Philharmonic), Sally Ann Wilson (Pikes Peak Community College, French Horn), Clark Wilson (former Principal Bassoon of the Colorado Springs Philharmonic), Jay Norman (Principal Clarinet, Chamber Orchestra of the Springs), and Barb Riley-Cunningham (Piano). UPCP provides affordable access to high-caliber, live, classical chamber music, and in addition to other community outreach, one concert each year is played to benefit local nonprofit organizations. The musicians create a special connection with the audience with commentary that provides a personal and educational link to the music.

You don't have to be a classical music buff to enjoy this concert, which includes pieces you may recognize, as well as a surprise or two. The concert is at High View Baptist Church, Woodland Park, November 9, 2014 at 3p.m. Tickets are \$15 and are available at the door, from MTCC (Debbie Maresca: 689-3435), from WPSCC (Pamela Argo: 339-0954) or by visiting the UPCP website (www.utepasschamberplayers.com). Please call 719-686-1798 for more information.

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Understanding Proposition 105-GMO Labeling

by Carol Grieve

I have written several articles over the last year about GMOs and Glyphosate (RoundUp) and what this means to your health. We have an opportunity right now to have labels put on our food so that we can make informed choices on what to feed our families here in Colorado. This is simply about having the right to know what is in our food! Below are some answers to questions that are commonly asked regarding GMOs and Proposition 105 which I hope will assist you to understand Proposition 105 and what it will mean to you and your family this coming November 4.

What Are Genetic Modified Foods (GMOs)?

According to the World Health Organization, "genetically modified (GM) foods are derived from organisms whose genetic material (DNA) has been modified in a way that does not occur naturally". Genetic engineering uses the process of artificially inserting foreign genes into the cellular structure of a plant, animal or microorganism in a laboratory to gain desired traits, i.e. herbicide tolerance, the ability to produce insecticidal toxins or other alleged benefits. They are commonly known as GMOs, genetically modified or genetically engineered organisms.

Currently approved genetically engineered crops are usually created one of two ways. The first is through a "gene gun". Scientists essentially shoot millions of genes into a plate of cells, which are then cloned into a plant. The other way is through a bacterial infection; scientists use various bacterial strains that help transfer the new gene into another plant's cell.

Genetic modification DOES NOT occur in nature. It is the manual process of choosing a genome from one species and inserting it into the DNA of another

species. This process is only possible in a laboratory.

Example: Certain genetically modified corn has been engineered to produce pesticides in its own cellular tissue. This GMO corn is regulated by the Environmental Protection Agency as an Insecticide, but is sold unlabeled in grocery stores in the United States.

What is the difference between a Hybrid and a GMO?

Genetically modified (GM) foods are derived from organisms whose genetic material (DNA) has been modified in a way that does not occur naturally.

Hybrids are created by the crossing of two compatible plants to create a new plant with characteristics of both parent plants.

What Foods Have Been Genetically Engineered?

Today, an estimated 75 percent of the processed food in the U.S. contains genetically engineered ingredients. Since their introduction in the food supply in 1996, the five main commodity crops (corn, soybeans, cotton, sugar beets, and canola) have been genetically engineered to kill insects in farmers' fields and/or survive the application of the weed killer Roundup.

According to the USDA, 93 percent of corn, 94 percent of soybeans, and 95 percent of cotton contain patented genetically engineered genes as well as 95 percent of sugar beets and canola according to industry reports. In addition, varieties of genetically engineered papayas, zucchini, yellow crookneck squash, alfalfa, and sweet corn have been approved in the United States.

At the moment, GMO apples, bananas, and GMO salmon (the first genetically engineered animal), are awaiting approval or under review in the U.S., in



addition to new varieties of GMO corn, soybeans, and cotton that have been genetically engineered to survive the application of toxic herbicides.

Who Supports Labeling Genetically Engineered Foods?

More than 171,000 Coloradans signed petitions to get this on the ballot. This is a non-partisan issue. Already 64 countries, including all European Union member states, Japan, Australia, and other key U.S. trading partners have laws mandating the disclosure of genetically engineered food on food labels. This includes 16 of the top 25 countries that import food from Colorado companies.

More than 100 scientific and public health institutions around the world support GMO labeling to track potential allergic responses due to genetically engineered foods, including the American Public Health Association, American College of Physicians, American Nurses Association, The British Medical Association, and the American College for Advancement of Medicine.

To date, GMO labeling laws in the U.S. have passed by wide legislative majorities in Connecticut, Maine, and Vermont.

Who Opposes Labeling Genetically Engineered Foods?

In the past two years, the world's largest chemical and biotech seed companies, and America's giant food manufacturers have spent nearly \$70 million to defeat GMO labeling initiatives in California and Washington State. In the past six months, DuPont, Dow Chemical, Monsanto, and food manufacturers Pepsi, Coca-Cola, and General Mills have spent more than \$27 million to block GMO labeling at the federal level, which is roughly three times their spending in all of 2013.

Aren't GMOs needed to feed the world?

Proposition 105 has no impact on world hunger. It is not a ban on GMOs. It is just a label. It merely seeks to inform consumers about the foods they are purchasing and consuming.

Are Genetically Engineered Foods Safe?

GMOs have not been proven safe, and no long-term human health studies have been conducted. Unlike the strict safety evaluations required for the approval of new drugs, the US Food and Drug Administration does not require safety studies for genetically engineered foods. The United Nations/World Health Organization food standards group and the American Medical Association have called for mandatory safety testing of genetically engineered foods—a standard the U.S. currently fails to meet.

I've heard that GMO seeds are basically the same as non-GMO seeds. Is that true?

The US Patent Office issues Biotech companies patents on genetically modified seeds to protect the unique attributes because they are significantly altered from nature. This contradicts claims that GMO and non-GMO seeds are fundamentally the same.

Aren't there current laws on labeling GMOs?

Currently there are no Colorado or Federal laws requiring the labeling of GMOs. The FDA allows for volunteer labeling, but there are NO requirements.

Why Proposition 105? Why do my family and I need it?

Under Proposition 105, labeling genetically engineered foods would provide basic information to let Coloradans make more informed buying decisions, offering more choice, and control over the transparency of their food purchasing decisions.

Without proper labeling and transparency it is difficult for doctors and pediatricians to determine where food allergies and sensitivities arise.

Because families and individuals are dealing with an increasing level of food allergies and sensitivities, we demand more information about the genetic makeup and source of our food.

Does this result in a ban on GMOs?

NO. This initiative only requires the addition of "Produced with Genetic Engineering" on the label or container of GM foods. It is not a ban. It does not require segregation of crops.

Will Proposition 105 cost taxpayers a lot to enforce?

Proposition 105 will not require any additional revenue to cover implementation, which is simple and easy to comply with. It will be enforced under current Colorado regulatory structures.

Will Proposition 105 make grocery costs go up?

Recently, the Consumers Union which is a division of Consumer Reports, conducted a cost analysis of the price of labeling and it was determined that GMO labeling will cost consumers less than 2 cents per day which would equate to an additional \$2.30 per consumer each year. The European Union which currently requires the labeling of GMO ingredients saw no price increase to the consumer when labels became mandatory.

Why are there exemptions? Why isn't everything covered in Proposition 105?

This is a reasonable and balanced first step. Colorado state law allows one subject to be addressed per ballot initiative. For instance, alcohol and foods served at a restaurant are regulated under different statutes and would be considered a different subject. What is covered is most packaged, processed, and raw food sold in grocery stores.

Please consider why these corporations are spending millions of dollars to fight this labeling. They know that given the choice, most consumers will choose not to buy foods that have genetically modified ingredients. The question to ask yourself is this: If they think that GMOs are so great, why are they fighting this labeling? I think the answer is clear. It will affect their bottom line and their bottom line is profit over people!

Carol Grieve is a Certified Life Coach and Wellness Coach, the host of the widely-acclaimed talk radio show, Food Integrity Now (www.foodintegritynow.org), a speaker, and a writer. For more information on health and wellness coaching including eliminating chemicals from your diet, losing weight, and eliminating food allergies, contact Carol at carol@foodintegritynow.org or call 415-302-7100. Phone or Skype sessions are available.

WP Teen Center: A great place to be a good kid

by Kathy Hansen



All ages attended the Teen Center's open house on October 23rd.

Twins and teens today face some pretty severe stereotypes, everything from "lazy bums", to "drug addict", to "gang member", just ask Karen Casey-Svetich, North Teller Build A Generation Coordinator. Breaking those stereotypes can be quite the battle, but one that can be won. Karen asked the kids at the Woodland Park Teen Center (WPTC) what THEY think can be done to change that perception, and an incredible discussion took place.

The kids believe there is a disconnection between them and the community. They know they are honest, helpful, and caring people with good intentions, but just how do you convince others? Please read on to learn how they plan to use positive actions to challenge the stereotypes with the help of WPTC.

The Teen Center actually began about 20 years ago stemming from the Boys & Girls Club, which used to be housed at History Park. The City of Woodland Park embraced the project, recognizing kids need to have a safe place to go after school to just be kids. About 10 years ago, they moved into the space behind the City Hall building. Plans are in the works to remodel the space and make it more accommodating for current needs and future goals, such as computer stations, tutorial areas, including area available for S.T.E.M. (science, technology, engineering, and math) and 21st Century Learning which focusses on application of science and service learning.

WPTC is open from 3 p.m. to 5 p.m. after school and is FREE to any child in Grades 6 – 12 in Teller County, including home-schooled children. There are typically anywhere between eight and 20 kids participating in activities at WPTC. They also hold activities from 1 p.m. to 6 p.m. during the days when students are dismissed from school for "collaborative" days, such as parent-teacher conferences.

The location behind City Hall is perfect because of its proximity to Memorial Park. What a great location for the "Keep Woodland Park Beautiful" project, coordinated by John Wilson. The kids comb through Memorial Park, picking up trash and recycling. Once per month the recycling is sorted and taken to the appropriate resting spot. A litter free park is certainly a benefit to the community; way to go!

A recent project is the "Food Drive" to help gather food for the Community Cupboard in Woodland Park. The kids help to collect, sort, and deliver the food. This hands-on experience helps them understand more about putting a meal together from the foods they have gathered. The exercise not only benefits Community Cupboard and their patrons, but also creates a comprehension of caring communities in action. The kids began to understand how people come together around food.

Another example is the collaboration with the Teller Senior Center. The kids visit the seniors; they play games together, hang out together, and often share meals together. They have a plan to provide a Thanksgiving Meal to share with the seniors about a week before Thanksgiving. This gives the seniors a chance to teach their card game strategies to the kids, gives the seniors and teens more people to interact with to hone the inter-personal communication skills, and everyone gets to enjoy a delicious meal!

There is one more morsel about food and the future of the WPTC. The Woodland Park School District (WPSD) has a phenomenal Jr. Chef Program, spearheaded by Food Service Director, Lauren Stuart. The Jr. Chef Program is actually part of the high school and middle school curriculum. It's an opportunity for students to go into the kitchen and help prepare

meals. They are required to uphold all food safety standards (including appropriate personal protective equipment), prep, cook, and present the food. There is currently discussion that Lauren Stuart MAY be able to demonstrate the Jr Chef program at the WPTC, after all, the WPTC has a "café" area, equipped with a stove and refrigerator.

Will the WPSD and WPTC be able to work together? We asked Karen and she said, "My hat is off to Jed Bowman, Superintendent. He is 100 percent for the kids, and is open to ideas. He has a great attitude of, 'We can support you this way'". So while there is no confirmed answer at the time of print, we do know that there is a mutually supportive collaboration between WPTC and WPSD. What a wonderful way to role model to kids how to get along!

We have not seen all of the project the teens at WPTC have yet to formulate as the Open House held on October 23 was the kick-off to the Incentive Program, which includes job descriptions, opportunities for leadership roles, and points earned for tasks for individual or group projects. Once per quarter the individual or group with the most points will be recognized. Positive reinforcement can go a long way. It is common knowledge that adults in the workforce either appreciate additional monetary compensation or to be acknowledged for a job well done; why should we expect anything different from our youth? A pat on the back can build self-esteem, which sets a bar of expectation to meet, increasing motivation, resulting in achieving the goal, which leads to more recognition. Sounds like a positive cycle to give energy to. What a great idea!

The Open House was a great success! Grilled hot dogs and various finger foods filled the café. Paula from the Harvest Center had an interactive opportunity making healthy snacks with the kids. Tom Engel brought the GAMERZ bus that holds a wide variety of video games, including Guitar Hero. There was even a pumpkin decorating event. It was an opportunity to see how the WPTC creates a bridge to the community as well as the school district, but most of all, is a safe and fun place for kids to go after school where their talents, interests, and good intentions can really make a difference.

After only one year in her position, Karen has lots of vision for the future, based on what has worked in the past. This past summer there was a field trip to Elitch Gardens Theme Park; a bus was arranged and the kids only had to pay for half of their ticket price. The Theatre Trip was a great success where the Gold Hill Theatre offered special show times for the kids, and the kids only had to come up with half of the ticket price. Since the kids love the field trips, some ideas for future trips could include a visit to Catamount Institute to have a day of learning about the environment, a trip to Mueller State Park for a hike in the back-country, and possibly the Florissant Fossil Beds to check out the remains of ancient life forms.

Karen is grateful to have a phenomenal staff including: MaryLee Allen, Teen Center Supervisor; Kandy McDaniel, Program Staff; and Bridget Upshaw, Program Staff. Karen said, "There is so much positive energy, it's exciting to be here. We have such a wonderful staff!"

If you agree that our youth are our future you may wish to get involved with the WPTC. If you are a student in Teller County in Grades 6 – 12 and want to be a part of the positive vibe going on at the WPTC you can register on their website: www.city-woodlandpark.org/home/teen-center/ or for more information call 719-687-3291.

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SPECIALS

Monday - Salisbury Steak
Tuesday - Slow Roasted Turkey Dinner
Wednesday - Boneless Baked Pork Chop & Dressing
Thursday - Shredded Corned Beef Rueben
Friday - Papa Bear's Meatloaf
Saturday - Meat lover's Breakfast Burrito!
Sunday - Philly Breakfast Burrito!
Home made Soup Daily
(Specials are subject to change with out notice).

Fall Hours

Starting November 1, 2014
Monday thru Friday – 6am to 2pm
Saturday & Sunday – 6am to 4pm

~OUT AND ABOUT~

Check out these activities going on right here in this area. If you know of an activity we should include, please call us at 719-686-7393 or email us at utecountrynewspaper@gmail.com.



Christmas Dinner & Dance

December 6, 2014

4-5 PM Horse Drawn Wagon Rides
(Donation of nonperishable food item, personal item or cash donation will be ticket for rides)

5-6 PM BBQ Brisket Dinner

6-8 PM Live Entertainment

*Adults & Children 5+ \$12
Get your picture taken w/ Santa!*

RSVP by 12/01/2014
M LAZY C
719-748-3398
www.mlazyc.com

Christmas Dance to benefit The Community Cupboard



LIVING STREAMS CHURCH

Living Streams Church

Building relationships one heart at a time.

Sunday Service 10:30 a.m.

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108 North Park
Woodland Park

www.livingstreamschurch.org
719-323-0525
Pastor Trish and Bill Sinclair



THE CLOTHES CLOSET

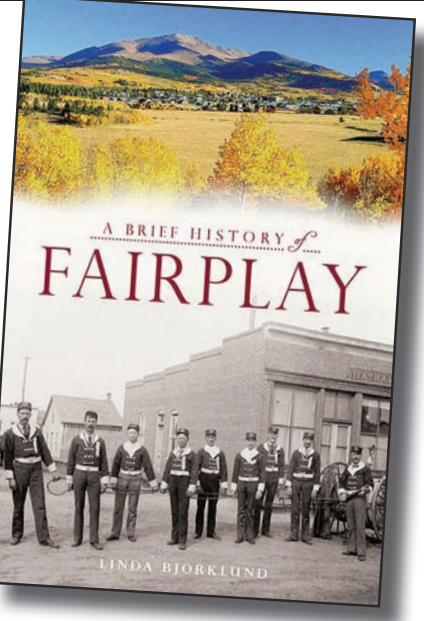
Free Clothes for Struggling Families

NEW HOURS:
Monday & Friday 11am-3pm
Wednesday 1pm-6pm

108 North Park Woodland Park 719-687-2388

Discover the unique history of Fairplay

A Brief History of Fairplay by Linda Bjorklund




Explore Fairplay from the beginning with local historian Linda Bjorklund as she traces the town's story through Spanish settlers, early American government, Union-Confederate tensions and modern developments.

E-book available through Barnes & Noble and Amazon.
Hardcopy is available at both the Museum and the Ranger Station in Fairplay.

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BUENA VISTA
8 Meet and greet TV personalities from "The Prospectors" on Saturday, Nov. 8, from 1 p.m. to 3 p.m. at The Rock Doc, located on Highway 285 between Salida and Buena Vista. Chat with the stars, get an autograph and enter to win prizes as we celebrate the new season of "The Prospectors," which begins in December on The Weather Channel. Join us at The Rock Doc for all the fun! www.TheRockDoc.net

BUENA VISTA - LEADVILLE - SALIDA

21-23 The Alpine Orchestra opens its 24th season this fall with concerts in Leadville, Salida and Buena Vista. The 45 piece symphony has members from throughout the Upper Arkansas Valley and elsewhere. Its new conductor, Beth Steele of Breckenridge, has selected works by Beethoven, Brahms, Berlioz, Bizet and Rimsky-Korsakov for her debut performances. Concerts will be held Friday, Nov. 21 at 7:30 p.m. at Leadville's Annunciation Catholic Church; Saturday, Nov. 22, at 7:30 p.m., at the Salida SteamPlant Theatre; then a matinee on Sunday, Nov. 23, at 3 p.m. at Clearview Community Church, west of Buena Vista on Rodeo Road. Everyone is welcome to attend. There is no admission charge although contributions are appreciated to help defray expenses.



The Nick Moss Band

15 Crystola Roadhouse is happy to host The Nick Moss Band on Nov. 15 at 8 p.m. (Doors open at 6:30 p.m.). General admission tickets \$18 or \$38 VIP (includes dinner). Crystola Roadhouse is located at 20918 E Hwy 24 in Woodland Park. For tickets or more information 719-576-5945 or www.musiccompanyinc.com

CHIPITA PARK
15-16 The 11th Annual Chipita Park Association's Arts and Crafts Fair will be held Saturday, November 15th, 9 a.m. to 4 p.m. and Sunday, November 16th, 11 a.m. to 3 p.m. This much anticipated event will be held at Marcroft Hall, 9105 Chipita Park Road, Chipita Park, Co. 80809. Admission is free. There will be opportunities to purchase unique and one of a kind works of art and crafts. Some of these include Pysanki eggs, Pottery, Jewelry, Willow furniture, Local historical books, Birdhouses, Knitted and Holiday items. Also available will be Lunch by Bob & Bernie, Chair massages, Food, Baked Goods, Prizes, and a table with fun activities just for the kids! To find Marcroft Hall, take Hwy 24 west to the Green Mountain Falls/Chipita Park exit. Turn left before the school and a left at the Y. Marcroft Hall is on the right. We are just a few miles west of Manitou. For more information please call Susan Toth at 719 684-2030 or email susanthoth@msn.com

CRIPPLE CREEK
22 Mine Shots. CC&V hosts free presentations each month in the CC&V Visitor Center at 371 E. Bennett Avenue in Cripple Creek. The next Mine Shot presentation will be Saturday, November 22 at 10 a.m. by Erik Monroe, Mine Geo-Technician. He will discuss how the Geo-Technical Department keeps miners safe from landslides and historical mining "voids." Reservations are required and can be obtained by call the Visitor Center at 719-689-2341.

FLORISSANT
Florissant Fossil Beds National Monument is open 8 a.m. to 6



Cup of Christmas Tea

8 "Cup Of Christmas Tea" at the Aspen Mine Center in Cripple Creek. This is the 4th year and is a fund raiser for the Gold Camp Christmas Event. Tickets are \$15 each. Reservations required. May rest table by making arrangements ahead of time. Lunch, entertainment and door prizes. Call Kathi Pilcher at 659-3599 for all inquiries and reservations.

TELLER COUNTY COMMODITIES DISTRIBUTION
21 Aspen Mine Center's Teller County Food Distribution from 9 a.m. to 2 p.m. Please bring photo ID and proof of Teller County residency.

WINTER WONDERLAND
28 Christmas favorites and the Great American Songbook come alive in this stunning Christmas musical! When a group of actors become stranded in the quaint town of Wonderland during Christmas of 1952, their focus shifts from the bright lights of Broadway to the importance of friends and family. Winter Wonderland is a fun and heartwarming tale of homecoming, romance and redemption. (And tap dancing; don't forget the tap dancing.) Nov 28 - Dec 28. For more information go to www.thinairtheatre.com or call 719-689-3247.

DIVIDE

15 TCRAS Benefit at Russ's Place from 11 a.m. to 4 p.m. Sponsored by Russ's Place, 100% proceeds from hamburger sales benefit TCRAS. For more information call 719-687-5599. Russ's Place is located at 52 CR 5.

15 Christmas in Divide at Summit Elementary School from 9 a.m. to 2 p.m. Come see the craft fair, bake sale, listen to live music, participate in silent auction and get your photo taken with Santa from 10 a.m. to 1 p.m. Proceeds help the Divide Chamber support Teller Historic and Environmental Coalition (T.H.E. Coalition) and the Midland Depot Renovation Project. For more information call Lisa at 719-686-7587.

15 Saturday, November 15th-Slim, Trim, and Fit for the Holidays Health Seminar from 2-4pm at the Lost Dutchman Resort 382 Trout Haven Road Florissant, CO Please call Mary at 719-314-8513/719-689-0431 or email marychasehealth@yahoo.com

10 & 14 Divide Little Chapel on the Hill - Food Pantry Distribution 4:30 p.m. to 6:30 p.m. For more info 719-322-7610 or email littlechapelfoodpantry@outlook.com.

FLORISSANT
Florissant Fossil Beds National Monument is open 8 a.m. to 6

FLORISSANT
Florissant Fossil Beds National Monument is open 8 a.m. to 6



Ute Pass Gift Shop Open House

22 Get a head start on your holiday shopping. Check out our Indian art: drums, painted skulls, beaded earrings, and other cool stuff! Also find our books on local history, cookbooks, photos, and hand crafted jewelry. Located at 231 E. Henrietta Ave. From 10 a.m. to 3 p.m. photo by Judy Perkins

p.m. daily. The entrance fee for the park is \$3.00 per adult (16 years or older) or free with one of the many federal land passes. For more information please call the Monument at (719) 748 - 3253 ext. 122 or 202 or visit our website at www.nps.gov/fflo.

PIKES PEAK HISTORICAL SOCIETY MUSEUM
The Pikes Peak Historical Society Museum is located in Florissant at 18033 Teller County Road #1, across from the Florissant Post Office. The Museum is open Saturday and Sunday from 1 p.m. to 4 p.m. For more information, call 748-8259.

FLORISSANT GRANGE
8 We will host the first indoor Flea Market at the Florissant Grange. This will be by space reservation only since we have limited space so make your space reservation now. Spaces will be \$20 each. Flea Market will be from 9 a.m. to 3 p.m. Call 719-748-5004 for more information or to reserve your space.

SAVE THE DATE:
The Annual Christmas Party at the Florissant Grange, with Santa and Mrs. Clause will be December 6th from 1p.m. to 3 p.m. Crafts, games, music, treats and Free pictures with Santa and Mrs. Clause will be available. For more information call 719-748-5004.

Jam Night - Every Thursday all year the Grange Hall is open from 6 p.m. to 9 p.m. for the Jammers Music and Pot Luck. For more information call 719-748-5004

Yoga Classes: Tuesdays at 9 a.m. for all ages and 10:30 a.m. Yoga for Seniors. Thursdays Yoga for all ages at 9 a.m. Donations accepted, everyone welcome. Call Debbie for more info: 719-748-3678

GUFFEY
SAVE THE DATE
Music/gourmet dinner show on Saturday, December 6, 6 p.m., at Rolling Thunder Cloud Cafe. It will be a Christmas/holiday theme. On February 14th, at 6 p.m. will be another Broadway/gourmet dinner show with a Love theme. Call(719) 689-3090 for more information

~OUT AND ABOUT~

Check out these activities going on right here in this area. If you know of an activity we should include, please call us at 719-686-7393 or email us at utecountrynewspaper@gmail.com.



Bill Waltrous

7 Woodland Park Wind Symphony is hosting a concert with Swing Factory of Woodland Park featuring Bill Waltrous. Considered to be one of the greatest trombone virtuosos of all time, Bill Waltrous has carved out an impressive career for himself, performing with jazz greats including Woody Herman, Roy Eldridge and Count Basie. He has been voted the "Number One Jazz Trombonist" in Downbeat Magazine's readers' poll seven years in a row and has won the magazine's Critics Award twice. Swing Factory, based in Woodland Park, Colorado, is an 18 piece Jazz Ensemble. The Big Band has been in existence for over 10 years. The concert is November 7, from 6:30 p.m. for cocktail hour, 7:30 p.m. concert, \$15 per person purchased at the door or on-line. <http://www.woodlandparkwindsymphony.com>. \$7.50 per music student with teacher confirmation purchase only at the door. Contact information Craig Harms 719-687-2210 or craighh@aol.com.

LAKE GEORGE COMMUNITY FELLOWSHIP OF CHRISTIANS
Community Fellowship of Christians Saturday night service has been changed to Sunday night. Same place, same service, same time, different day. Come join us! Community Fellowship of Christians, 39633 Highway 24, Lake George, CO 80827. Sunday morning service starts at 10:30 a.m. and Sunday evening service starts at 5:30 p.m. Call 719-748-5552 for more information.

PARK COUNTY SENIOR COALITION POTLUCK
19 We meet the 3rd Wed at noon at the Lake George Senior Center (yellow metal building by maintenance shop on north side of Hwy 24). Bingo will follow the potluck this month, so please bring a wrapped "white elephant" prize and your dish. Table service and coffee/tea furnished. Call Carol for more information at 719-689-5950 or email: cotoddElvis@gmail.com

Salida
7 Switchback in concert! American roots, Celtic soul. Friday, Nov. 7 at 2:30 p.m. and 7 p.m. at the Salida Community Center. Tickets are \$15 in advance and \$18 at the door, available at The Book Haven.
8 Meet and greet TV personalities from "The Prospectors" on Saturday, Nov. 8, from 1 p.m. to 3 p.m. at The Rock Doc, located on Highway 285 between Salida and Buena Vista. Chat with the stars, get an autograph and enter to win prizes as we celebrate the new season of "The Prospectors," which begins in December on The Weather Channel. Join us at The Rock Doc for all the fun! www.TheRockDoc.net
8 Anticipate presents The Haunted Windchimes and special guest Chimney Choir Saturday, Nov. 8 at 7 p.m. at the Salida Steam Plant Theater. Don't miss The Haunted Windchimes fresh from Garrison Keillor's Prairie Home Companion and Yonder Mountain's 2014 Kinfolk Celebration at Planet Bluegrass. Doors open at 6:30 p.m. Tickets available at the SteamPlant box office and the Salida Chamber of Commerce.
22 Annual Charity Ball, Elks Lodge, 148 E. Second St. Saturday, Nov. 22 at 5:30 p.m. Dinner at 6:30 p.m. Dancing to The Geezers at 8 p.m. Reserve a table by calling 539-6976 or



Book Signing at the Ute Pass Historical Society

The Museum Center, 231 E. Henrietta Avenue, Woodland Park. Local author Stephanie Waters will be on hand to sign and discuss her new release "Colorado Legends & Lore". For more information, please call UPHS at 719.686.7512 or check our website: UtePassHistoricalSociety.org

221-4574. Open to the public. Tickets are \$25 per person and available from lodge officers, at the lodge after 4 p.m. and at the door. Dinner and dance support Elks Lodge programs.

WOODLAND PARK DINOSAUR RESOURCE CENTER

11 Veterans Day: 1/2 off of regular admission with active or retired military I.D. from 9 a.m. to 5 p.m.
15 Thanksgiving Puppet Show: A "gobble" good time is in store for everyone at the DRC for our Thanksgiving Puppet Workshop. Everyone gets to make their own paper sack Turkey Puppet and perform with puppeteer Cathy Kelsay using her wonderful portable stage. So strut on down for this very special program from 1:30 p.m. to 2:30 p.m. Dinosaur Resource Center is located at 201 S. Fairview St., Woodland Park. See www.mndrc.com

FARMER'S MARKET
8 Second Sat of each month inside Ute Pass Cultural Center from 7 a.m. to 1 p.m. SNAP welcomed. For more information call (719) 689- 3133 or 648- 7286 or email: info@WPfarmersmarket.com

MARCELLO MANSOUR
9 Vibrational Sound Healer & T'ai Chi Master from Argentina, Marcello Mansour presents "Activating Healing through Sound, Vibration & Movement". Activate your own healing power & create a multidimensional consciousness from 2 p.m. to 4 p.m. at 394 South Forty Rd, Woodland Park. RSVP - \$20. Sponsored by Gay Anne Liberty. For more information: 719-963-4405.

MOUNTAIN ARTIST ANNUAL HOLIDAY SHOW
29 Artwork from the inexpensive and practical to the elegant and unique will be available to inspire, uplift and enjoy at the annual Mountain Artists Holiday Show. The event will be presented Saturday, November 29, indoors at the Ute Pass Cultural Center in Woodland Park. Approximately 20 of the Mountain Artists will have their works on display and for sale from 10 a.m. to 4 p.m. Show admittance is free, and light refreshments will be served. Contact Helen at touchofhelen@gmail.com

TWEEDS HOLIDAY HOME TOUR - SAVE THE DATE
16th Tweeds Holiday Home Tour & Marketplace, Dec. 6 & 7, 2014, 10 a.m. to 5 p.m. www.wphlt.org or 719/291-0951.

UTE PASS HISTORICAL SOCIETY

1 The public is invited to join the Ute Pass Historical Society and the Historic Preservation Committee in the unveiling of five bronze plaques that have been installed on the historic buildings that make up History Park. The tour and celebration will begin at 11 a.m. at the Museum Center located at 231 E. Henrietta Avenue in Woodland Park and expects to run until about 2 p.m. Refreshments will be served after the celebration. For more information, please contact UPHS at 719.686.7512, or check our website at: UtePassHistoricalSociety.org.
22 Open House: The Ute Pass Historical Society will host an open house at the Museum Center Gift Shop from 11 a.m. to 2 p.m. The gift shop offers many historical books, DVD's, cookbooks, Indian art and jewelry. We have over 4,000 photos in our collection most of which are available for

reprint. The Museum Center is located in History Park, 231 E. Henrietta Avenue, Woodland Park. For more information, please call UPHS at 719.686.7512 or check our website at: UtePassHistoricalSociety.org. Cash or check only, please.

WHAT TO DO ABOUT COLD AND FLU

8 For an indepth discussion regarding cold and flu and what to do, please join us for herb class Saturday November 8th from 1 p.m. to 3 p.m. at the Hackman House 602 West Midland Ave Woodland Park. This class is funded by donation; everyone is welcome! Please see article on page 10.

WHAT WE LEARNED IN 2014

16 Harvest Center Workshop. High altitude gardeners enjoy sharing stories about our experiences. Several members will make short presentations about their successes and mistakes. This annual event has proven to be very popular and informative. Join us November 16 from 1:30 p.m. to 3:30 p.m. at the Woodland Park Library for this free workshop.

WHOLISTIC NETWORKING COMMUNITY

11 You are invited to join us the second Tuesday monthly at Mountain View United Methodist Church, 1101 Rampart Range Rd, Woodland Park, 10 a.m. to noon for healings by donation. All proceeds go to local charities. We also invite you to our free monthly meetings at the Woodland Park library the third Tuesday. We feature a guest holistic speaker each month. For information: wncpikespeakregion@aol.com.
21 The Wholistic Networking Community invites you to meet area practitioners and



Thanksgiving meals

CRIPPLE CREEK
Aspen Mine Center will hold its annual Thanksgiving Meal on Wed, Nov 26 from 11:30 a.m. to 3 p.m. Enjoy a hot, delicious meal and meet some friendly people.

DIVIDE
Little Chapel Food Pantry. If you are in need of the fixins' for a Thanksgiving Meal, please contact Little Chapel Food Pantry by calling 719-322-7610 or email littlechapelfoodpantry@outlook.com.

FLORISSANT GRANGE
We hope you can attend our Free Thanksgiving Dinner. Make Plans now ahead and start collecting canned foods for our Holiday Boxes. Donations can be made for the dinner and the boxes any Thursday evening at the Jam sessions from 6 p.m. to 9 p.m. at the Grange Hall. Call 748-5004 for more information or donations.

learn about wholistic wellness on November 21 from 11 a.m. to 12:30 p.m. at the Rampart Public Library, 218 E. Midland Ave., Woodland Park, CO. "Wholistic" in our name includes all who pursue conscious living, a healthy lifestyle and desire a peaceful, natural world. Be sure to mark your calendars for our regular meetings on the third Tuesday of every month. Our speaker for November 21 is Susan Richards, "Achieving Financial Health & Wellbeing". Improve your relationship with money, physically, emotion-

VICTOR
Ute Trail Muzzle Loaders: shoot and meetings the last Saturday of each month at Victor. For information call 719-684-7780.

Herb Class with The Thymekeeper



Cold and Flu and What To Do

Some of the topics included in this discussion are as follows:

What the flu is and what it isn't. We'll also discuss some interesting historical facts about the flu and what we can learn from them

What to do if you become infected and what NOT to do!

Learn the facts about the flu vaccine to help you decide whether it is right for you or your family

Simple, effective and inexpensive home remedies using herbs and kitchen spices

How to relieve symptoms such as treating sore throat, cough, fever, congestion and other related discomforts

Preventative measures to keep your family safe and what to do if you think you've been exposed

This class is funded by donation, everyone is welcome. Herbs, oils and supplies will be available for sale.

When: Saturday November 8, 1:00-3:00 P.M.

Where: The Hackman House 602 West Midland Ave Woodland Park

What to bring: Pen and paper

Questions? Contact Mari at mugsyspad@aol.com or 439-7303 and leave a message.

Rampart Library news

by Anne Knowles

When November arrives the holidays are just around the corner and with that, all the hustle and bustle surrounding them. The library is your place of respite during this busy time; your home away from home. Come in and meet a friend, read the newspaper, learn something new, see a friendly face, use a computer and get some good books to read in your spare time. Florissant Public Library now has upgraded high speed internet on its public computers that is getting rare reviews from patrons.

The Book Worms book club at Florissant will feature the classic "Animal Farm" by

George Orwell at 10:30 a.m., Wednesday, November 19. Stay for a potluck followed by the movie at 12:30 p.m. Anthony Doerr's, "All the Light We Cannot See" will be discussed at the Woodland Park book club at 10:30 a.m., Tuesday, November 4. Everyone is invited to both book clubs; come join us and give it a try.

Children and parents alike look forward to storytime at Florissant Public Library at 10:30 a.m. every Thursday. November is "N" month with "Noodles" storytime on November 6, "Nighttime" on November 13, and "Numbers" on November 20. Woodland Park has story-

times on Wednesday and Thursday at 10 a.m. Don't miss Denise Gard and her dog, Sienna, presenting "The Great Turkey Standoff" at 10:15 a.m. on Wednesday, November 26 at Woodland Park. Use your creativity to make cardboard box robots, origami robots and much more at Robot Day for all ages at the Woodland Park Public Library, Tuesday, November 25 from noon to 3 p.m. in both the children's and teen areas.

Join fly fishing guide and bug guy Robert Youngman for his evening lecture on Fly Fishing Fundamentals at Woodland Park on Thursday, November 13 at 6:30 p.m.

Both libraries in Rampart Library District, Florissant and Woodland Park, will be closed on Tuesday, November 11 for Veterans' Day and Thursday, Friday, November 27 & 28 for the Thanksgiving holiday. Even when we are closed, you have access to our website, calendar with all the upcoming events, online resources, ebooks, research resources, Turnlebooks (online animated books for kids), our catalog and your account where you can renew and check on your items, place holds and much more. Have a wonderful holiday season and be sure to include the library in your plans.

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