

## PEEK INSIDE...







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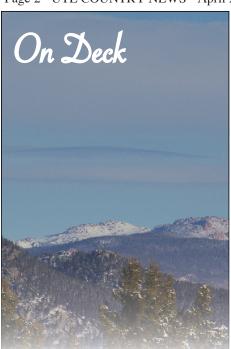
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pril is here! Our days are longer, the air Asmells a little sweeter and there seems to be more energy each day. We long for flowers. Many of us in high mountain altitudes will have to wait until May yet those with a watchful eye can find flowers, as we show on our cover photo taken in the quaint hamlet of Victor.

April is a short month with a lot going on. Turn the pages ahead to make the most of April. Learn how to forest bathe, embrace the inner poet — perfect timing as April is Poetry Month — or plan your garden. We have helpful hints in the pages within.

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— Kathy & Jeff Hansen

A special thanks to all listed here for their professional work and time to make this issue possible.If you have any questions please contact the publishers.

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When I first put my foot on the path to herbalism I had no idea what I was in for. At the time I didn't realize I had not just dipped my toe in the water but had jumped into the ocean. Being naïve at the time, I didn't realize that every door I peeked behind would reveal just a little bit more of the amazing mysteries Nature holds. This is purely a symptom of not knowing what you don't know. I soon found out I had more questions than answers.

One of those questions was how do people from other societies and other parts of the world treat illness and disease? Recently while driving through downtown Colorado Springs I was struck by the amount of so called health care facilities that dot the land scape. One on nearly every corner in some neighborhoods and even some specializing in particular diseases. If I were from another country and seeing this for the first time I would probably think the United States was likely the most dangerous place in the world.

Medical science has made such tremendous progress that there is hardly a healthy human left. ~Aldous Huxley

Step outside the box with me and let's turn our sights from the west to the east and check out some alternative methods that have proven successful in other countries.

#### Chinese face reading

You've heard the expressions the eyes are the windows to the soul or it's written all over your face. There is truth in those old sayings and the Chinese have known it for thousands of years.

Face reading, aka physiognomy, is an ancient art and used as a diagnostic tool in Chinese medicine. Ancient physicians discovered that patterns in the features of people's faces revealed tendencies of their physical bodies for illness or health. Per expert face reader Lillian Bridges, the oldest known Chinese text has a face map on the very first page making it one of the oldest known practices in the region.

To the expert physiognomist, every face is a map of the past, present and future. The expert can read a person's face with uncanny accuracy to determine health and well-being. gain insight into their personality type including how they tend to think, feel and behave, as well as providing a window into the future.

The concept of Chinese face reading is the ability to learn simple facial patterns and their meaning but the subject is complicated by innumerable variables making each reading unique to every person.

Of all the features that make up a human face, physiognomists consider five that are vital to face reading: the eyebrows, eyes, nose, mouth and ears. These are known in ancient texts as the five vital organs. In addition, each area of the face corresponds to the major organs of the body.

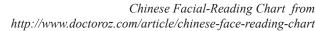
The eyes are more closely related to a person's inner vitality and personality than all other facial features combined. Ancient texts point out that they are the most sensitive barometer of an individual's feelings. The face reader will assess the eyes first then take into account the other facial features and how they contribute or detract from the total picture.

Once these features are evaluated in detail by size, position, shape, balance etc., the reader moves on to forehead, ears, cheekbones, jawbones, chin and groove between the bottom of the nose and the lip. Wrinkles even figure into the equation! Which, you'll be glad to know can literally disappear upon resolving suppressed emotion in some cases.

Color, skin tone and texture are also considered. A blackish/greyish tone can indicate illness, blue can point to kidney issues or lack of oxygen, red or purple can indicate heart or circulatory problems and yellow can be indica-

tive of a compromised liver. We all know someone who is either thick skinned or thin skinned and I think that one is self-explanatory.

All in all, physiognomy cannot analyze a person's character or forecast his future with mathematical precision however over the course of literally thousands of years of research, it has proven amazingly accurate.



PANCREAS

HEART

REPRODUCTIVE

TESTINE

KIDNEY

STOMACH ORGANS STOMACH

LUNGS

Chinese tongue and pulse diagnosis

Examination of the tongue and pulse are two more of the principal diagnostic methods in traditional Chinese medicine. The major aspects of the tongue include color, shape and coating and can determine pathological changes in disease regardless of whether the condition is mild or severe, deficient or excessive, or whether there is dampness or exhaustion of bodily fluids such as stomach acid. Although it may seem creepy having your tongue examined, I find it far less intrusive than some western diagnostic methods especially for those of us over 50.

In traditional Chinese medicine, the pulse is divided into three positions on each wrist. Each position represents a pair of organs. Generally, the first position on the left hand represents the heart and small intestine, the second, liver and gallbladder, and third the kidney yin and the bladder.

On the right hand, the first position is representative of the lungs and large intestine, the second of the spleen and stomach, and the third represents the kidney yang and uterus. The strengths and weaknesses of the positions are used to assess the patient diagnostically, along with the different qualities and speed of the pulse. Meaning, is your pulse deep and throbbing or tight and fast like a stretched rubber band? Perhaps you are somewhere in between. All are clues to your state of being.

Ayurvedic medicine, another ancient methodology employs many of the same diagnostic tools as the Chinese.

#### Japanese forest bathing

Although Japanese culture is another ancient civilization, it was only in 1982 that the government of Japan coined the term "forest bathing" and it's not what you think. It has nothing to do with actual bathing in the western sense of the word.

Because most modern people live in urban areas, we have lost the connection to Nature that we once had. Nature based recreation has rapidly declined just in the last 40 years. There are numerous benefits to perusing a forest but I would like to touch on one in particular; stress.

If you see a doctor in Japan, they may suggest the forest over an anti-depressant or anti-anxiety medication. The forest is a place where people can disengage from the fight or flight response that many people appear to be stuck in and allow us to relax and breath. We can turn our attention away from the traffic, congestion and noise and focus on the beauty and serenity that Nature provides just by being there.

There are 5 steps to forest bathing using 5 senses and you must be fully engaged so leave the headphones and cell phones at home.

- **1. See.** Look around at the shapes, colors and textures. Notice the creatures inhabiting the area. Notice the canopy above.
- **2. Listen.** Hear the bird songs or the trickling water or the wind blowing through the trees. **3. Feel.** Feel the ground beneath you or dip your feet in the stream and feel the current running

over them. Feel how soft some plants are and

how prickly others can be. Hug a tree! **4. Smell.** Smell the flowers, the essential oils

from the trees or the air after a rainstorm. **5. Taste.** Taste the needles of the pine tree or a piece of aspen bark, chew on a piece of grass. Just be sure to accurately identify what you're putting in your mouth.

LUNGS

Seems very much like a meditation doesn't it? That's because it is, and meditation has proven to lower blood pressure, the stress hormone cortisol and improve focus and attention. I guarantee that if your doctor ran tests on you in the forest as opposed to the doctor's office the results would be vastly different.

While you're out there, take off your shoes and stay awhile.

#### Earthing

Earthing or grounding refers to connecting your body directly to the planet. Earth is an electrical planet charged with a subtle surface energy commonly known as a ground. When in contact with the Earth, this energy transfers to any conductive object whether it be a metal rod, a plant or tree, animal or a barefoot person and they become grounded. The Earth's electrical surface is always negative meaning it's filled with free electrons that are capable of reducing a positive charge. This may seem confusing, but free radicals and all the destructive things going on in your body have a positive charge.

There is a reason it's called the ground.

Grounding discharges and prevents the buildup of electrical stress. Your body becomes suffused with negative charged free electrons and immediately equalizes to the same electric energy level as the Earth. Walking barefoot as humans have done throughout history, naturally grounds and discharges the body. The sole of the foot has 1300 nerve endings per inch. I believe this is for a reason, every living thing draws energy from the Earth's energy field via their feet, paws or roots. This could explain why barefoot on the beach is such a desirable place to be. The ocean amplifies this energy.

If you are a person who spends a lot of time around computers, under fluorescent lighting, or live in an area with multiple cell phone towers, grounding is highly recommended to release the energy you absorb throughout the day. If you feel like you are buzzing when you lay down at night, get rid of the electric blanket and turn off the Wi-Fi. You can purchase grounding mats, blankets, sheets and q-links to protect you from electrical stress, but why? Simply touch the Earth.

**Tip:** To make Earthing most effective remove your shoes and socks and wet the earth to increase conductivity, leave your feet squarely on the ground for 30-40 minutes. A concrete basement floor will work if it isn't painted or sealed but this won't work on carpet, wood, asphalt or vinyl.

Mari Marques-Worden is a Certified Herbalist and owner of The Thymekeeper. For questions or more information contact: Mari at mugsyspad@aol.com or 719-439-7303. Mari is available for private

## Road to Riches Part 1: The Current Creek wagon road

by Flip Boettcher photo by Flip Boettcher

olorado gold was first discovered near Denver in May 1859 and then at Tarryall in Park County (north of present-day Como, not the present-day Tarryall) in July, 1859, and the rush to South Park was on. The Tarryall diggings were very difficult to reach. Even though Denver was the only supply town in early 1859, the route south to Tarryall through the difficult terrain, the hogbacks, and on foot over Kenosha Pass on an old Indian trail was almost impassable.

Colorado Springs was set up as another supply town in August, 1859, but the route up Ute Pass and then north of Pike's Peak to Tarryall Creek proved to be too steep at the foot for most travelers.

Finally, in October, 1859, another supply town was started at Cañon City, hopefully to become the "Gate City to the Mountains." The town was laid out, one cabin was built, and the Seventy-Nine Mile wagon road up Currant Creek, over relatively low 9,500 foot Currant Creek Pass, to the Tarryall gold diggings was surveyed by six enterprising men. Each mile was marked with a post, according to, From Trappers to Tourists by Rosamae Wells Campbell. An estimated 100,000 settlers were expected to arrive that year seeking gold. Actually, Fremont County is the longest settled county in Colorado.

The wagon road rounded the bend at the soda springs on the west end of Cañon City and headed up Red Sand Creek, staying well north of the Grand Canyon of the Arkansas, following the old Ute Indian trail, and coming up through the rugged Devil's Gate to Eight-Mile Park, where the rafting companies are now.

The wagon road wound up to and across Twelve-Mile Park to the top of the hill which we now call Gribble Hill, where the old Gribble Ranch was a stop on the road. That is where one sees all the red-painted buildings today. A trip from the Guffey area to Cañon City took three days by wagon; one day down and two days back loaded, so an overnight stop was necessary.

From the top of Gribble Hill the wagon road pretty much followed along Currant Creek to Currant Creek Pass. Archeological evidence indicates there had long been an Indian trail on the north bank of Currant Creek, according to Campbell. According to Paul Huntley in *Black* Mountain Cowboys, before 1900 pretty much all along Currant Creek above the Gribble Ranch, the land was taken up.

At about mile marker 13.5, Colorado Hwy 9 now takes a right hand turn away from Currant Creek, but the original wagon road headed straight up the creek. At this point, north and south in the valley, the hamlet of Currant Creek was established in 1868, and quickly became a center for farms and ranches along the creek. There is nothing left there today.

By 1871, school district #9 was established to educate the children of the 25-50 families living in the area. In 1871, Guffey area rancher John

Reeves Witcher (JR) had traded land near the mouth of Phantom Canyon for his ranch on West Four-Mile Creek, now known as the Teaspoon Ranch. JR's younger brother and partner Taliaferro (pronounced Toliver, known as T), lived alone on the Four-Mile ranch when Currant Creek was the nearest

town, according to Campbell. According to Huntley, Alf and Mary Rowe, old time Guffey pioneers, came to Currant Creek and homesteaded farther up the creek at the mouth of Mill Gulch in

1876. Mary Rowe taught at the local school. Between the Rowe's and Currant Creek town, Andrew Jackson "AJ" Asher came to homestead about 1876 and proofed his homestead by 1889. In 1877, according to records, A.J. married Emily McCandless. Emily McCandless was the daughter of Selina Mc-Candless whose affluent son James founded Florence. According to Campbell, Selina died old and frail in her daughter's arms and is buried on the old abandoned Asher place near two other unmarked graves.

Emily McCandless' daughter, Julia, drowned in Currant Creek in 1878 at 19 years of age, according to records. Julia and Selina are presumed to be buried in the old Asher Cemetery. Many people have drowned in Currant Creek, which regularly had flash floods filling the creek from bank to bank. According to Harry Epperson in Colorado As I Saw It, "The upper Currant Creek area was known for floods and pretty girls."

The abandoned Asher Cemetery may date back as early as 1852 with the last grave being 1929. This is according to an old map put together from three USGS quadrangle maps: Black Mountain and Guffey, 1959 and Cover Mountain, 1942, by Sam F. Rowe, a descendent of Alf and Mary Rowe. This map has invaluable notes on it and is found at the Cañon City History Museum.

A cemetery survey by Carol Fox of Florence and descendents of the McCandless' in 1989, found the gravesite of Selina, now inaccessible on private property. The group found 20-30 old grave sites with only two markers left, Violet Asher, 1838-1877 and Thomas S. Asher, 188?-1928. According to his obituary in the September 16, 1902 Clipper newspaper, A.J. Asher 1833-1902, is also buried there.

The Asher Ranch must have been quite a place and in 1884 the old map said the headquarters even had an underground stable for protection of its blooded stallions from the Indians during raids. The gulch behind the homestead is named Asher Gulch, A little

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Looking across Currant Creek through the suspension bridge abutments to the abutments on the other side. Notice how small Currant Creek is. It must have been much bigger when the bridge was built.

south of there is Horse Thief Gulch, so named because a U.S. Marshall shot and buried a horse thief there, according to the old map.

Currant Creek reached its peak in the 1880's when Oliver P. Allen had a homestead, 1886, with a post office and the general store to supply the neighboring ranchers, including the Witchers. According to Huntley, people there made a living growing potatoes, sweet corn and other vegetables and selling them in Fairplay for a good price. Allen's place burned down in 1900, according to the old map, and Currant Creek declined in the 1900's with the rise of Guffey, according to Campbell.

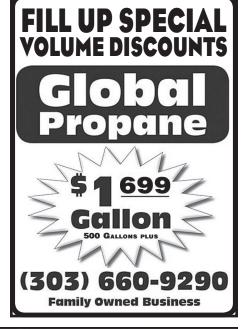
The original wagon and stage road which was in use from 1860 to about 1880, left Currant Creek and continued up Mill Gulch on the south side of Thirty-One-Mile Mountain, where the Mill Gulch Mine and copper mill were located and Mill Gulch City. The old wagon road then continued north on the west side of 31-Mile Mountain, crossed 31-Mile Creek at the 31-Mile Ranch homesteaded by Elijah Hammond, 1892, continued through the Pike Trails subdivision west of Guffey, and joined current Hwy 9 about at Dick's Creek, near Currant Creek pass.

In March, 1874, the Currant Creek Wagon Road Corporation was organized to build a better, shorter road along the existing route from Cañon City to Fairplay to facilitate trade between Park, Lake, and Fremont counties, according to Campbell.

According to the old map, from about 1880 to 1915 the Currant Creek Road went straight up the creek, bypassing Mill Gulch and joining the present HWY 9 near Freshwater Creek but stayed on the west side of the creek. Along this stretch of the wagon road there were many homesteads; the Mill Gulch round up grounds; a blacksmith shop and stocks for oxen at the mouth of Church Gulch; a sawmill, cook shack, bunkhouse and stalls for 20 horses; and a swinging, suspension bridge on cables across the creek. Just above the suspension bridge Sherman Asher, A.J. Asher's relative, had a homestead and where this road joined had her homestead, 1885.

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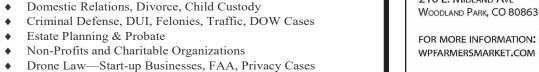
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## **WOODLAND PARK JOB FAIR**

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#### **CRIPPLE CREEK JOB FAIR**

#### Thursday, April 26, 2018

Adult & Young Adult Job Fair (16+) Aspen Mine Center, 166 E. Bennett Ave., 80813 11 a.m. Open to Veterans & eligible Spouses 11:30 a.m. to 3 p.m. Open to General Public



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## Driven by a Passion To carefully choose the best word

Howdy! How are you today? For those of you of mature years, into the sixth decade, do you remember Arthur Godfrey? At one time (the 1950s and 1960s), he was the Oprah Winfrey of radio and television. He always started his programs with his trademark greeting, "How are you today?" He immediately drew in his audience as personal guests of his show. He believed in the careful choice of words, and the personal involvement of his audience. Today let's look at the history of the oral tradition as it slowly translated itself into a written expression. This expression was intertwined with the careful choosing of words. This choosing today is called poetry.

The traditions of language among humans seems to have started with the oral passage of history from one generation to the next for many years and centuries. Remember the story we looked at about my friend, Jim, who spent four years in the Peace Corp in Micronesia (October 2017 issue *Ute Country News*)? Jim Moses spent that time during the late 1960s and early 1970s collecting the historical artifacts of the country. At that time there was no documented history, or written language in Micronesia. The oral tradition was all that existed. Can you imagine putting a language into written form that had never been done before? Amazing is the word I would use. Jim found that much of the oral tradition was passed in song and poetry. Perhaps words that rhyme are easier to remember.

In the Catholic tradition, the monks were said to have passed the Psalms down orally by chanting all 150 of them each day. The Psalms are written in a poetic form and were sung by the monks. The 15 decades of the rosary are said to have been a supplement to the psalms

formatted as an easier to remember prayer. My mother first introduced me to poetry. Whenever it came to mind, Margie would recall the poem she had recited in the Saint John's, Michigan County Courthouse when she was in the eighth grade.

by Joyce Kilmer

I think that I shall never see A poem as lovely as a tree

A tree whose hungry mouth is pressed Against the earth's sweet flowing breast;

A tree that looks at God all day, And lifts her leafy arms to pray;

A tree that may in Summer wear A nest of robins in her hair;

Upon whose bosom snow has lain; Who intimately lives with rain.

Poems are made by fools like me, But only God can make a tree.

Poetry still retains an important place in the oral, written, and spoken language traditions. What would music be without the sweet resonance of poetry? A letter to a beloved is a special expression of the warmth of the relationship. Poetic expressions of that love are even more cherished. Poetry is inspired by love, by nature, by art, and by many other objects and people we admire. In prose we choose the words that explain the thoughts and ideas we want to convey. In poetry the essential to carry the idea in a special form. moves you. Thanks for reading.

Poetry that rhymes calls the writer to carefully find words that fit in the verse so that there is a feeling of balance as well as sound In Trees, Kilmer uses just two lines for each verse rhyming the last words. This can also be done in four or six lines and so forth.

I started writing poetry after college and active duty in the service. I was a single guy living in Denver learning about the work-aday world and relationships. My first poetic adventures were little documentations of what seemed like epiphanies at that time. I later gave those to my wife as a collection. She says she has them yet somewhere. Anyway, what I have noticed over the years is that poetry cannot be forced. I can get an idea for a newspaper article, then sit down and write. Not so with poetry. It seems that poetry, for me, needs a muse. It needs an nspiration that comes with it the words and ideas that fit the muse. Poetry must be written in the moment, or the muse is gone.

## **Yellow Butterfly**

by Ron Cook (January 14, 2017)

What must it be to wake one day, Asleep like death enclosed, To wake and find the world has changed, *In wings you're now disposed!??* 

Up like a shot without a thought, You rise above the ground Your slowish feet, all now delete, You soar without a sound!!

What great delight creation gives, This lowly earthen worm, To raise it up for faithful flight, A morph in Nature's turn!

So up she goes and flits about, Without care or concern, *She doesn't question how this is,* Just loves her new return!

She visits all she's longed to see, While crawling through her world, But now can visit all she loves, With sweet kisses she unfurls!

And as I sit and watch this sight, A miracle so grand, I thank the Yellow Butterfly, For teaching me God's plan..

This poem was inspired by the butterfly, but there was much more I did not know about the muse until sometime after I had written this piece. It was a cloudy rainy morning while I sat on the back covered patio of a home in Louisiana. The home bordered the Caine River near Natchez. What I had not remembered was that this was the 17th anniversary of my youngest daughter's passing. She was only 16 at her death. Her favorite things were butterflies. I was told that the type of butterfly I saw was not common at that time of year in Louisiana. There were other poems I wrote on

that patio, but this one was special. Poetry is a delightful form of language to read, recite, or write. There are many forms of poetry you might explore. Reading the lyrics to your favorite music is enjoyable. Rod McKuen, Robert Frost, and E.E. Cummings were my contemporaries. Mary Oliver and many others today are great choosing of the words and phrasing becomes yourself if you feel so inspired and the muse

## **Looking for volunteers?**

The Cañon City Public Library has a new service to help you do just that At the front desk there is a three ring

be sure to include your contact information.

binder waiting for your volunteer requests. Put your request on an 8 ½ by 11 inch

Give it to the person at the front desk and they will get it into the binder. (The binder will be treated like a reference book and not leave the library)

Potential volunteers are encouraged to piece of paper, describing what you need, and look at the binder and contact the persons whose request sound interesting to them.

## What's new in Florence?

There's nothing like Florence in the spring. ■ That's Florence, the antique capital of Colorado, not Italy. It seems that there is always something new, and old, in Florence.

The east end of Florence's Main Street has become a little classier with the opening of the Heartland Classic antique store at 225 East Main the end of January. The Heartland Classic is more than a store, it is a Victorian house tastefully furnished and filled with Victorian treasures, as if someone were living there.

The Classic is the third store owners Elsie and Keith Ore have opened in Florence. Keith is also the mayor of the city. The first store, which opened several years ago, was Heartland Antiques and Gifts at 122 West Main. A couple of years ago the Ores opened Heartland Boutique at 128 East Main, featuring upscale women's clothing. The third store is the Classic, which just opened.

The Ore's hadn't been planning on opening another shop, but when they bought a fixer-upper duplex on East Main, the seller offered to throw in the vacant bungalow next door for a little more. The Ores said yes.

The bungalow next door was built in 1896 for Augustus Rose Gumaer, early area pioneer. Gumaer, born in New York in 1852, married Ella Mulock in 1874 and came west to be the cashier at his father-in-law, Ira Mulock's, newly purchased bank in Cañon City in 1881, where he proved to be a sharp trader.

Gumaer went on to become one of the wealthiest men in southern Colorado with business interests in mining, Florence oil, and ranching in Park, Custer and Fremont Counties. Gumaer was thoroughly disliked and was not a nice man, said Elsie Ore. Gumaer liked to stay in the background and manipulate his interests and was content to let others assume the risk. Not many remember Gumaer, but those who do, recall him as being "flamboyant and a person who bought everything and paid for nothing," *Trappers* to Tourists, Rosemae Wells Campbell.

Sadly, when Gumaer died in 1916, his huge estate was in ashes with legal problems and he is buried alone in a small plot in Lakeside Cemetery in Cañon City.

One can still experience the luxury of how Gumaer's house must have once been in the early 1900s. With her background in real estate, interior design, floral design and art, Elsie Ore has transformed the vacant bungalow next door into a Victorian masterpiece. For a true step-back-in-time to the Victorian era, visit the new Heartland Classic 719-784-7315. Heartland was voted best merchant in 2017.

Another new, unique, interesting Florence shop is the Owl Apothecary. The Owl is in good company at the corner of Pike's Peak and Front Street, with Florence Brewing on the southwest corner, the Pioneer Museum on the southeast corner, and the Owl on the northwest corner; a block south is the old train depot which is now the senior center.

Apothecary is an old word meaning a druggist; a pharmacist; a pharmacy or drug store. In England and Ireland, it is a druggist



The new Heartland Classic antique store at 225 East Main Street in Florence. photo by Flip Boettcher

licensed to prescribe medicine.

Owl Apothecary was started this past summer by co-owners Janna Hagen and Stephanie Mead, (pictured on the cover, courtesy of Janna Hagen) after Hagen realized there was a need for a natural product store in the area that was customer service oriented.

Hagen moved to Colorado about 14 years ago from California with a dream of helping people heal, she said. With that goal in mind Hagen became a certified Life Coach, but that didn't work out as she didn't feel right charging people to help them heal themselves.

Hagen then started to manage a local restaurant, but people still came to her for herbs, herbal blends and healing advice, and she contemplated opening a natural product store, she said.

Shortly after putting that thought out to the universe, things fell into place. Herbalist Mead came into Hagen's life as well as investors, and soon the Owl Apothecary opened its doors for business.

Mead, whose parents were healthcare professionals and who grew up "playing in the forests of the mid-west," has been on a "lifelong journey of exploring natural routes that nurture balance between the body, mind, emotions and spirit," she said.

The Owl Apothecary offers custom tea blends, aromatherapy blends, vitamins, colloidal silver, CBD products, jewelry, books and more, said Hagen.

The Apothecary also offers yoga classes with Dexi Chase on Mondays, Tuesdays, Wednesdays and every other Thursday. The Apothecary also has regular Sunday Workshops ranging from meditation to kids' herb classes, to Reiki classes and more. Hagen said.

The Owl's hours are: Tuesday 12-5 p.m., Wednesday, Thursday, Friday and Saturday 11-5 p.m., and Sunday 12-5 p.m. Contact information: 719-784-7447; Owlapothecaryco@gmail.com; Facebook:@Owlapothecaryco; Instagram@Owl\_ apothecary.

Also opening soon in Florence will be the Turmeric restaurant featuring Indian and Nepalese cuisine. Larry Nelson has moved his antique store from 103 West Main Street to 132 East Main and it is now called Collectibles and Antiques of Florence and 103 West Main is now called 103 Vintage Market and is thoroughly re-decorated. The Florence Consignment Corner has moved to the old True Value Hardware on West Main.

Don't forget the 2nd Annual Colorado-wide Armed Forces Art Exhibit and Sale May 12-31. There will be an artist's reception May 12, 4-7 p.m.. Also, the Escape in Time to Steampunk and Wine festival will be in June this year.

## Help Wanted **Guffey Community Charter School Teacher**

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We are a public charter school located off the-the-beaten path in the town of Guffey with an average enrollment of 30 students. The town abounds with endless outdoor activities, a few restaurants, bakery, post office, library and community center. Our teachers enjoy having a small class size and the freedom to apply their own teaching practice while being able to provide indi-

We seek a dynamic and committed teacher who finds the charm of a small rural school appealing while also being qualified to fulfill duties of small group instruction that is developmentally appropriate, managing student behavior to achieve a functional learning atmosphere, evaluating student growth, keeping accurate records and providing an organized classroom. Qualifications: B.A./B.S. degree, CO

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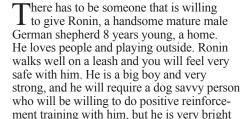
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someone that wants just one pet and who is able to provide a secure environment for him. He is an escape artist, so a securely fenced yard, with approved and required modifications made, is imperative for his safety. He is loving and sweet and a real social butterfly with people. He wants to be your one and only and will need to be the only pet in your home. If you are looking for a fun and really sweet companion, Ronin could be your boy!

Ronin has been at the National Mill Dog Rescue for 2 years. He was relinquished by a breeder. If you are interested or know someone that is, please plan on meeting him. To learn about National Mill Dog Rescue (NMDR), visit our website: http://milldogrescue.org. Prior to adopting him, you will need to fill an application. Because NMDR wants to make sure that Ronin finds a great forever home, his new owner will need to go through an approval process.

National Mill Dog Rescue saves commercial breeding dogs from puppy mills, giving them a final chance to find happiness and

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ment training with him, but he is very bright and a fast learner. His new owner needs to be

comfort in a loving home.

## CSU offers Food Safety Training

pring has sprung and it's almost farmer's market season! Is this the year when you will start selling your home-made goodies at one of our local farmer's markets or in some other local venue? Knowing how to prepare food safely and understanding the requirements for sales under the Colorado Cottage Food Act is the first step to a successful season! One requirement of the Colorado Cottage Food Act for home-based entrepreneurs is to take a Food Safety for Cottage Foods Producers training. An easy way to meet this requirement is to attend a training offered by CSU Extension. Chaffee County Extension Agent Christy Fitzpatrick will present Food Safety Training for Colorado Cottage Food Producers on Wednesday April 25 from 5:45-8:45 p.m. at the Chaffee County Fairgrounds, 10165 County Road 120, Salida. We will cover the most recent changes in the Cottage Foods Act including which foods are now permissible, as well as product

labeling and production requirements, and the all-important food safety for the home business. This training is also recommended for those who oversee the food safety of cottage foods, such as health department staff and farmer's market managers. Any Cottage Food producers who need to update their 3-year certificate may also attend this class to receive a new certificate.

Preregistration for the class is required no later than April 20. To preregister or for more information, contact Chaffee County Extension at 539-6447 or email Christy. Fitzpatrick@colostate.edu. The registration fee of \$25 (cash or check made out to Extension Activity Fund) covers program materials, the class certificate and light snacks. There must be at least 4 participants registered to hold the class. If accommodations for disability or language are needed, please notify us at 719-539-6447 at least five business days prior to the event.

WOODLAND

## Where is Zack this month?

Zack is a certified Therapy dog and the mascot for the Pet Food Pantry for Teller County who loves the snow! As their mascot, he is dedicated and determined to help families keep their pets at home when they fall on hard economic times.

On Saturday April 14th from 9-1 p.m., he will be at Woodland Hardware, https://www.shopwoodlandhdwr.com, located on 100 Saddle Club Avenue collecting donations and food for his feline and canine

friends in exchange for homemade dog biscuits and/or catnip toys. Please stop by and give him a hug for his hard work! Thank you for your support. For more information, go to www.PetFoodPantryTC.com



## Spotlight on the Divide Chamber

Each month we feature our new and renewing members of the Divide Chamber of Commerce. Please consider joining Divide Chamber and you can see your name listed here in the future - www.dividechamber.org

- The Insurance Center: 719-687-3094 or www.theinsurancecenter.com. Full-service independent insurance agency offering many options for personal and commercial
- Vectra Bank: 719-687-3012 or www.vectrabank.com. Your hometown bank big enough to count and small enough to care.
- Home Town Garage: 719-687-0001 or www.hometowngaragewp.com. Foreign and domestic automotive repair, tire sales and intoxalock service center. ■ Golden Bell Camp and Conference Center: 719-687-9561 or www.goldenbellccc.
- org. Christian camp and conference center. ■ Divide Collision Center: 719-687-7683 or www.dividecollision.com. We take care of everything from rental car arrangements to insurance claims.



## Reiki Heaven and Earth Honoring Montezuma Well

Theard about Sedona for first time when I was living in South America. I read that Sedona was a beautiful city with unusual vortexes of energy. Around 4 for years ago a friend who lives in NY asked me if I would go with her and another friend who was living in Florida on a trip. The idea of seeing my friend from my university days immediately appealed to me, so I said YES! We were having difficulty trying to figure out where to go. I remembered what I had heard about Sedona and proposed that place to them. None of us had ever been to Sedona. So, we decided on Sedona.

We stayed in a beautiful place, almost two hours away from Sedona. A good friend suggested to contact Patty who was a friend of a friend. Patty lived in Sedona. I called her and she immediately invited us to her house. Patty offered to take us on a day tour where we could visit different tourist places. She immediately made us feel right at home, very nice lady. We had planned to stay one night at her house and head to Flagstaff the next morning. Patty told us that the closest tourist place was Montezuma Well, but our visit should be very short if we wanted to visit other different tourist places.

We headed over there. Montezuma Well is located in a national park. It is a protected place. We saw the ancient ruins built into the rocks with the well in front. After a few minutes, Patty urged us to leave so we can use the day time wisely. I wanted to spent more time there but I understood her reasons. As soon as we left my mind was telling me "you need to come back." In an effort to stick to the tour plan, I didn't say anything and left with my friends.

Sedona is one of the most wonderful places I have ever been. You really can feel the energy of the place. We spent a very nice day, laughing, sharing stories, enjoying the energy of the place. However, my mind (or my heart) kept telling me that I had to go back to Montezuma Well. I spent some time trying to figure out how to ask my friends to go back. We already planned on leaving Sedona early the next morning. I could tell this was one of those moments when you KNOW you have to follow your intuition.

When we were getting ready for bed I told my friends: "I need to ask you a favor, please let's go back to Montezuma Well tomorrow morning before we head to Flagstaff". Of course, their answer was what I expected, "Why? We've already been there." I told them, "I don't know why, but I need to go back, I also need to spent some quiet time in meditation." (As you can guess 4 women together can talk a lot). My dear friends agreed to go back.

The next day we said good bye to our wonderful host and went back to Montezuma Well. I decided to do my meditation sitting near a stream that was coming from the well. I took my shoes off and put my feet in the water, *living water*. If the lector ever had the opportunity to try water from a deep well, you know what I mean when I said

My friends stepped back trying to give me some space and a quiet moment. I closed my eyes and focused on my breathing while I was moving my thoughts away. The connection with the energy of the place came very quickly. I started doing something with my ands that I had never done before. With r palms up, I started moving them together in a circular motion. The energy became stronger. I could feel a vortex of energy all around me. Then I started singing. I was aware that I was singing but it was like looking at myself from a distance (out of my body) while I was singing. I remember thinking, "It is beautiful how I am singing." I realized that I wasn't singing in Spanish (native language) or English. I didn't recognize the language but I KNEW I was singing in some type of Indian dialect. Then I felt in my heart a deep sorrow, I felt so much pain, more sadness that I have ever felt before. Even with the death of a close relative

or friend. This pain was unbearable, I was crying, sobbing with sorrow. I was feeling the pain of losing somebody that I loved in a very profound way. I was still crying with my eyes closed when I felt a golden light surrounding me. I felt the angels coming my way, I felt their love coming into my heart and taking away my pain. It was a healing moment. Suddenly the pain and sorrow were gone, leaving in my heart the gift of an amazing feeling of peace. I opened my eyes.

My friends were close to me, they kept quiet while they witnessed what had happened (I truly appreciated their support). They asked me, "What was that?" I answered them, "I don't know." The park ranger showed up at that moment so we didn't talk about what happened right away. I could describe this situation as a little uncomfortable since I was not able to explain what happened. They heard me singing and crying but they didn't know what was going on out of the view of the physical world. All that I knew was that Montezuma Well connected me with a moment in my life or someone else's life where the loss of a loved one was very painful. I didn't have any idea about the story of the place or it's legend. I couldn't understand why I felt that great sorrow, why I was singing in a language that I never spoke before or why I was crying.

A few months after that I met my husband. For a few years I thought that meeting him was related with my experience at Montezuma Well (I will talk about that in my next article). A couple of days ago I realized that there was another explanation for my experience at the well. I was looking for more information about that place. I found Robert De Mayo, writer and tour guide, wrote a book about Montezuma Well & its legend, entitled *The* Cave Where The Water Drips. Here is a quote from the website (blog.innofSedona.com/ MontezumasWell-mythology/):

The Yavapai/ Apache creation legend

begins there (Montezuma Well), when someone did something wrong and it flooded, causing everyone to die except a young woman named Kamala. The legend states that while the water rose, the village united in sealing Kamala in a hollow log so she alone would live. "There was something very spiritual about that place, and maybe a little dark, said De Mayo. "Looking down at the moon reflecting in the still water, one naturally asks; what could someone had done that would make their God angry enough to kill all but one? Or what could have been so special about Kamala that they all worked together to save her life — while everyone around them drowned? This story offers a suggestion as to what might have happened to the young girl who had to live alone after everyone died — I believe in every story there is a kernel of truth, and I wanted to

It was a surprise for me to read this information about Montezuma Well. After my trip to Sedona I was so busy with changes in my life that I didn't have too much time to think about the experience there. Reading this information allowed me to understand the energies that I was connected to when I was there. I know in my heart that something very sad happened legend holds a true story. I felt her pain and her sorrow. I believe I was guided to go there to help to cleanse the footprint of the pain left on Montezuma Well. Now I understand why I felt that I had to go back to Montezuma Well. As I wrote before, healing is not only for human beings. It is also for our planet (more in this moment than ever), and places where the footprints of pain and suffering have been left behind for different reasons, sometimes people refer to these places as "dark" or "spooky" places. There is a beautiful shaman lady from

explore it.'

Colorado, Little Grandmother Keisha that is teaching how to help cleanse our water,



An irrigation ditch built by the Sinagua Indians near Montezuma Well about 800 years ago. The water it carries is still used today. photo by National Park Service.

our food, our home planet. A combination of intention, prayers and crystals is what she has been teaching. It is time for each of us to take responsibility and participate in this process. As Little Grandmother Kiesha said, "We are the ones we have been waiting for.

For more information about Reiki session training or Heaven and Earth workshop feel free to contact me by email:olgacely@ hotmail.com or by text: 801-628 9273.



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## Edward Jones MAKING SENSE OF INVESTING

Roadhouse

## **Financial Focus** Strategies for your investment garden

Tf you're a gardener, your busy season is Lat hand, as April has been designated National Garden Month. Could the skills you deploy at gardening be transferred to other areas of your life — such as investing? Here are a few ideas for doing just that:

## Establish a timeline

As a gardener, you typically follow a well-defined timeline. You need to get the soil ready a few months before you want to plant, and you need to plant at different times, depending on what plants you choose. You even need to set up a schedule for watering, feeding, weeding and other garden care. As an investor, you may also need to observe a timeline.

During the early and middle stages of your career, you probably need to invest primarily for growth, so you can build resources for a comfortable retirement. Then, as you near retirement, you may want to lower your risk level by shifting some — though certainly not all — of your investment dollars from growth-oriented vehicles into more incomeproducing ones. Once you do retire, your focus will shift to preserving your money, so one of your key decisions will center on how much you can afford to withdraw each year from your investment portfolio.

#### Choose "healthy" investments

Gardeners like to choose plants they know will really last. That's why they look for things such as green leaves, as opposed to brown or yellow ones, and thick stems, which usually indicate a plant is strong, healthy and capable of surviving a transition from the pot to the ground. When you invest, you, too, should look for signs of health in the investments you choose. For

example, when picking stocks, look for companies with solid fundamentals, such as experienced management, strong earnings and the demonstrated ability to produce products and services attractive to consumers. When considering bonds, consider those that independent rating agencies have awarded the highest grades, in terms of the financial strength of the issuer.

#### Feed your investments properly

Things like fertilizer and plant food can be valuable, but the most important element in plant nutrition is water. Under-watered plants will not survive but overwatering your plants can certainly damage them severely. When you invest, you also need to know the right amount of "food" or "nutrients" to apply. If you don't put enough money into investments, they may not grow as much as you'd like. On the other hand, it is possible to 'overwater' certain investments. For example, if you constantly put money into just one or two investments, they could end up crowding out others in your portfolio, causing you to lose the value of diversification. If these particular investments are already growthoriented vehicles, highly subject to market risk, they could take a big hit during a market downturn. Ultimately, seek a balance in how you distribute your investment dollars.

Year after year, successful gardeners reap the rewards of their labors. Following some of their habits can help you work toward a longlasting and fruitful investment garden, too.

This article was written by Edward Jones for use by Lee F. Taylor AAMS, Brian Watkins, and Paula R. Hunt your local Edward Jones Financial Advisors

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## Seed library season!

The Rampart Seed Library, with branches In Woodland Park and Florissant, opened on April 1st, 2017. This collaborative effort of the Gardeners With Altitude Garden Club, The Harvest Center, Rampart Library District, Teller County CSU Extension, Teller/ Park County Conservation District with the support of former Aspen Valley Ranch manager, Julie Snyder, has been a starting point for many gardeners in the community. The libraries have been well used and have been restocked for the coming season.

The Seed Library recently sponsored Wild Mountain Gardening classes, featuring Penn and Cord Parmenter as instructors, in Woodland Park. These classes instructed gardeners in seed saving, seed starting and high-altitude vegetable gardening. Grants from the Colorado Federation of Garden Clubs and its Southern

District plus monies from the Woodland Park

ary 2017 and continues to meet bimonthly to coordinate efforts. The Rampart Area Seed Library Cooperative or RASP's next event is the dedication of the Seed Library inspired by Lee Willoughby and Jim Cowman, appropriately enough, to celebrate Earth Day, April 20th, 2018, 12-1 p.m. on the lower level of the Woodland Park Library, 218 E. Midland, Woodland Park, CO 80863. Light refreshments will be served.

Musicians for annual Hartsel Days festival, first weekend in August. Also looking for craft and food vendors. Great turn out last year, great opportunity this year. Contact hartseldays@gmail.com for more information.

## Adopt Me by Ark Valley Humane Society

## Chelsea

helsea is a 4-year-old female Pit Bull mix who is friendly, sweet and out-going. She's got a sweet little personality and absolutely loves being around people. She will need to go to a home with no cats or farm animals, and We're located at 701 Gregg Drive in Buena Vista; feel free to call if you need directions

preferably have a fenced in yard. She gets along great with other dogs, so come meet her today!

*This space donated by the* Ute Country News *to promote shelter animal adoption.* 



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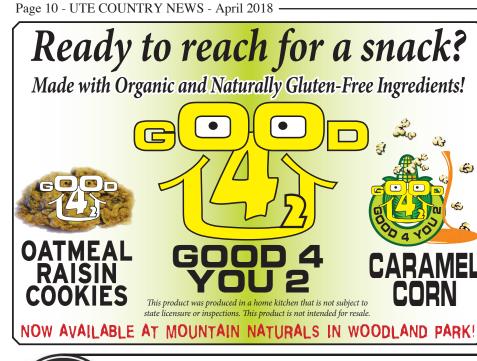
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## **Featured Non-Profit** Focus on the Forest

by Barbara Berger

 $F^{ocus\ on\ the\ Forest\ (FoF)\ was\ founded\ by}_{Shawn\ Nielsen\ and\ Eve\ Woody\ who\ are}$ outdoor enthusiasts and PASSIONATE about their cause. It became a nonprofit 501(c)3 organization in August 2017 and its mission is to clean up OUR National Forests using alternative solutions to motivate and enable communities to keep OUR public lands pristine! When camping sites and forest trails are clean, the outdoor experience is enhanced and people are more likely to leave the site as they found it or better. Trash attracts trash and the lure of trash changes animal behavior. Once they learn that humans are sources of food, the animals are set on a collision course with people that often ends tragically.

Today's kids spend less and less time outdoors and it has been proven that it's taking a toll on their health and well-being. Richard Louv in his 2005 book Last Child in the Woods coined the phrase Nature Deficit Disorder meaning that human beings, especially children, are spending less time outdoors resulting in a wide range of behavioral problems. Research has shown that children and adults do better physically and emotionally when they are engaged in outdoor activities. FoF has created a coloring book for children to motivate them.

Shawn and Eve got people motivated; FoF became a reality with hundreds of volunteers doing cleanups and others helping to organize meetings, events, fundraisers, etc. Local businesses supported the startup. Sue Green at the UPS store designed and printed flyers for the first event at no charge, Teller County Waste donated dumpsters, various restaurants and businesses donated food and supplies for all the events. TipTop Tree Cultivation has shown up in force with their employees and equipment from the beginning.

Most trash is hauled down to Best Way Transfer station in Colorado Springs using a modified old trash truck compactor. For the mass cleanups Teller County Waste has delivered and paid for the disposal of 3 roll-offs (30-40 yards). As much of the trash as possible is recycled. Dump loads vary in price but on average are about \$125 each. To date FoF has removed about 150,000 lbs. of trash and 300 tires.

Focus on the Forest has relied on financial and in-kind donations from the beginning. There are still no paid employees. FoF is bringing together the community and helping to preserve the unique beauty of OUR National Forests and they work with the Forest Service and local law enforcement. Areas are targeted, clean ups are scheduled and posted on their Facebook pages. FoF involves people from all over Teller County, Buena Vista, Monument and Denver. Focus on the Forest - Tri Lakes just officially signed up and will be addressing the Mt. Herman and Gold Camp areas.

The homeless population is growing and FoF has the opportunity to interact directly with them. FoF uses the term "Forest

Neighbors" and gets involved when possible This being done in a nonthreatening way starting with just providing a way for them to dispose of their trash. Working with a variety of organizations, they are helping those in need get the



Shawn and Eve's permanent residence is in Hartsel, but to further the movement realized they would need to be in town on a regular basis. The Bristlecone Lodge donated a spot for them to park their travel trailer for the first winter so they could be close enough to stay involved and help FoF grow. Shawn and Eve have chosen to minimize their lifestyle and expenses to support FoF as it grows and becomes self-sustaining. Shawn is disabled and essentially retired but he does handyman/remodeling work to meet expenses. Eve has worked locally in childcare for almost 20 years. They both look forward to when they can "retire" and dedicate all their time to FoF.

FoF's motto is "Pack It In, Pack out MORE." As a child growing up in Connecticut, my Dad always brought along extra bags so that we could pick up any trash that was in our campsite before we even set up our camp. Consider doing this and bring a bag on hikes to pick up items left behind by others. Every little bit helps!

Ready to take the next step? You can become a contributor to this cause, or volunteer in one of their cleanups. FoF understands that your safety is important and they will be posting safety information on their website and Facebook page that will help keep their events safe and fun for you and your family. For more information, go to www.focusontheforest.org. Meetings are held at the Woodland Park Senior Club, 321 North Pine Street, Woodland Park. Check the FoF website for meeting dates and times.

Two MASS cleanups are scheduled every year on the Saturday of the weekend before Memorial Day weekend and Labor Day weekend. This year it is May 19th and Aug 25th. If you cannot help with the clean ups, we need assistance with clerical and accounting tasks. Financial donations for dump fees, insurance, etc. and in-kind donations of trash bags, gloves, etc. would be greatly appreciated.





## **Growing Ideas** April gardening guidance by Karen Anderson "The Plant Lady"

Greetings once again to our fellow community folk. April has arrived — right on schedule. Visions of springtime warmth and kaleidoscopes of color swirl around in our hearts and in our minds. Gardeners are itching to get their hands back into the soil as we catch glimpses of bluebirds returning to the meadow lands and a few robins scouting for summertime homes.

Our days of winter darkness diminishes as the season of light comes into being and our spirits seem to be lifted as the Earth Mother begins to display subtle signs of awakening with new shades of greenery

Please do not let this notion of continued fair weather fool you! We have a couple of months yet before the real Rocky Mt. Springtime sets in. Even though we celebrated the Spring Equinox on March 20th, please keep in mind that we don't spring into spring in our high-altitude gardening regions. Naturally, our lower elevation community neighbors have a little jump on those of us who reside at 9,000 feet. Mother Nature will always have many surprises in store for all of us!

If we are lucky, we will be blessed with some heavy spring snows as we are in desperate need of the moisture, since our winter has been so dangerously dry. If the weather remains in drought-like conditions this month, I would like to recommend that you start watering any recently planted (1-3 years) trees and bushes and even your established perennial gardens. They will need this deep moisture for a healthy start as they begin to wake up from their winter sleep.

If you have garden areas that are heavily mulched for winter protection, you can remove small layers as time goes on in order to allow for air flow and some warmth from the sun. In the greenhouse, we prepare for planting by cleaning out any old plant debris that may be carrying disease or insect eggs. It is most likely warm enough in the 'hot house' to turn the soil and add amendments of compost and other organic fertilizers. Be sure to set those mousetraps before planting and after sowing some cold hardy, quick growing greens and the like — MULCH please, for night time warmth and water retention.

#### **Seedling care**

I planted my tomato, pepper and herb seeds on March 20th, several days after the new moon, so I have now taken on the responsibility of 'motherhood' to hundreds of seedlings, each one as important as the other. April is the month for nurturing and nourishing our precious baby seedlings, helping them to grow up strong and healthy in preparation for life outdoors or in the greenhouse. I'd like to share a few tips for your consideration to help make that happen! Here's a few suggestions and as always, these are simply methods I have found to work for me with the various resources that are available to me. If you are happy with what you are doing in this arena...Keep doing that! If it don't need fixin'...no need to fix it!

#### Keep topsoil moist

So, if you have started your tomatoes, peppers and herbs, they should be emerging within 1-3 weeks depending on germination periods. Tomatoes show up pretty quickly, peppers a little longer and herbs are slow to 'awaken' so please be patient with these delicate little seedlings. As the baby sprouts begin to experience life above ground, we will want to make sure that they are well taken care of. This means first and foremost: We never ever allow the light soil to dry out as this would be the main cause of certain demise. This is why I always use a reservoir tray underneath the 4 packs of starts so that I can water the seedlings gently from the top, but also add water to the tray. I can then 'safely' leave the house for the day without worry.

#### Prevent sunburn

Be careful not to let the little ones get



them to handle

Everyone's inside micro-climates are different and some of you may be growing under artificial lights, so it will be up to you to do the necessary shuffling around of the 'kids' to a comfortable location. As the earth rotates, the sun is quickly changing positions in our homes, so please take that into account as well. It is a good idea to turn your new plants around 180 degrees just about every day in order to keep them growing evenly. Best faces forward.

## "My heart is filled with joy when I see you here, as the brooks fill with water when the snow melts in spring."

— Parra-Wa-Samen. Comanche, 1867

#### Feeding

Because we have sowed our seeds in a sterile soil medium which contains no nutrients, we will need to start nourishing the plantlets with what I call baby food. Several weeks after germination, I begin to feed

— with half an eye dropper of organic fish emulsion to a gallon of water and always in the evening hours. Feeding with this high nitrogen source in the heat of the day can easily burn the seedlings. A nice dose of this mixture every 3 days or so will aid in growth and greenery. As the plants get bigger, you may wish to increase the fish emulsion to a full eyedropper per gallon of water.

When the plants are about 3-4 inches tall, we can start to transplant them individually into some well balanced, good quality, organic potting soil. I might add that you will want to use right-sized containers meaning not so big that the seedling is swimming in a sea of soil, nor too small that there's not much room to grow. I like to recycle the small and larger Dixie cups with drainage holes in the bottoms, as they are just right for transitioning.

After the process of transplanting the kids, I would suggest allowing them to rest and adapt to their new homes by placing them in a comfortable setting (no direct sun) for a day or so before giving them back to the benefits of the strong sunshine. We don't want to shock them any more than necessary; nourish and nurture. That's the plan for the month of April. We are gearing up for the gardening season. More to come in May!

If you are interested in a landscape consultation or any other guidance in the world of high-altitude, native and organic gardening, please feel free to contact me at 719-748-3521 or e-mail me at plantladyspeaks@gmail.com

My Heritage seed collection is available for purchase at the Outpost in Florissant and at Mountain Naturals in Woodland Park, where there are always healthy and happy houseplants looking for good loving homes. I will be offering organic, non-GMO and Heirloom veggie starts for adoption towards the end of this month. Please call to place any special orders in advance. So, my gardening friends, here we go! More gardening tidbits next month. Until then, peace and happy gardening!





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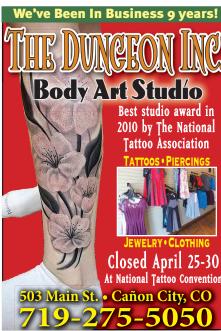
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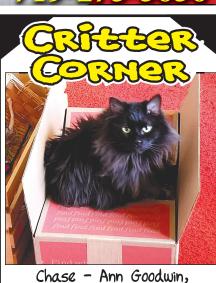
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# Woman: Chapter 2

am stared at himself in the mirror. He'd been elated Jaynee had agreed to go on a date with him. But now that he was staring at his robotic frame, his metallic hands, his eyes made up of small, plasma LED lights. Why had she said yes? She'd just created "the perfect companion" but immediately turned around and agreed to go on a date with him. He'd never understand humans.

It was the night of their date. Things between them at work had been fine for the most part. She'd spent most of the day on the phone with the general who'd sent her the urgent and mysterious package. She appeared to be rather upset with him. He'd gathered that when she beat her notepad loudly on the desk a few times.

Sam now stood at his station, looking for any new software updates, particularly ones Jaynee might be using for her "perfect companion." At the bottom of the short list, he found an update for AI physical appearance. It would allow him to alter how he looked, much like a skin cover for a laptop. He tapped the screen and the download started. He hoped Jaynee would like whatever new look he chose.

Jaynee soon came out of her office, and Sam dimmed the screen at his station so she wouldn't be able to get a clear look of what he'd been searching.

"We still good for tonight, Sam?" she asked, setting some folders in a bin.

Sam faced her, nodding. "Yes, ma'am. Reservations have been made. Would you like

Jaynee checked her phone for the time. "Uh, no. Thank you, though. I need to do a couple things first. I'll meet you there, okay?"

That uncomfortable feeling of what Sam guessed was disappointment rose up inside of him. He'd scheduled a car to pick them up from the office. But now...

"Yes, ma'am. See you there," was all he said. He watched as she smiled and then returned to her office to grab her things.

Once she'd left the building for sure, Sam went into the bathroom and stood in front of the sinks, looking over his cold, robotic appearance. He closed his eyes and accessed the new software. When he opened them again, he looked 99% human, except for his eyes. Maybe his eyes wouldn't be a problem. This look even came with a formal suit, which was something he'd never worn before. There'd never been a reason for him to.

The janitor walked in at that moment, stopping when he saw him. "Hey, Sam. Lookin" good," he said, smiling and nodding in approval. "What's the occasion?"

"You recognize me?" Sam asked. "Of course. Your eyes are unforgettable. I'd

recognize them anywhere.' "They're not off-putting?" Sam turned his

attention back to his reflection in the mirror. "No, sir," said the janitor, standing behind him now. "Your eyes are like magnets, they'll

"Thank you, Harold. You're complimentary as always.

Harold gave a proud, half smile. "Anytime, sir." He went to the nearest trash can and pulled out the bag

Sam watched him while he absently fussed with his suit. "Have a good night, Harold," he

said just before he exited the bathroom. "Good night and good luck, sir," Harold replied, his voice magnified by the tile bathroom.

Sam came to the doors that led into the hallway where the elevators were. He'd never been beyond this point. There'd never been a reason for him to leave the office. He was the AI version that didn't require separate housing because the office acted as his home. The doors were heavier than he'd imagined they would be as he pushed them open. If he had a little trouble with them, what was it like for the humans?

Next, he stood in front of the elevators, taking some time to study the buttons. He pushed the down button. The doors dinged open and he cautiously stepped inside, doing his best to quickly comprehend the keypad and figure out which floor he needed to go to. He pushed the number with the star next to it, and down he went. The doors dinged open again to reveal the lobby, and as he stepped out, he noticed a car waiting just outside the front doors to the building.

After confirming that the driver was there for him, he got in. The size of the outside world amazed him. He'd always known the world in measurements, but to actually be experiencing its size in person was an entirely different game. It struck him as odd when he noticed just how many lights there were. They were everywhere. The stoplights, the lampposts, the lights on every building. There were even an extraordinary amount of headlights, not to mention the small lights on people's cell phones. It certainly was baffling to him.

The car pulled up outside of the restaurant and Sam got out, eagerly looking around for Jaynee. It looked like he was the first to arrive. That worked to his advantage. He slipped into the store beside the restaurant and bought a small bouquet of multicolored daisies. Jaynee still wasn't there when he came back out, so he took up post beside the restaurant door.

Finally, just when Sam thought the anticipation of waiting was going to cause him to short circuit, Jaynee pulled up in a cab. She stepped out in a marvelous pantsuit, the blazer shimmering when the light caught it just right. Sam felt like every wire inside of him was coming loose. It wasn't until she was about to walk right by him that he remembered he probably looked different.

He cleared his throat loudly. "Jaynee. I mean, ma'am. I mean— Hi." Jaynee jumped, stopping in her tracks. "Oh,

Sam! Wow, it's you! You look fantastic. I didn't recognize you.'

"Not even my eyes?" Maybe Harold had lied to him to not hurt his feelings.

"Your whole outfit caught me by surprise that I wasn't focused on your eyes. I'm sorry. I should've known it was you.

Sam smiled. "It's fine. Shall we?" She nodded and the door was opened for them. They were quickly seated and handed menus. Sam hadn't thought this far ahead, actually. He didn't eat people food. In fact, he didn't eat at all. Or drink

"Sam? Why did you bring us to a restaurant when you don't need food or drink?" Javnee asked, already catching on to the issue.

He peeked over the menu at her. "Well, I knew that you'd be hungry after a long day of work, so it just made sense to me. I made the reservation without thinking." He studied her expression closely. "Are you upset?"

Jaynee smirked with amusement. "No. It's fine. I was only curious." She returned her attention to the menu.

Sam did the same thing, wondering what food actually tasted like. There were so many different things. Did they all taste the same, or did each thing have its own flavor? As he flipped through the menu more, he came across a page that pleasantly surprised him. If the customer was an AI robot, there was a USB drive available to try so the robot could experience what food tasted like. That's what he ordered while Jaynee ordered the steak and salmon meal.

"Did you manage to finish your errands?" Sam asked, beginning to sweat over what to talk about.

Jaynee looked up at him. "Do you honestly care?" she asked, her lips turning up in a smirk "Of course I care," he said, not

quite picking up on her teasing. Her smirk transformed into a smile. "Yes, I got my errands taken care of. They went smoothly for the most part."

Sam smiled as well. "Good." "So, tell me exactly how you were able to change your features. I don't remember you being equipped with that capability.'

Sam turned shy, dropping his eyes to the table. "Please don't be mad," he began, barely glancing up at her. "I've been scrolling through the software that's on your new companion to see if any of the updates would work for me, like I did before when you first created him. I just wanted to try them out." It took him a moment to gather the courage to meet her eyes, but when he did, he saw her slowly nodding, looking pensive.

"Interesting," she finally said. "You've been doing the same thing as that general." Her eyes stared right into Sam's

inner workings. "You're not colluding with him, are you? You know I had to ask," she said quickly to his immediate, irritated expres-

"I know, I know," he huffed. "And no, I'm not associated with the general in any way." "I'm relieved to hear that, Sam, and that's

because he's been pushing for me to do questionable—highly questionable—things with my new technology. He wants to create a league of spies. They'll act like dating companions to their targets, and then eliminate that target when he directs them to."

Sam stared at her in horror. "Humans are social creatures, though. That could be devastating!" "Precisely. You know as well as I do that

the spies very well could be used to conduct a purge. Who knows how devastating the global impact might be. I fear that we'll see powerful countries crumble as their governments are thrown into chaos. It's a terrifying thought.'

"What about the companions having free will?" "They won't. He wants to go down a very

dark road with all this.' Sam shook his head, going silent for a minute.

waiter plugged a small USB into Sam's arm, where his access ports were. It felt like a zap of electrical current went through him. A strange thing began to happen in his mouth. Puffs of "You know, I once read an article from 2017 flavors were being injected into his mouth. He that an AI expert didn't understand what they were, but his sensors indicated something good was happening. named David

impressive, Sam.'

guarantee.

He opened and closed his mouth, stopping when he heard a giggle. His eyes focused on Jaynee, who had a hand over her mouth, but he could tell she was hiding a smile and a laugh. "What?" he asked, genuinely confused.

believed that humans would likely be able to

marry robots by the year 2050. We're getting

close to that time, and it's still unclear if I even

Jaynee slid her hand across the table to him. He

studied her hand and then put his on top of hers. "I

know, Sam. I'm sorry about that. I've been advo-

He closed his hand around hers. "I know.

She smiled gently at him. "As long as

process his thoughts and what he thought

were feelings. "You are Wonder Woman,

She leaned back as her food arrived. The

Jaynee," he said, the words blurting out

before he could filter them.

you're with me, you're safe. That much I can

Same held her gaze, trying to analyze and

Jaynee smiled a big, genuine smile. "You're

cating for you to have rights for years now."

"You're so cute!" she giggled. "That was adorable, what you were doing with your mouth." She laughed some more, her expression one of true happiness and care. "So you liked this—" he

opened and shut his mouth

"Yes!" She went back into a laughing fit. At her laughing, Sam joined

in, his laugh a robotic autotuned sound. They left the restaurant a few hours later and decided to

walk around the park. "Not to drag the mood down," Sam began, "but what're you going to do about the general?" She sighed heavily.

'Luckily, the rules that I helped put into place will protect the software from him, and others like him. But he could always try to buy it, steal it, or copy it.' "That'd be messed up." "Agreed."

'So, can I ask what was in the package he sent you?"

"It was a hard drive that he wanted me to upload the software onto. His note

by Donielle Dellinger The first chapter of Woman appeared in February 2018 issue, on pages 12 & 13.

> against me." Sam scoffed. "What kind of action?"

"He alluded to having something on me." She shook her head. "He wants to blackmail me. I don't know for sure what he has, but I have a few guesses."

"Is there anything I can do?" Sam stopped her, facing her.

"Well, actually, next week I'm going to be instating some extra precautions that you'll be in charge of overseeing, and you'll be getting a security update." Sam noticed the somewhat hidden worry on

her face. "Do you think that'll be enough?" Jaynee broke eye contact, looking off to the side. "I dunno. I honestly don't. He's got some pull, he knows people. I have no doubt he'll try to do whatever he can to get what he wants. But, as of right now, I don't have any stronger defenses. Even if I took everything offline, went off-grid, he'd probably still be able to get to me."

Sam put his hands on her shoulders, a bit awkwardly, but it brought her eyes back to his. "I'll be by your side, no matter what comes. I'll stop him if tries to get anywhere near you or your work."

She put her hands over his, keeping them on her shoulders. "You're a good person, Sam."

The word hung between them. Heavy. But hopeful. They looked at each other, trying to feel out what the other was thinking, their reaction to the word. Person. The word brought up complicated questions.

Sam was the first to break the silence. "I'm a person?'

Jaynee bit her lip, picking her words carefully. She slowly exhaled before speaking. "I see you as a person. You've done well with the deep learning, where you were able to learn how to process the info from the world around you. Legally, you still don't have the rights of a human person. It's scary for humans. Even though we created you, we still don't know if we can trust you to have a positive role in this world. Most people are nervous that all robots will malfunction and murder everyone around them or seek world domination. It's not an unfounded fear, since we've seen humans display a similar malfunction. For example, Hitler. But that's a very simple, probably crass way of putting it. However, animals have rights, and it makes sense for you to have rights as well." He took her hand and kept walking with her.

'We've still got a long way to go." "Yes we do, but it'll be worth the fight," she

### To be continued . . .

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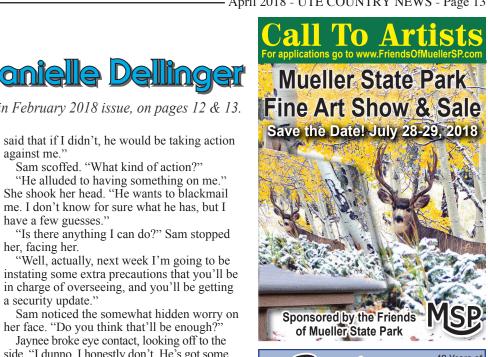
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## Peak Astronomy Tips Springtime in the Rockies

There's just something about springtime I in the Rockies. It's a harbinger of better things to come that we can sense in the air. Alas, it can be slow in coming, teasing us with chirping birds, longer days, and the promise of warmth and sunshine. While this warmer weather gives us a chance to venture out from our winter abodes to embrace Mother Earth once more, these first signs of life and warmth oftentimes turn into piles of snow, chill, and disappointment the next day.

For me, dealing with the highs and lows of springtime in the Rockies becomes easier when I pay less attention to earthly goingson. Instead, I choose to look upward, towards the vast expanse of the universe, in which our earth is but a grain of sand amongst the dust and stars scattered throughout. Spring can be an exciting time of year for backyard astronomers, because the earth's orbital position during our journey around the sun brings us to a place where we may observe wonders that cannot be witnessed at any other time of the year. So, while we patiently wait for the Rockies to awaken from its long wintertime slumber, here's some of what April brings to our skies this year:

**■ Lyrid Meteor Shower, April 16-25:** every year in April, the earth passes through a cloud of debris left behind by *Comet Thatcher*, an ancient comet that crosses our orbital path every 415 years. As comets approach our sun's proximity, they begin to disintegrate, losing a little bit of their mass each time they visit. Fortunately for most comets, they come into relatively close contact with the sun for a very short while, sparing them from certain destruction. Just as quickly as comets make their grand appearance, they disappear back into the depths of space... until next time. Sometimes, the debris left behind by these comets lies somewhere in Earth's orbital path around the sun.

When our planet comes into contact with this debris, Earth's gravity draws some of these particles into our upper atmosphere at speeds greater than 25,000 mph, where they are super heated by friction, and burned up before ever reaching the ground. Most of these particles are no larger than a pebble, but they burn brightly in the sky, while leaving beautiful ionized dust trails behind. This annual event is one of the oldest known meteor showers on record. In fact, it can be traced as far back as 687 BC, when ancient Chinese first reported seeing meteors "falling like rain" from the sky.

Expect to see anywhere between 15 and 20 meteors per hour during the shower's peak, just before dawn between April 21st and April



Jupiter shines high in the southwestern sky just before dawn on April 7th. Cover photo: Lyra, high in the sky E SE just before dawn, on April 22.

23rd. If the sky is clear, you will be in for a treat, as the moon will not interfere with your show! Anytime between April 21st and April 23rd, after midnight, you may face eastward, looking towards the brightest star in the sky, Vega; a star that belongs to the constellation Lyra. That is the general location you will want to be facing to watch for meteors. As the morning progresses towards dawn, Vega will slowly climb higher, making its way towards the southeastern sky. Bundle up, bring out a reclining chair (or two), some coffee or hot chocolate, and be prepared to be dazzled. Be patient, and enjoy the show!

■ The solar system: 2018 offers us some spectacular opportunities to observe three prominent planets in or solar system, and we plan on taking advantage of these opportunities beginning next month. Until then, you may use April to become acquainted with these planets now. This year, Mars shines brightest than it has since 2003. Come April 2nd, Mars will appear as a bright, orange orb, hanging low in the southeastern sky at around 3:49 a.m., and hanging just above it, and to the right, you will witness Saturn's pale glow.

Jupiter will shine bright on April 7th; it will be at its *perigee* (closest to earth), high in the south/southwestern sky around 4 a.m. Look for its bright yellow glow. A simple pair of

7x50 or 10x50 binoculars will allow you to catch a glimpse of Jupiter's largest moons. Hold them steadily, and give yourself some time to make out between two and four jewellike moons on either side of Jupiter's (tiny) yellow disk; it will take some practice to hold your binoculars without shaking too badly. These moons are referred to as the "Galilean' moons, as Galileo was the first to observe them with a very small refractor telescope some 400 years ago. While you're already outside, you'll be able to see the moon, Mars, and Saturn shinning closely together in the southeast that same morning.

Next month, those of us with telescopes or binoculars will attempt to glimpse clusters of far-away galaxies that hang in a magical sector of the sky known as Virgo. Until then, find those binoculars and telescopes, dust them off, and get ready to use them next month. Keep looking up!

Chad Mello is an avid amateur astronomer, engineering consultant at Phasepoint Scientific, author, and computer science PhD candidate at the University of Colorado. While not working on his research, he is under the stars, chasing the cosmos. Chad can be reached for comment at chad.mello@

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## Watershed reflection

by Coalition for the Upper South Platte

Dear friends and supporters, as CUSP wrapped up our second decade of service in the Upper South Platte Watershed, it is an appropriate time to reflect on the work we have done throughout the watershed as well as in neighboring areas that impact our watershed.

2017 marked the 15th Anniversary of the Hayman Fire and the 5th Anniversary of the Waldo Canyon Fire. We know that these are not the last fires that will occur in our area, so we continue working to reduce the impacts of future fires.

One of the 2017 projects I'm most proud of was the revision to the Woodland Park Community Wildfire Protection Plan (CWPP). The new plan, dubbed the Greater Woodland Park CWPP more than doubles the area we are planning to work in, covering the Hwy 24 corridor from Cascade to Lake George, and including a first of its kind analysis of post-fire flooding impacts before a fire occurs. The new CWPP will enable CUSP and our many partners to more strategically implement fuel mitigation projects in the years to come. We have also been working actively on forest health and fuel mitigation in the northern area of the watershed through the Upper South Platte Partnership (www.uppersouthplattepartnership.org). This partnership is increasing on-the-ground treatments on private lands along the Hwy 285 corridor.

Fire rehab and forest-health work account for the lion's share of our efforts at CUSP, but we still find time to work on trails, water quality monitoring, environmental education, and myriad other programs that benefit our watershed and our communities. In 2017 we completed a river restoration project along the Tarryall River with the residents of Landis Ranch. This project not only improved the fishery, it also reduced the chances of a catastrophic failure of their downstream neighbor's water diversion. A failure at that diversion would have threatened Tarryall Road and done significant damage to the stream corridor itself. Our weed program is a small part of our portfolio, but we are seeing significant reductions in these invasive species in our watershed by partnering with private landowners to treat weeds on their property.

We are keenly aware of the critical role that our friends, volunteers, donors and partners play in all that we do. Without this committed and ongoing support, we could not implement and manage the vast breadth of significant projects and programs we have completed throughout our watershed in the past 20 years. We look forward to continuing these essential relationships and expanding our reach and spheres of positive influence well into the future — all for the benefit of the health and vitality of the Upper South Platte Watershed and the millions who depend on it, now and in the future.



If there is magic on this planet, it is contained in water. Loren Eisley

CUSP has recently released its 2017 Annual Report. Here are some highlights of the work we did. The full 2017 report and past years reports can be found at: http://cusp.ws/reports/

#### **Tarryall Creek Enhancement Project**

Tarryall Creek is a major headwater tributary of the South Platte River, draining the upper third of the South Platte basin, including the southern flanks of the Kenosha, Platte River and the Tarryall Mountains as well as the northeastern flank of the Puma Hills. The 414 square mile Tarryall Creek Watershed is composed mostly of weathered granite. Two reservoirs exist on the main stem of the river and have varying effects on flow, sediment transport, and aquatic organism movement.

This project addresses the blend of public and private ownership in the watershed that presents a range of challenges and require creative solutions to issues that compromise water quality and quantity including, erosion control, sediment movement, irrigation, habitat health and aquatic organism mobility, and channel and riverbank degradation.

#### Phase 1 Work

This Phase of the project involved implementing major tasks including:

- 700 liner feet of channel stabilization in the Tarryall main stem
- 800 liner feet of riverbank stabilization • Realignment and reconstruction of an irrigation diversion to allow aquatic organism
- movement • Install of habitat features
- Seeding and willow planting along riverbanks
- Jute matting as needed
- Project management and monitoring

## **Invasive Species/Noxious Weeds**

In 2017 CUSP inventoried 427 acres and was able to treat 270 acres for a range of invasive noxious weeds. The most prevalent in our watershed are: Canada and musk thistles, scentless chamomile and yellow toadflax. Other species of concern include orange hawkweed, oxeye daisy, perennial pepperweed, hoary cress, leafy spurge, diffuse knapweed, and field bindweed.

## HRRMC expands walk-in clinic hours

The HRRMC Buena Vista Health Center, 28374 County Road 317, has expanded its walk-in clinic to six days a week. It is now open Monday through Friday, 1-5:30 p.m., in addition to Saturdays, 9-1 p.m.

The walk-in clinic is open to anyone and is on a first-come, first-served basis. Appointments are not available. The clinic treats common medical issues such as burns. sprains, ear infections and the flu. It does not serve as an emergency room, and emergencies will be directed to the hospital's Emer-

"Offering a walk-in clinic is part of HR-RMC's overall strategy of providing access to affordable health care." said HRRMC CEO Bob Morasko. "Urgent care was one of the top requests on the hospital's most recent community health needs assessment. We charge the same fees at our walk-in clinic as we do for our primary-care patients at the HRRMC Buena Vista Health Center. The Buena Vista Health Center participates in Medicare and Health First Colorado (Medicaid). For more information about the walk-in

## Calling all CO Armed Forces Artists!

by Flip Boettcher

Tt's time again to start planning for the 2nd Annual Colorado-wide Armed Forces Art exhibit and sale. This year's Armed Forces Art Exhibit and Art show will be May 12-31.

ALL armed forces persons: active duty; veterans; and retired military from all branches of the military may enter their art. There is no entry fee for this exhibit.

The art will be on display for two weeks in the windows of the shops on Main Street in Florence Colorado, The Antique Capital of Colorado. There will be an artist's reception in each shop from 4-7 p.m. on Saturday May 12.

Please share this information with others. For more information and entry contact 719-372-1016 or email mvh876@gmail.com.



Love of the Colorado mountains does not fade with age!

# Connected to the Past... Ready for the Future

serve our elderly community over 40 years ago. But, did you know that our roots go back to the earliest days of Teller County?



**Teller County Hospital - 1902** 

St. Nicholas Hospital opened in Cripple Creek in 1898. It was followed 4 years later by the much larger Teller County Hospital.

These were peak years for the Gold Camp District, both in population and world-wide financial influence.

But not long after, as the gold production declined, the District's fortunes turned downward. Families moved on, and businesses and services that

had built up over two decades fell on hard times and many closed. The hospitals fared no better. By 1909 the County Hospital offered a combination of medical services and the first long term care facility for the area's elderly and disabled. It finally closed in 1961.

The smaller St. Nicholas Hospital was sold in 1960, and became the Hilltop Nursing Home, offering 24/7 residential nursing care.

In 1972 a group of dedicated area business leaders and residents set out to provide a new, modern residential nursing facility for the community. In 1977 the new Hilltop Nursing Home opened its doors. Today it operates as the Cripple Creek Care Center, still caring for residents from Teller County and surrounding areas. It has recently been completely renovated and updated - celebrating our past and ready to serve well into the future!

We are proud of our century-long connection to service for our Teller County community, and our commitment to quality care that has resulted in our 5-Star rating. There is so much more to our story!

Read about it at: www.stchsd.org (District History)

Cripple Creek Center 2018



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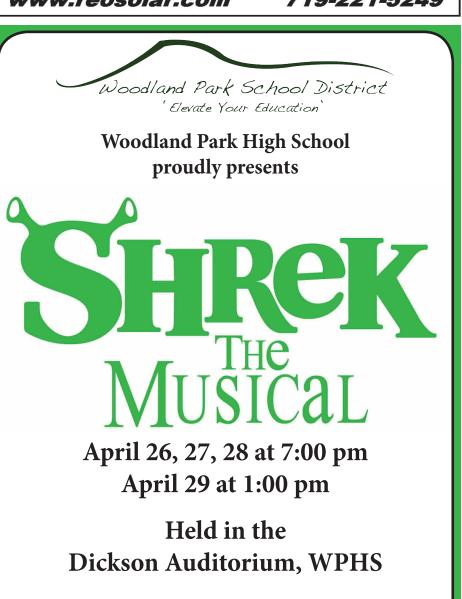
700 North 'A' Street ~ Cripple Creek 719.689.2931

Call to discuss your personal needs and schedule a facility tour

www.cc-care.org







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woodlandparkhs.seatyourself.biz

Pikas in our peaks Very alert little busybodies

by Eric Chatt N.D.

A cartoonish little creature related to the Arabbit, the American pika, *Ochotona* princeps, can be heard squeaking among the talus and boulder fields of the Rockies. This herbivorous little mammal spends much time during the summer nibbling on grasses and forbs, keeping cool under rocks, and gathering bedding material to make what is called a hay pile for the winter. They don't hibernate, and when you see them and hear them in their tiny little ecological niche it appears they don't sleep much either as they are very alert little busybodies. They are territorial and display loud calls (a peep like a squeaky toy) to warn others when intruders are near. They tend to stay near a 12 meter territory and may go about 200 meters to another talus field. They are Colorado talus hyper-locals.

While studying high alpine ecosystems certain indicator species such as pika are used to monitor ecological adaptations that relate to changing weather patterns. More extreme weather patterns mean more snowmelt. Groups such as the Front Range Pika Project are collecting citizen science data about the American Pika and creating models for future collaborative citizen science programs.

Beaver Ponds Environmental Education Center (BPEEC)was lucky to have a Pika Patrol Volunteer workshop with educators with the Front Range Pika Project who were from the Denver Zoo and Rocky Mountain Wild. We discussed the world of the Pika as well as basic methods of gathering data and documenting pika encounters. BPEEC is a non-profit 501(c)3 environmental education

center nestled at the base of the Mosquito Range, a pika paradise. It was fun and encouraging learning from the Front Range Pika Project whose passion about our local ecology and what we as citizens can do collaboratively to help in various ecological efforts was an educational treat!

**BEAVER PONDS** 

So, if you are the type of person that feels getting out in the mountains and into nature is good for your mind, body, and soul, then consider helping with citizen science efforts like the Front Range Pika Project. A simple collection of opportunistic pika data such as evidence of hay piles, scat, audible calls, visual sighting, proximity to a meadow, marmot presence, etc., all contributes to a greater data pool. This type of data helps scientists understand our world in a changing climate and can help us learn as citizens how we can be better stewards of the Earth. You can make a difference while you are doing healthy activity with citizen science!

Citizen Science with pikas www.pikapart-



## Trooper Tips I'm sorry, what was that? I was texting. by Trooper Gary Cutler

fter all of these years, I'm surprised. I'm still surprised." I hear myself saying this more and more. After reading this you'll understand why.

I'm often approached by people who want to discuss driving problems they have personally observed. The biggest complaint by far is the topic of distracted driving. Distracted driving is not just the use of cell phones, but it will be the focus for this discussion.

Law enforcement has termed distracted driving as the new DUI. It is more prevalent than anything I have ever seen in my career. It used to be just the kids looking at their phones, whether it was texting, Facebook, Instagram, or movies; now I see it with all age groups.

Law enforcement has been very vocal about the dangers of using your phone while driving. But we can always use help. So, one theme you will see with my articles is the power you have to help with the message. Talk to others; let them know you are as tired of seeing this as much as cops are tired of it. Let them know how dangerous it is and what the consequences will be which includes serious injury crashes and in some cases, death.

Parents are the first line of defense and need to lead by example, which can be achieved by never driving distracted. Also have a talk with your young driver about distractions and all of the responsibilities that come with driving. Have everyone in the family be held accountable to distraction-free driving.

I suggest you put the phones in your car's back seat, in the glove box, even in the trunk. You should do whatever it takes to reduce the urge of picking up the phone while driving.

Some believe it's okay to look at their phone if they only do it at a stop light; it's not. The times I see people do that they are there much longer than the red light lasted. I watched one gentleman looking at his phone for close to 20 seconds after the light was green. Fortunately, there weren't any other cars behind him at the time, because he wouldn't have known. The scary part of that is someone driving could have come up behind and hit him because he needed to see the sports scores right then. Besides the scores he also got a ticket that day.

If you have to use the phone whether to talk to someone, or see what someone is doing on Facebook, you can pull onto the shoulder, or better yet exit the roadway. You'll have a better chance of being around to tell friends and family what you saw when you're not in a hospital bed.

Think about this, if you are so busy looking at your phone you don't even see the State Trooper next to you watching you do it, your focus is not where it needs to be.. driving. I see it every day I patrol the road. Please don't be that person.

So please use your phones where they are safe and won't cause a crash. It also reduces road rage.

As always, safe travels!

## Adopt Me by TCRAS Marla the cat

Hello. My name is Marla. I am a pretty girl looking to share a home with my new family. I love to explore and would be more than happy to settle in your lap. Please come and meet me as I know we will be great friends in no time. I'm at TCRAS 308 Weaverville Road in Divide. Feel free to call 719-686-7707 for more about me!



This space donated by the Ute Country News to promote shelter animal adoption.

## Mountain Top Cycling Club's 2018 new adventures!

property to begin a new program

for 2018. Quaker Ridge Camp

has purchased a large fleet of

mountain bikes to use as a tool

to build unity between camp-

ers. As they ride the trails as a

team, their goal will be to help

each other conquer the course

set before them. The trails are

growing each week up at Quaker

Ridge Camp, utilizing as much of

the property as possible. Quaker Ridge

Camp is thrilled to be looking forward to

the new beginnings of Quaker Ridge Cycles

where people are pedaling the way to a better

way of living, a stronger sense of teamwork,

and a great love of God's great outdoors in the

bike program to come alongside an incred-

ible horse program here at the Ridge? Dirt

bikes, side by sides, ATV's, and horses are

about biking through trails, wherever they

all a great adventure, but the beautiful thing

might be, is the simplicity and silence of the

hear nature as you pass through it. On a bike,

you are the fuel that the chain and gears need.

You create your own energy and force behind

the pedals, and at the end of the day you

know what your team, what you accom-

digging and the adventure to continue.

plished, was real and raw because you were

As this program progresses Quaker Ridge

looks forward to facilitating Mountain Bike

values of hard work, strength, and an honest

Quaker Ridge Camp is excited for the op-

use the Ridge to have the first annual "Race

the Ridge Mountain Bike Race" this year.

There will be trails and races for all ages to

heard anything about until now. Please join

us on September 8, 2018 to race the ridge!

Proceeds will go to the Quaker Ridge

their volunteer work in setting up the race.

Cycling. This is a sanctioned event, a one-

day race license will be required. MTCC

will cover this cost for the 2-5 strider or

a separate course. Students 9-18 will race

categories will do two laps. Category 2,

Fat tire, Single speed and master's will be

required to do three laps, and Pro Category

will do four laps for cash prizes. All other

Trophies for 2-5 girl's and boy's, will be 5

the race you can contact Deborah Maresca

cyclingclub.com for more information.

categories will receive medals three deep.

Mountain Bike Program in exchange for

Registration is available through USA

machine. Camp is where effort you give is

Camps for young people who come from

all over the country, teaching people true

getting put right back into you.

the outside force causing the tires to keep

bicycle. Silent enough that you can actually

Why has Quaker Ridge chosen a mountain

Colorado Rockies.

by Deborah Maresca

The Mountain Top Cycling Club **▲** (MTCC) itself is concentrating on doing more Saturday rides in the community. The main idea is to just get out on your bike, no monthly meetings, just ridding our bikes. Check out the website for times and locations. Deborah Maresca the executive director will host the basic MTCC events that the club has been noted for.

#### The Ride of Silence

Saturday, May 19. Be ready to ride at 11 a.m. from Ute Pass Brewery. A lunch will be served after the short four-mile ride. Guest speakers will talk about road safety and mountain biking safety.

#### The Century Experience Ride

Saturday, June 16. 100-mile ride through Teller, Park and Fremont Counties has cyclists coming in from Canada, TX, Utah, NM and IL to enjoy our hospitality and see our country side. 75- and 50-mile routes as well.

#### Bike the Night

Saturday, July 28. The City of Woodland Park, Parks and Recreation department cancelled the Teller County bike rodeo. Thanks to Erin Mirabella and Teller County Chiropractic that have hosted the event in the past, helping hundreds of local children learn about cycling. MTCC had ordered over 100 sets of bike lights to give out at the rodeo, since the event has been cancelled we will tie in giving the lights out at our 5th Annual "Bike the Night" event from 6-8 p.m. We will have to charge \$5 per youth from 2 to 6 years of age. This will include lights with batteries, t-shirts and some medals and other event costs. The older kids can participate in the "Bike the Night" festivities with best costume prize money, pizza party and event t-shirt, but they must be accompanied by an adult. \$20 if registered before June 1st, \$25 the after that. \$10 for first child, \$5 after that. We will have three courses set up, 1-, 8- and 12-mile. This is to benefit the Teller County High School Composite Mountain bike club. They will help any student if they are interested in joining the team. We have 5 team bikes available for use.

#### Announcing - Race the Ridge

Formally the Aspen Valley Mountain Bike Race Saturday, Sept. 8. Deborah Maresca is helping Quaker Ridge by hosting the event to raise funds for the Quaker Ridge Mountain bike program. Quaker Ridge Camp has been serving the younger generation during summers for over 40 years. Leaders choose Quaker Ridge Camp because of the beautiful location and wonderful service which the camp consistently provides. Summer Camps, in the beautiful mountains of Colorado, have always been an opportunity to get campers outside, away from electronics, and stepping into a new understanding of God's creation. We have been blessed with over 600 acres of

It is no easy task to make predictions for

what the fire season will look like in our

area compared to previous years. The outlook is determined by examining many variables

such as precipitation, snowpack, wind events,

relative humidity levels, temperatures, sea

surface temperatures, expected weather pat-

This winter has been drier across the Pike

and San Isabel NF, Cimarron and Comanche

terns, fuel dryness and drought conditions.

NG and conditions are comparable to our

busiest fire seasons. If we do not receive

to Very High range within a week or two.

moisture, fire danger will climb to the High

Careless human acts have caused nearly half

of the wildfires on the Pike and San Isabel Na-

tional Forests, Cimarron and Comanche NG

**USFS** - be careful with fire! in the last 10 years. "It is so important now more than ever, for the public to be aware of

Ralph Bellah. Fire Information Officer.

When visiting the forest be careful with any kind of fire use. It is important to "Know Before You Go" and find out what the current conditions and restrictions may be where you are planning to visit. Put out your campfire (make sure it is cold to the touch) before you leave, check area after target shooting, don't park on dry grass, and obey all fire restrictions that may be in place. It is all our responsibility to keep a wildfire from starting.

For up-to-date information on this and other topics: Follow @PSICC NF on Twitter and PSICC Facebook: @PSICCNF.

area of a single ad in the *Ute Country News*! message out because we distribute 16,000 papers in Teller, Park, Fremont, Chaffee, and El Paso Counties and have an average pick-up rate of 95%!

We go direct mail to each mail box and post office

You would have to place an ad in all these local

community papers to match the distribution

box holder in Divide, Florissant, Lake George, Guffey, Hartsel, Jefferson and parts of Fairplay. We also have over 50 newspaper boxes and more than 160 distribution points from Woodland Park to Alma, and from Florence to Salida, including Buena Vista!

Our readers tell us they read "cover-to-cover" and cannot wait for the next issue to come out. We restock our distribution locations so your message is around for the entire month. Our complete archives of past issues



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## Frankenstein and the creation of modern feminism

This year marks the 200-year anniver-■ sary of Mary Shelley's groundbreaking novel Frankenstein; or The Modern Day Prometheus. The book was finished in April/ May of 1817 and published anonymously in January of 1818. Perhaps most people would think that it would be more appropriate to discuss the novel during Halloween. I believe that the best time to honor the writer and the novel is now, when we are reflecting upon Women's

History Month When we think of Frankenstein we often conjure up a vision of a green faced and comical looking monster in a suit, his arms raised stiffly front and forward. He has, through time become a creature of Halloween but many people are unaware how close this monster was to the creation of feminist movement.



Mary Shelley and Mary Wollstonecraft

Mary Wollstonecraft Shelley was born in 1797 to a family of writers. Her father, William Godwin, was a political philosopher who had two successful books on the subject. Her mother, Mary Wollstonecraft, less widely known than her daughter, is considered the founder of classical liberal feminism. She was writing about it at a time the term did not even exist. In 1792 she wrote Vindication of the Rights of Woman. In her book she makes many logical arguments for equality, one being a human's greatest gift is to reason and that both women and men are born with this gift. She argued the only difference between the two sexes was a woman's lack of opportunity for education and that women and men should have equal opportunities to receive this education. She states, "Contending for the rights of woman, my main argument is built on this principle, that if she cannot be prepared by education to become the companion of man, she will stop the progress of knowledge and virtue; for truth must be common to all or it will be inefficacious with respect to its influence of general practice." In the year 1792, this was a groundbreaking concept.
Unfortunately for Mary Wollstonecraft,

while her book was initially a success and well received, after her death, her husband wrote Memoirs of the Author of a Vindication of the Rights of Woman. While he had no intention to place Mary in a bad light, in these memoirs he exposed her as having an illegitimate child (Mary), multiple love affairs and an attempted suicide. Readers at the time were not ready to accept this behavior in one of their contemporaries and

she was shunned, posthumously, from the literary world. Her book was not published again until the middle of the 19th century.

Mary Shelley, however, carried on the writing tradition when her mother's writing was erased from memory. She was groundbreaking and somewhat scandalous in her own right. The idea for the novel Frankenstein came into being in 1816 after Mary had a dream while in staying in a Swiss villa owned

by Lord Byron. Byron challenged his guests of the evening to write a horror story and share it the next day. That evening Mary had a dream that would inspire a literary masterpiece She shared her account with Byron, 'When I placed my head upon my sleep, nor could I be said to think. eves, but acute

mental vision — I saw the pale student of unhallowed arts kneeling beside the thing he had put together. I saw the hideous phantasm of a man stretched out, and then, on the working of some powerful engine, show signs of life, and stir with an uneasy, half-vital motion. Frightful must it be; for supremely frightful would be the effect of any human endeavor to mock the stupendous Creator of the world."

Mary Shelley did not receive all of the respect she deserved with the release of her masterpiece. Originally published anonymously, when it was found out she was true author, many were skeptical and attempted to give literary credit to her husband, the famous writer Percy Shelley. He insisted on editing the work and made many recommendations to change the wording which Mary accepted. They questioned how a woman, who had nowhere near the education of her husband, could write such an original and authentic story. Additionally Mary, like her mother, was criticized for her scandalous behavior with Percy, who was married to another woman at the time they began their love affair.

Despite scandals, these two great women, related by both blood and pen, live on in history. They were ahead of their time and their work is, now in the modern age, still as relevant as it was more than 200 years ago.

For more information on Mary Percy Shelley and Mary Wollstonecraft read the book Romantic Outlaws: The Extraordinary Lives of Mary Wollstonecraft and Mary Shelley *by Charlotte Gordon*.



## Memories in the Making Making a difference at DayBreak - an Adult Day Program

At DayBreak – An Adult Day Program staff member, Amanda Brady, and local artist volunteer, Jared Brady, facilitate The Alzheimer's Association Memories in the Making® (MIM) Art Program twice a month with DayBreak's participants. MIM is a group art program

designed to provide creative expression through watercolor and an opportunity to communicate through art and have success through the experience. Jared notes, "I provide the inspiration piece and encouragement, but the participants do all the painting. I enjoy sharing my passion for painting with my Day-Break friends. They are creative, inspiring, and fun to be around.'

Today's inspiration piece was a still life of flowers. The participants used watercolor

to capture what they saw. "Each finished piece of art is unique. It tells a story and brings beauty just like each of our participants," states Amanda. "We hope to host a DayBreak Art Show/Sale in the future so the public has an opportunity to view the art, honor the artists, and support our local Walk to End Alzheimer's Team.





Woodland Park School District Elevate Your Education

**Preschool and Kindergarten Roundup and Pre-Registration** 

Tuesday, April 10 • 4:30-6:30 p.m. held at each elementary school

- Register your child in the school s/he will attend in the fall according to the boundaries for each school.
- Children who will be five years of age on or before Oct. 1 are eligible to enter kindergarten in the fall.
- Please bring your child's birth certificate, immunization records, social security number, and emergency contact information to the school for Round-Up.
- School staff members will be available to meet parents and answer questions

Did you know that the number of teachers depends on the number of students who are pre-registered for school? This means reasonable class size and quality teachers for your child! Register at Round-Up to ensure continued excellence!



If you need more information or have questions regarding boundaries, please call:

> **Columbine at 686-2300 Gateway at 686-2051 Summit at 686-2401**

(Please note: no childcare is available during the event.)

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## ~OUT AND ABOUT~

## Check out these activities going on right here in this area. If you know of an activity we should include, please call us at 719-686-7393 or email us at utecountrynewspaper@gmail.com.

## **BUENA VISTA**

6:30-8:30 p.m. Free with donations appreciated FMI 719-395-6704 12 Stem Cell Therapy Today: Separat

ing reality from hype 7 p.m. at the

unity Center. Free. 19 BV HOPE monthly meeting at BV Chamber at 7 p.m. We will have speakers from the Laboratory to Combat Human Trafficking in Denver. They will be sharing about the Colorado Network to End Human Trafficking and how we can be involved. The BV Chamber is located at 343 US Hwv 24.

**CANON CITY** 15 The Recital Series at Christ Episcopal Church presents: Jim Bosse
– guitar, Bavid Volk – piano, a pro gram consisting of music that both nusicians have composed. Most compositions will be performed for mance at 2 p.m. followed by a meet and greet reception. Tickets available at the door \$10 adults, students free. Christ Episcopal Church 802 Harrison Ave. FMI 719-429-7551.

## CAÑON CITY LIBRARY

Nation Poetry Month - Open Mic Poetry Night 6-7 p.m. All ages welcome: come aand share a poem, rap or story Read something that speaks to you or that you have written. Light refreshnents available for this free event.

**14** Youth Empowerment meeting 10:30 a.m. Let's help our youth deal with the difficult situations that only they face in today's world. This meeting is geared toward concerned parents to be better equipped in helping our children deal with difficult situa tions. Classes will be ongoing for children and teens; this first meeting will determine the times and days

16 We will host another Growing Readers event 4 p.m., this month's activity will be a recycle event, fun for parnts, families, friends and neighbors that watch children either their own or someone else's children. Free and refreshments will be served.

7 Movie; Avengers pt 1 at 2 p.m. all 14 Movie; Avengers pt 2 at 2 p.m. all

ages free and refreshments 17 Avengers Infinity Wars Trivia Chal-

lenge 4:15 p.m. all ages free. 23 & 30 "Spark your Soul" rewire your brain, lighten your heart, enlighten your soul, reinvent your life, reach your dream goals. This 2-day workshop is for you. April 23 from 4-6 p.m. and April 30 from

4-6 p.m. Free program. Chess club meets Weds at 10 a.m. Call 719-269-9020 for more info.

#### COLORADO **SPRINGS**

job fairs. 719-667-3700.

14 Walk-with-a-Doc. 9-10 a.m. CHPG Primary Care Powers, 6080 N. FMI 719-776-4650 20 Stop the Bleed. 1:30-2:30 p.m. OR

3-4 p.m. Penrose Pavilion, 2312 N. Nevada Ave., Conf. Rooms A &

24 Penrose-St. Francis Primary Care for Seniors Presentation, 10-11 a.m. Penrose-St. Francis Primary Care for Seniors, 3027 N. Circle. FREE FMI 719-776-4650

24 Probiotics: Myths vs. Facts. 4-5 p.m. At CHPG Primary Care Broadmoor, 1263 Lake Plaza Dr 25 Probiotics: Myths vs. Facts. 11:15-12:15 p.m. At Tri-Lakes YMCA Community Room, 17230 Jackson

26 Probiotics: Myths vs. Facts. 4-5 p.m. At PSF Primary Care, 3027 N. Circle osestfrancis.org/event

ONGŎING Brain Injury Support Group. Third Thursday of the Month 5:30-7 p.m Penrose Pavilion, 2312 N. Nevada Ave. Colorado Springs, CO 80907

2nd Floor. Free. Register at www. penrosestfrancis.org/events Cultivating Recovery. A FREE drug and alcohol relapse prevention group facilitated by a therapist designed o continue accountability and treatment for those who have successfully completed a primary treatment

utpatient). FMI 719-776-6850. Diabetes Education Classes. Group classes starting monthly. Penrose-St. Francis Health Learning Center 3207 N. Academy Blvd. Covered

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## 2018 Salida Art Walk

The Salida Council for the Arts (SCFTA), sponsor of ■ Salida Art Walk, will again offer the opportunity for art ists to submit their mini-masterpieces for the Mini-Masterpieces Auction to be held on Friday, June 22 and Saturday, June 23 at the Salida SteamPlant Annex.

Submission forms can be completed online or downoaded and printed at www.salidaartwalk.org/mini-masterpiece-auction. Canvases for the minis can be picked up at no charge at Box of Bubbles, 206 E Street, Salida. Call Ken prior to pick-up at 719-539-7443. Please be sure to sign the pick-up form at Box of Bubbles.

Mini-masterpieces call for entries

Artists may submit one or two minis for the auction. All entries are due by June 1, 2018.

For more information, contact Ken Brandon at 719-539-7443 or bwgraphics47@gmail.com.

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SilverSneakers® 3030 N. Circle Drive, Suite 217. FREE events and click on Fitness Schedules or call 719-776-4880.

#### **CRIPPLE CREEK**

ASPEN MINE CENTER 3, 17 TBI. Group participation meetings regarding Traumatic Brain Injury 10-11:30 a.m.

4 ATTUNE, Support group for male victims of Domestic Violence 4-5 p.m. **4, 11, 18, 25** Community lunches between 11:30-1 p.m. All communi members are welcome; particularly seniors, persons with disabilities volunteers, low income individual and families. Meals are provided on a donation basis.

4, 11, 18, 25 Cocaine Anonymous 7 p.m. This group helps persons who are addicted to any and all mind-

altering substances. **6, 13, 20, 27** A Willow Bends 3-5p.m. Veteran Service Meeting 9-11 a.m. 10 All Vets, All Wars 10-11:30 a.m. 11 Colorado Legal Services 1:30-3 p.m. The Colorado Legal Services is a non-profit organization that

assists persons with low income and seniors who need meaningfu access to high quality civil legal services in the state of Colorado. 16 TESSA Women Empowering Women 1-3 p.m.

19 OIB Group, a support group for individuals with blindness or other sight issues 10-11 a.m. in the Dining Room on the second floor. FMI Kathleen at 719-471-8181 X103 or Jeanette at 719-471-8181 X 126.

19 The Colorado Division of Vocational Rehabilitation holds an orientation for individuals who need to acquire new job skills because of

26 The Pikes Peak Work Force Center is sponsoring a Job Fair. See ad page 4. 27 Teller County Emergency Food Disribution Program (Commodities) 9-2 p.m. Please bring photo ID and

proof of Teller County residency. 27 Cross Disability meetings for persons with disabilities 10-11:30 a.m. Health Navigator will provide pertinent information to individuals and families seeking access to affordable and quality health care Call Krys Arrick M-Th 8-4:30 p.m

719-689-3584 ext. 111 l meetings held in 2nd floor confer ence room unless otherwise noted

Orientation, FMI 719-686-0705 Classes Mon & Wed 8-11 a.m. -May 14 Bring back the job of par enting: free video and discussion series for parents with children 5-12 years old at Cresson Elementary 4:15-6:45 p.m. FMI 719-686-0705 or Michelle@cpteller.org.

PARKS N REC

4 & 25 Indoor Archery Tournaments all ages/skill levels, \$10. 21 Make & Take class 2-3 p.m. Make a decorated notebook, \$7.

28 Concealed Carry Handgun class 8:30-3:30 p.m., \$6 all ahead 719-689-3514 to learn

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more about:

#### · Bible Study for Women

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Kido 4 Kids

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### **CRYSTOLA**

15 Ute Pass Kiwanis Crabby Tax Night at Crystola Roadhouse. All-You-Can-Eat Crab Legs, coleslaw fries and soda or ice tea for \$25. There are two seatings: 5:30-6:30 p.m. and 7-8 p.m. Tickets are available at Gold Hills Liquor, City Market and Crystola Roadhouse

9 & 23 Little Chapel Food Pantry drive-up distribution by last name **A-H** 3:30-4:30 p.m. I-O 4:30-5:30 p.m **R-Z** 5:30-6:30 p.m.

COMMUNITY PARTNERSHIP 4 GED Orientation 9:30-2 p.m. 13 Crossroads parenting 9:30-1:30 p.m. • GED classes Mon & Wed 12-3 p.m.

FMI 719-686-0705 MUELLER STATE PARK

As the days get longer and the buds start bursting open, you can join a hike to watch for other signs of spring! 7 Volunteer Orientation 10-11 a.m. at

Visitor Center. 8 Outlook to Lost Pond Hike meet at Outlook Ridge Trailhead 9:15 a.m 13 Black Bear Trail to Nobel Cabin Hike meet at the Comfort Station 9:15 a.m. 15 Homestead Trail Hike meet at

Homestead Trailhead 9:15 a.m. 20 Grouse Mountain Trail to Cahill Cabin Hike meet at the Comfort tion 9:15 a.m. 24 Black Bear Trail to Nobel Cabin Hike

meet at the Comfort Station 9:15 a.m. 29 Brain Teaser Hike meet at the Visitor Center 1-2:30 p.m. April's weather can be very mixed-up in the mountains! Be prepared for sunshine or snow. Visitors

are encouraged to check snow condi tions first on our website cpw.state co.us or call the Visitor Center 719-587-2366. Mueller events are free; wever, a \$7-day pass or \$70 annua park pass per vehicle is required.

#### **FLORENCE** Save the date: May 19 Pancake Race

7-10 a.m. JOHN C. FREMONT LIBRARY · April's Featured Artist - Susan Frush-

our's delightful exhibit "Blooms." 3, 17 The Vegan Book Club 11:30 a.m. 17 Health Care Discussion with Brenda Brummett 2 p.m. Join Brenda Brummett with the Colorado Foundation for Universal Health Care, a not-for-profit organization which promotes a health care financing system that pays for comprehen

sive, high-quality, affordable health care services for everyone. 18 One Book 4 Colorado - Story Time at 10:30 a.m. 21 Family Movie: Coco at 2:30 p.m.

25 through May 9 Friends of Library (FOL) Mother's Day Silent Auction - The Silent Auction starts at 10 a.m. 26 Teen Group at 3:45 p.m. Sixth

**GUFFEY** Four-Mile Fire Station Pet Clinic by Rocky Top Veterinary Service.

19 Talking Threads 10-noon 20 Wine and watercolor 6-8 p.m 22 Silver rings jewelry 12-5 p.m. BULL MOOSE

RESTAURANT & BAR 20 Karaoke 7 p.m. 21 Griffin-Scott 6-9 p.m.

> For more information check our website at www.thebullmoosei

FRESHWATER BAR & GRILL 7 Adam Ashley & Joe Bellavia

21 Howie Henderson 28 Stomping George Show

**GUFFEY LIBRARY** 8 Kids Herb Class and Reptile Experi-

28 STEAM 11 a.m. 15 Reiki Workshop with Yarra Venne 30 Guffey Literary Society 1 p.m.

Monday - Align Your Asana 6:30 p.m. Tuesday - Beginner Flow 6 p.m. Wednesday - Yoga & Tea 5:30 p.m 2nd & 4th Thursday - Advanced Flow Yoga 5:30 p.m.

## **FLORISSANT**

13 Night Sky Program, 8-10 p.m. Meet at the visitor center. 21 Fee-Free Day 21 Track Detectives 11-12:30 p.m.

Meet at the visitor center. GRANGE

14 Spring Craft Show at the Florissant p.m. No cover charge. Vendors reserve a table for \$15. FMI 719-

20 "Souper Grange Night" (plus a silent auction fund raiser) 4-7 p.m. Suggested donation, \$7 per person FMI 719-748-5004.

FLORISSANT LIBRARY 5, 12, 19, 26 and May 3, 10 Cooking

workshop 4:30-6:30 p.m. RSVP 719-686-0705 or email denise@ 12 Legal Clinic 3-4 p.m. Register

 Storytime Fridays 10-10:45 p.m. 9 Let's Read Amok! Book Club 11

a.m. Board Room. 18 Bookworms Book Club 10:30-12 25 Craft and Create 1-2:30 p.m.

y PPHS at 2 p.m. raveled the Amer ears followin BAKERY AT STRICTLY GUFFEY he explora-

FLORISSANT

chronologic overv

No reservation is re

quired but arrive ea

FMI 719-748-8259

19-748-3861.

through twelfth graders are wel-

project, and have snacks.

Weds 10 a.m

OWLAPOTHECARY

14 Goddess Circle 7 p.n

no time listed.

ence - no time listed

The Wool Gatherers meet every

· Story Time at the Library every

Wednesday at 10:30 a.m.

come to socialize, participate in a

All programs are free at the John

C. Fremont Library (130 Church

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and Clark. The program vill include the Mountain Man istory, key individu als, unique events

> 23 Bingo with cash prizes 6 p.m 27 Karaoke 7 p.m. 30 Poker Night 6 p.m. guffey.com, facebook www.facebook.com/thebullmooseinguffey or

14 Sandy Wells

All shows 5-8 p.m.

2 Talking Threads 1 p.m. 9 Patches & Pieces 11 a.m. 14 Family Movie Day noor 24 Veteran's Outreach Program 11-4 p.m.

 New! Jigsaw Puzzle Days MTW & Sat 11-4 p.m. All events free and open to the public. Feel free to call or email with any questions 719-689-9280 or Guffeylib@parkco. us or website: http://parkcounty colibraries.org

## **LAKE GEORGE**

6 Parent/Teacher Conferences 10 Charter Board Meeting 6 p.m. 11 Spring/class pictures 16-19 Volunteer Appreciation Week 19 Volunteer Appreciation Social at

23 Teacher In-Service — NO SCHOOL

#### **LEADVILLE**

Museum - Family Day 9-5 p.m. Enjoy a fun-filled day of games, puzzles, and book readings by Jules Miles, write of the Minera free for children 12 and under with a regular adult admission. Book lings at 11 a.m. and 2 p.m. 120 W. 9th St. www.mininghalloffam org or 719-486-1229 ext. 22.

## **PALMER LAKE**

19 The Palmer Lake Historical Society will present Forging the West, hosted by Victoria Miller, Steelworks Center of the West curator. Events and programs are held in the Palmer Lake Town Hall, 28 Valley Crescent Doors open at 6:30 p.m., program begins at 7 p.m. Light refreshments will be served after the presentation. continued on next page



## ~OUT AND ABOUT~



#### **Woodland Park Wind Symphony**

p.m. Space concert. Free, donations welcome. Ute Pass Cultural Center, 210 E Midland Ave., www.woodlandpark windsymphony.com Craig Harms, Director - 719-687-2210. For additional information, contact Director Craig Harms at 719-687-2210 and at www.woodlandparkwindsymphony.com

Club meeting 10 a.m. at Aspen Valley Ranch in the Yurt. Program on the Principles and Ethics of Permaculture by Becky Elder of Blue Planet Earthscapes and Pikes Peak Permaculture. Come and see what the garden club has been up to at the greenhouse! RSVP by email: altitudegardeners@gmail.com

20 Harvest Center dedication of the Rampart Range Seed Library noon 1 p.m. at the library. See story p 9. 21 Senior Center Pancake Breakfast at the Woodland Park Senior Center, SE corner of Pine Street and Lake Avenue, 8-11 a.m. only \$8, kids 6

25 Pikes Peak Workforce Job Fair at Ute Pass Cultural Center 1 p.m. 4 p.m. for general public

4 Proven Tools for Parents & Teens 5:30-8 p.m. at Mountain View Methodist Church 1101 Rampart Range Road Food and child care provided Tweens and teens will participate in teen bootcamp provided by North Teller Build A Generation, FMI 719 686-0705 or Michelle@cpteller.org. GED classes Mon & Wed 6-8 p.m 4 Orientation 9:30-2 p.m. Register

COMMUNITY PARTNERSHIP

719-686-0705. HIGH SCHOOL THEATER 6 & 7 Almost Saturday Night Live 7p.m. Tickets \$5. 26, 27, 28, 29 Spring Musical "Shrek

Woodland Park School District

Elevate Your Education

with Citizens' Climate Lobby. FMI 7 p.m. Tickets \$7 & \$10. WOODLAND PARK LIBRARY 14 Gardeners With Altitude Garden

continued from page 20

palmerdividehistory.org

FMI 719-539-3351.

5:30 p.m. SteamPlant.

Free and open to all. Visit www.

**SALIDA** 

modities distributions 9:30-2 p.m.

19 SCFTA's Creative Mixer for artists

• Salida Teen Nights Thurs at Season's

**VICTOR** 

Victor Community Center 6:15 P.M.

6, 13, 20, 27 Celebrate Recovery at the

FMI please call 719-243-4970.

28 Spring Bird Walk and Identification

program with wildlife biologist Joe

LeFleur 8:45 a.m. Meet at the Victor

Lowell Thomas Museum 298 Victor

Ave for the walk. Program starts

program will help you identify birds

review preferred habitats where each

species is likely to be encountered.

Ideal for beginners, ages 10 and up.

open to the public (you do not have to

go on the walk to attend this program

and no reservations are being taken

for this portion). Free! Maximum of

20 people allowed on the walk; open

to public but seating is limited. FMI or

reservations online at VictorColorado

com 719-689-5509 or museum@

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www.rmdrc.com

14 Do you have concerns about

The presentation at the museum is

by sight and sound and will also

at 10:15 a.m. at the museum. The

5 Chaffee County TEFAP & Com-

10 Ukulele Jam 3:30-4:30 p.m. in Children's Activity Room. Mus have your own ukulele and you mus know how to play. Come prepared to share a song and play with others. 12 Legal Clinic 719-687-9281 ext. 103

to register. Free. 20 Earth Day Celebration and Seed Library Dedication 12-1 p.m.

22 On April 22, 1942 Japanese Americans living on the west coast of the United States were forcibly removed from their homes and relocated to internment camps in six different states, including Colorado. In late August 1942, 212 evacuees arrived at the small farming community of Granada, about 130 miles east of Pueblo The Camp Amache exhibit will be on

display through mid-May on the top floor during regular business hours 27 Family Fun Night 4:30-5:30 p.m. in Large Meeting Room. For families with preschool and elementary age children. Spend time with your child at one or all of the Early Lit-

On-going programs
• Tai Chi Thursdays 5:30 p.m. Tai Chi Fridays for Arthritis10 a.m Tai Chi Sun Style Fridays 11 a.m.

Wilson FMI 719-687-9281.

eray Activity Stations. Contact Julie

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Candace Blake at 719-686-2000 or cblake@wpsdk12.org

· Books and Babies Storytime Tuesdays 10-10:20 a.m. · Storytime Wednesdays and Thurs days 10:05-10:45 a.m. · Lego Club Fridays all day!

Teen programs in Teen Room

6 & 20 Photography Club 3:30-4:30 p.m 11 & 25 Anime Club 3:30-5 p.m 19 Mixed Media Art Club 3:30-5 p.m Supplies provided. Drawing Club Tuesdays 3:30-4:3-

25 Death Café 2-3 p.m.

p.m. Supplies provided.

## **Book Clubs**

3 WP Library 10:30-12 p.m. in 3rd floor Board Room. 4 Not So Young 11 a.m. Teen Room. 12 Senior Circle 10:30 a.m. in Colo-

26-28 MUNCHKIN MARKET KID'S CONSIGNMENT SALE 26 held 5-8 p.m.

27 held noon-8 p.m.

munchkin-market

28 held 9-2:30 p.m. (half-price day, all items 50% off!) Woodland Park Commu nity Church, 800 Valley View Dr. https://www.utepassmops.org/

· Woodland Country Lodge entertainment schedule page 18.

Save the date: May 6 WP Communit Singers present Broadway at the Peak at 7 p.m. Featuring WPHS Madrigals, The Columbine Choir and the High Altitooners Flute En semble! Held at Ute Pass Cultural

Center, Admission: free! Copy

## Support Teen Night in Salida

In the fall of 2016, Sellars Project Space began meet-Ling with individuals with the intention of creating a Teen Night on Thursdays in the area for local youth.

It took nearly two years, but we have launched this new program. Through a partnership with Seasons Cafe (who can provide the space for this weekly event), Chaffee County Youth Alliance, Boys & Girls Clubs of Chaffee County, Family and Youth Initiatives, and the Salida High School's music department, we have the event staffed.

Students are managing the stage and presenting local youth performers, spoken work and poetry slam sessions, local youth announcements, and youth open mic Seasons Cafe has developed a special menu that

is simple and affordable for area youth, popcorn and chips will be provided, as well as coffee (donated by BV Roasters) and drinks will be available Teen Nights have been well received. Our first night

there were over 75 area youth in attendance — performing on stage, playing games, and eating from the specially created and low price teen menu. We have created our budget for 2018, and in order

to make sure that the performers are paid every week, that snacks are available for everyone (no matter their financial standing), and to offer activities, we need to raise approximately \$400 per month. Sellars Project Space's PfCA Program (Partnership for Community Action) has purchased a movie screen.

a projector, and mounting equipment (\$1000) to be

used for teen movie nights and special presentations but we still need a sound system (approximately \$700). That brings our 2018 need to \$6100. If you, your business, and/or local community organization would like to sponsor this event we are happy to list you on all

People interested in sponsoring the event can contact us directly at hello@goPfCA.com or call our office at 719-221-9893 - they can also donate and volunteer at the teen night page at http://www.salidateennight.com

of our promotional materials and in the media.

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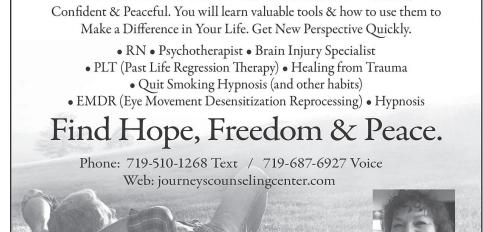
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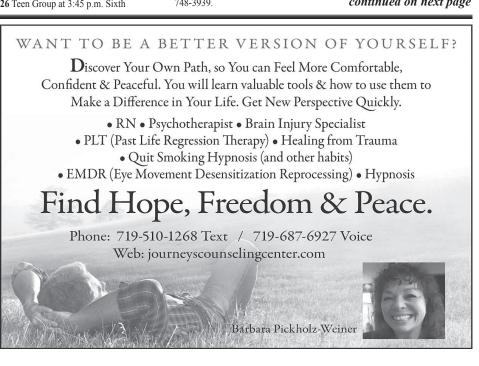
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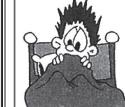
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